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Jones Derek	R									
Form 4										
May 13, 2010										
FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION									OMB APPROVAL	
Washington, D.C. 20549						OMB Number:	3235-0287			
Check thi if no long subject to Section 10 Form 4 or Form 5	er STATEMENT 6.		F CHANGES IN BENEFICIAL OWNERSHIP OI SECURITIES						January 31, 2005 average irs per . 0.5	
Form 5 obligations may continue. See Instruction 1(b). Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940										
(Print or Type R	Responses)									
Jones Derek R Sym			2. Issuer Name and Ticker or Trading Symbol				5. Relationship of Reporting Person(s) to Issuer			
		SPART	SPARTAN STORES INC [SPTN]				(Check all applicable)			
			Date of Earliest Transaction							
			onth/Day/Year) 12/2010				Director 10% Owner Officer (give title Other (specify below) Exec V.P. Wholesale Operations			
	endment, Date Original nth/Day/Year)				6. Individual or Joint/Group Filing(Check Applicable Line)_X_ Form filed by One Reporting Person					
GRAND RA	APIDS, MI 49518						Form filed by I Person	More than One R	eporting	
(City)	(State) (Zip)	Tabl	e I - Non-D	erivative S	Securi	ties Ac	quired, Disposed o	f, or Beneficia	lly Owned	
(Instr. 3) any		Deemed ution Date, if hth/Day/Year)	n Date, if TransactionAcqu Code Disp)	SecuritiesHBeneficially(OwnedIFollowing(ReportedTransaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
			Code V	Amount	(D)	Price	(Instr. 3 and 4)			
Common Stock (1)	05/12/2010		А	8,220	А	\$0	42,285	D		
Common Stock							373.428	Ι	By 401(k) Plan	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. orNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		ate	Unde Secur	unt of rlying	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secu Bene Owne Follo Repo Trans (Instr
			Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
Jones Derek R C/O 850 - 76TH STREET SW GRAND RAPIDS, MI 49518			Exec V.P. Wholesale Operations				
Signatures							
/s/ Daniel C. Persinger, By Powe Attorney	er of	05	5/13/2010				
**Signature of Reporting Person			Date				
Evelopetion of Dev							

Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Reports the grant of shares of restricted stock under the Spartan Stores, Inc. Stock Incentive Plan of 2005 ("Plan"). These shares will vest
(1) at the rate of 20% each year beginning on May 1, 2011, and will be fully vested on May 1, 2015. Prior to vesting, these shares will remain subject to restrictions in accordance with the Plan and the terms of the grant.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.