AMERICAN EXPRESS TRUST CO Form SC 13G September 01, 2004

August 31, 2004

Mr. Doug Wentz Darden Restaurants 5900 Lake Ellenor Drive Orlando, FL 32809

RE: Schedule 13G

Enclosed pursuant to Rule 13d-1(b) under the Securities Exchange Act of 1934 is a report on Schedule 13G. It reports beneficial ownership by American Express Trust Company in Common Stock of Darden Restaurants as of December 31, 2003.

Sincerely,

/s/ Mark Ellis
----Mark Ellis
Vice President

Enclosure

SECURITIES AND EXCHANGE COMMISSION

Washington, D. C. 20549

SCHEDULE 13G

Under the Securities and Exchange Act of 1934

Darden Restaurants
-----(Name of Issuer)

Common Stock
------(Title of Class of Securities)

237194105 -----(CUSIP Number)

The information required in the remainder of this cover page (except any items

to which the form provides a cross-reference) shall not be deemed to be "filed" for the purpose of Section 18 of the Securities Exchange Act of 1934 ("Act") or otherwise subject to the liabilities of that section of the Act but shall be subject to all other provisions of the Act.

CUSIP NO. 237194105

1)	Name of Reporting Person American Express Trust Company	
	S.S. or I.R.S. Identification No. of Above Person	IRS No. 41-1346942
2)	Check the Appropriate Box Not Applicable if a Member of a Group	
3)	SEC Use Only	
4) Citizenship or Place of Organization Minnesota		
NUMBER OF SHARES BENEFICIALLY OWNED BY EACH REPORTING PERSON WITH		
	(5) Sole Voting Power	-0-
	(6) Shared Voting Power	11,828,433
	(7) Sole Dispositive Power	-0-
	(8) Shared Dispositive Power	11,828,433
9)	Aggregate Amount Beneficially Owned by Each Reporting Person	11,828,433
10)	Check if the Aggregate Amount in Row (9) Excludes Certain Shares	Not Applicable
11)	Percent of Class Represented by Amount in Row (9)	7.171%
12)	Type of Reporting Person	ВК
1(a)	Name of Issuer:	Restaurants

1(b) Address of Issuer's Principal

5900 Lake Ellenor Drive Executive Offices: Orlando, FL 32809

2(a) Name of Person Filing: American Express Trust Company

2(b) Address of Principal Business Office: 928 AXP Financial Center

Minneapolis, MN 55474

2(c) Citizenship: American Express Trust Company

is a trust company organized under the laws of the state of

Minnesota

2(d) Title of Class of Securities: Common Stock

2(e) Cusip Number: 237194105

Information if statement is filed pursuant to Rules 13d-1(b) or 13d-2(b): American Express Trust Company is a bank defined in section 3 (a) (6) Of the Act (15 U.S.C. 78c)

- 4(a) Amount Beneficially Owned as of December 31, 2003: 11,828,433
- 4(b) Percent of Class: 7.171%
- 4(c) Number of Shares as to which such person has:
 - (i) Sole power to vote or to direct the vote: None
 - (ii) Shared power to vote or direct the vote: 11,828,433*
 - (iii) Sole power to dispose or to direct the disposition of: None
 - (iv) Shared power to dispose or to direct the disposition of: 11,828,433**
- * American Express Trust Company is the trustee of certain employee benefit plans, which are subject to the Employee Retirement Income Security Act of 1974, as amended ("ERISA"). Shares of the issuer's Common Stock are held in trust for the benefit of employees in the plans. As of December 31, 2003, the trustee held 11,828,433 shares of the issuer's Common Stock on behalf of the plans, of which, 5,103,697 had been allocated to plan participants. The Plan trustee votes shares allocated to participant accounts as directed by participants subject to Section 404 of ERISA. All Shares allocated to participants for whom no voting instructions are received, and all unallocated shares held by the plan, are voted in the same proportion as the trustee votes shares for which it did receive voting instructions.
- ** Shares of Common Stock are held in the issuer's employee benefit plans in various accounts and were allocated by source of contribution (employer, the predecessor to the employer or the employee). Shares of Common Stock held by the trustee on behalf of the plans may be disposed of by the plans or the trustee only in accordance with the terms of the plan.
- 5 Ownership of 5% or Less of a Class:

Not Applicable

6 Ownership of more than 5% on Behalf of Another Person:

All of the securities are beneficially held by American Express Trust Company in its fiduciary capacity, as trustee of certain employee benefit plans. As a result, participants in the plans are entitled to receive dividends or proceeds from the sale of shares reported in this Schedule 13G in accordance with the terms of the plan.

7 Identification and Classification of the Subsidiary Which Acquired the Security Being Reported on by the Parent Holding Company:

Not Applicable

8 Identification and Classification of Members of the Group:

Not Applicable

9 Notice of Dissolution of Group:

Not Applicable

10 Certification:

By signing below I certify that, to the best of my knowledge and belief, the securities referred to above were acquired in the ordinary course of business and were not acquired for the purpose of and do not have the effect of changing or influencing the control of the issuer of such securities and were not acquired in connection with or as a participant in any transaction having such purposes or effect.

After reasonable inquiry and to the best of my knowledge and belief, I certify that the information set forth in this statement is true, complete and correct.

American Express Trust Company

Dated: August 31, 2004

By /s/ Mark Ellis

Signature

Mark Ellis Vice President Telephone: (612) 671-1919