Edgar Filing: GODFREY WILLIAM R - Form 4

GODFREY V	WILLIAM R										
Form 4											
November 10	0, 2004										
FORM 4 UNITED STATES SECURITIES AND EXCHANCE COMMISSION										OMB APPROVAL	
Washington, D.C. 20549									OMB Number:	3235-0287	
Check thi if no long	er								Expires:	January 31 2005	
subject to Section 16. Form 4 or			F CHAN	GES IN I SECUR		ICIA	L OWI	NERSHIP OF	RSHIP OF Estimated avera burden hours per response		
Form 5 obligation may cont <i>See</i> Instru 1(b).	ns Section 17	(a) of the	Public Ut		ling Con	npany	y Act of	e Act of 1934, 71935 or Section 0			
(Print or Type F	Responses)										
GODFREY WILLIAM R Sym			Symbol	-				5. Relationship of Reporting Person(s) to Issuer			
SIERR [SIE]				RA HEALTH SERVICES INC				(Check all applicable)			
(Month.			(Month/D	of Earliest Transaction Day/Year) 2004				Director 10% Owner X Officer (give title Other (specify below) below)			
2724 IN. 1121			11/08/20	1/08/2004				Ex. V.P., Admin Services			
				mendment, Date Original				6. Individual or Joint/Group Filing(Check			
Filed(Mor LAS VEGAS, NV 89128				nth/Day/Year)				Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person			
(City)	(State)	(Zip)	Tabl	e I - Non-D	erivative	Secur	ities Acq	uired, Disposed of	, or Beneficial	ly Owned	
1.Title of Security (Instr. 3)	2. Transaction Dat (Month/Day/Year)	Executio any		Date, if Transaction(A) or Dispos Code (Instr. 3, 4 an ay/Year) (Instr. 8)			d of (D)	Owned Indirect (I) O			
~				Code V	Amount	or (D)	Price	(Instr. 3 and 4)			
Common Stock	11/08/2004			М	3,000	А	\$8	12,173	D		
Common Stock	11/08/2004			S	3,000	D	\$ 50.75	9,173	D		
Common Stock	11/09/2004			М	2,000	А	\$8	11,173	D		
Common Stock	11/09/2004			S	2,000	D	\$ 51.18	9,173	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	onof De Secu Acqu (A) c Disp (D) (Inst	5. Number 6. Date Exercisable and nof Derivative Expiration Date Securities (Month/Day/Year) Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)			7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amoun or Number of Shares
Employee Stock Option (Right to Buy) (1)	\$ 8	11/08/2004		М		3,000	10/13/2000 <u>(2)</u>	10/12/2005	Common Stock	3,000
Employee Stock Option (Right to Buy) (1)	\$ 8	11/09/2004		М		2,000	10/13/2000 <u>(2)</u>	10/12/2005	Common Stock	2,000

Reporting Owners

Reporting Owner Name / Address			Relationships		
	Director	10% Owner	Officer	Other	
GODFREY WILLIAM R 2724 N. TENAYA WAY LAS VEGAS, NV 89128			Ex. V.P., Adı	nin Services	
Signatures					
William R. Godfrey/Jayne Primaky POA		11/10/2	2004		
**Signature of Reporting Person		Dat	e		

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Exercise of options granted in consideration for services under the Company's 1995 Long-Term Incentive Plan, which meets the requirements of, and which transactions are exempted by, Rule 16b-3 and Rule 16b-6(b).
- (2) Exercisable as to 20% on each of 10/13/00, 10/13/01, 10/13/02, 10/13/03 and 10/13/04.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.