REX AMERICAN RESOURCES Corp

Form 4

March 31, 2014

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

Washington, D.C. 20549

OMB 3235-0287 Number:

January 31, Expires: 2005

OMB APPROVAL

Estimated average burden hours per response... 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5

obligations

SECURITIES Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,

Section 17(a) of the Public Utility Holding Company Act of 1935 or Section may continue. 30(h) of the Investment Company Act of 1940 See Instruction

1(b).

par value Common

stock \$.01

03/28/2014

(Print or Type Responses)

(Finit of Type	Responses)											
1. Name and Address of Reporting Person * BRUGGEMAN DOUGLAS			2. Issuer Name and Ticker or Trading Symbol REX AMERICAN RESOURCES Corp [REX]					5. Relationship of Reporting Person(s) to Issuer (Check all applicable)				
(Last) 9311 LEAF	(Last) (First) (Middle) 9311 LEAFY HOLLOW COURT			3. Date of Earliest Transaction (Month/Day/Year) 03/28/2014					Director 10% OwnerX Officer (give title Other (specify below) CFO; VP-Finance; Treasurer			
DAYTON,	4. If Amendment, Date Original Filed(Month/Day/Year)					6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting						
	(State)							Person				
(City) (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned										ly Owned		
1.Title of Security (Instr. 3)	any		emed on Date, if /Day/Year)	3. 4. Securities Acquired Transaction(A) or Disposed of (D) Code (Instr. 3, 4 and 5) (Instr. 8) (A) or				5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	Indirect (I) Own			
				Code V	' Amount		Price	(Instr. 3 and 4)				
Common stock \$.01 par value	03/28/2014			M	1,495	A	\$ 12.45	51,082	D			
Common stock \$.01 par value	03/28/2014			S	285	D	\$ 57	50,797	D			
Common stock \$.01	03/28/2014			S	910	D	\$ 58	49,887	D			

S

300

\$

58.04

D

49,587

D

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par value

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number proof Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amour Underlying Securi (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amo or Num of Shar
Employee nonqualified stock option right to buy	\$ 12.45	03/28/2014		M		1,495	06/07/2004(1)	06/07/2014	Common stock \$.01 par value	1,4

Reporting Owners

Relationships Reporting Owner Name / Address

> Director 10% Owner Officer Other

BRUGGEMAN DOUGLAS 9311 LEAFY HOLLOW COURT DAYTON, OH 45458

CFO; VP-Finance; Treasurer

Signatures

Edward M. Kress Attorney in Fact for Douglas Bruggeman

03/31/2014

**Signature of Reporting Person

Date

Explanation of Responses:

- If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Options granted 6/7/2004 and became exercisable in 20% increments on each of the first five anniversaries of the grant.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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