SPARTAN STORES INC

Form 4

February 07, 2007

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB 3235-0287 Number:

Check this box if no longer subject to Section 16.

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

January 31, Expires: 2005

OMB APPROVAL

Form 4 or Form 5 obligations

SECURITIES Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,

Estimated average burden hours per 0.5 response...

may continue. See Instruction

Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1. Name and A STAPLES D		orting Person *	2. Issuer Name and Ticker or Trading Symbol SPARTAN STORES INC [SPTN]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)				
(Last) (First) (Middle)			3. Date of Earliest Transaction	(Sheen an approacte)				
			(Month/Day/Year)	Director 10% Owner				
C/O 850 - 76TH STREET SW			02/05/2007	_X_ Officer (give title Other (specify below) Executive VP & CFO				
(Street)			4. If Amendment, Date Original	6. Individual or Joint/Group Filing(Check				
			Filed(Month/Day/Year)	Applicable Line) _X_ Form filed by One Reporting Person				
GRAND RAPIDS, MI 49518				Form filed by More than One Reporting Person				

(City)	(State)	(Zip) Tabl	e I - Non-D	erivative	Secur	ities Acq	uired, Disposed o	f, or Beneficial	ly Owned
1.Title of Security (Instr. 3)	2. Transaction Date 2A. Deemed (Month/Day/Year) Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr. 8)	4. Securities Acquired on(A) or Disposed of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code V	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		
Common Stock (1)	02/05/2007		S	100	D	\$ 24.72	82,029	D	
Common Stock (1)	02/05/2007		S	200	D	\$ 24.84	81,829	D	
Common Stock (1)	02/05/2007		S	500	D	\$ 24.85	81,329	D	
Common Stock (1)	02/05/2007		S	400	D	\$ 24.86	80,929	D	
Common Stock (1)	02/05/2007		S	100	D	\$ 24.87	80,829	D	

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Common Stock (1)	02/05/2007	S	600	D	\$ 24.88	80,229	D
Common Stock (1)	02/05/2007	S	200	D	\$ 24.89	80,029	D
Common Stock (1)	02/05/2007	S	500	D	\$ 24.9	79,529	D
Common Stock (1)	02/05/2007	S	500	D	\$ 24.91	79,029	D
Common Stock (1)	02/05/2007	S	300	D	\$ 24.92	78,729	D
Common Stock (1)	02/05/2007	S	1,700	D	\$ 24.93	77,029	D
Common Stock (1)	02/05/2007	S	500	D	\$ 24.94	76,529	D
Common Stock (1)	02/05/2007	S	1,200	D	\$ 24.95	75,329	D
Common Stock (1)	02/05/2007	S	1,600	D	\$ 24.96	73,729	D
Common Stock (1)	02/05/2007	S	1,100	D	\$ 24.97	72,629	D
Common Stock (1)	02/05/2007	S	700	D	\$ 24.98	71,929	D
Common Stock (1)	02/05/2007	S	200	D	\$ 25.19	71,729	D
Common Stock (1)	02/05/2007	S	100	D	\$ 25.2	71,629	D
Common Stock (1)	02/05/2007	S	200	D	\$ 25.22	71,429	D
Common Stock (1)	02/05/2007	S	200	D	\$ 25.3	71,229	D
Common Stock (1)	02/05/2007	S	300	D	\$ 25.32	70,929	D
Common Stock (1)	02/05/2007	S	300	D	\$ 25.33	70,629	D
Common Stock (1)	02/05/2007	S	100	D	\$ 25.35	70,529	D
Common Stock (1)	02/05/2007	S	100	D	\$ 25.37	70,429	D
Common Stock (1)	02/05/2007	S	300	D	\$ 25.38	70,129	D
	02/05/2007	S	100	D	\$ 25.4	70,029	D

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Common Stock (1)							
Common Stock (1)	02/05/2007	S	100	D	\$ 25.44	69,929	D
Common Stock (1)	02/05/2007	S	923	D	\$ 25.55	69,006	D
Common Stock (1)	02/05/2007	S	300	D	\$ 25.56	68,706	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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(9-02)

9. Nu Deriv Secu Bene Own Follo Repo Trans (Insti

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transac Code (Instr. 3	etion	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		ate	7. Titl Amou Under Secur (Instr.	int of lying	8. Price of Derivative Security (Instr. 5)
				Code	V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	

Reporting Owners

Reporting Owner Name / Address	Relationships							
	Director	10% Owner	Officer	Other				

STAPLES DAVID M C/O 850 - 76TH STREET SW GRAND RAPIDS, MI 49518

Executive VP & CFO

Signatures

/s/ Daniel C. Persinger, By Power of 02/07/2007 Attorney

> **Signature of Reporting Person Date

Reporting Owners 3

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Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) These transactions were executed as part of a prearranged trading plan pursuant to Rule 10b5-1 promulgated under the Securities Exchange Act of 1934.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.