

INTEGRA LIFESCIENCES HOLDINGS CORP
 Form 4
 December 07, 2007

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION
 Washington, D.C. 20549

OMB APPROVAL

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
HENNEMAN JOHN B III

2. Issuer Name and Ticker or Trading Symbol
INTEGRA LIFESCIENCES HOLDINGS CORP [IART]

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

(Last) (First) (Middle)
311 C ENTERPRISE DRIVE
 (Street)

3. Date of Earliest Transaction (Month/Day/Year)
12/05/2007

____ Director
 Officer (give title below) _____ Other (specify below)
Exec. VP, CAO and Acting CFO

PLAINSBORO, NJ 08536

6. Individual or Joint/Group Filing (Check Applicable Line)
 Form filed by One Reporting Person
 Form filed by More than One Reporting Person

(City) (State) (Zip)

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Ownership (Instr. 4)
				(A) or (D)	Price		
Common Stock	12/05/2007		M	V	14,500 \$ 26.34	D	
Common Stock	12/05/2007		S		900 \$ 41.39	D	
Common Stock	12/05/2007		S		200 \$ 41.37	D	
Common Stock	12/05/2007		S		800 \$ 41.36	D	
Common Stock	12/05/2007		S		3,100 \$ 41.35	D	

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Common Stock	12/05/2007	S	1,200	D	\$ 41.34	30,872	D
Common Stock	12/05/2007	S	300	D	\$ 41.33	30,572	D
Common Stock	12/05/2007	S	1,900	A	\$ 41.32	28,672	D
Common Stock	12/05/2007	S	200	D	\$ 41.31	28,472	D
Common Stock	12/05/2007	S	400	D	\$ 41.29	28,072	D
Common Stock	12/05/2007	M	23,500	A	\$ 26.7	51,572	D
Common Stock	12/05/2007	S	3,685	D	\$ 41.3	47,887	D
Common Stock	12/05/2007	S	2,900	D	\$ 41.29	44,987	D
Common Stock	12/05/2007	S	2,604	D	\$ 41.28	42,383	D
Common Stock	12/05/2007	S	2,401	D	\$ 41.27	39,982	D
Common Stock	12/05/2007	S	3,900	D	\$ 41.26	36,082	D
Common Stock	12/05/2007	S	1,662	D	\$ 41.25	34,420	D
Common Stock	12/05/2007	S	6,153	D	\$ 41.24	28,267	D
Common Stock	12/05/2007	S	195	D	\$ 41.23	28,072	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

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(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4,	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)
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and 5)

	Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Non Qualified Stock Option (right to buy)							Common Stock	14,500
	\$ 26.34		12/05/2007		M ⁽¹⁾	14,500	12/05/2007 12/31/2007	
Non Qualified Stock Option (right to buy)							Common Stock	23,500
	\$ 26.7		12/05/2007		M ⁽²⁾	23,500	12/05/2007 12/17/2007	

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
HENNEMAN JOHN B III 311 C ENTERPRISE DRIVE PLAINSBORO, NJ 08536			Exec. VP, CAO and Acting CFO	

Signatures

/s/ Kathryn Lamping,
Attorney-in-Fact
12/07/2007

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) 25% of the options vested one year after the 12/31/01 grant date, and the remaining 75% vested monthly thereafter over 36 months.
- (2) 25 % of the options vested one year after the 12/17/01 grant date, and the remaining 75% vested monthly thereafter over 36 months

Remarks:

Exhibit List:

Exhibit 24.1 - Power of Attorney of John B. Henneman, III

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.