## Edgar Filing: SunOpta Inc. - Form 4

SunOnta Inc

SunOpta Inc. Form 4											
July 28, 2014	L .										
FORM 4 UNITED STATES SECURITIES AND EXCHANCE COMMISSION									OMB APPROVAL		
UNITED STATES SECURITIES AND EACHANGE COMMISSION								OMB Number:	3235-0287		
Check thi			vv a511	ington, D.C. 20549						January 31,	
Section 16.				GES IN BENEFICIAL OWNERSHIP ( SECURITIES				NERSHIP OF	Expires: 2005 Estimated average burden hours per		
Form 4 or Form 5 obligation may conti <i>See</i> Instru 1(b).	Filed purs nue. Section 17(a		olic Util	ity Hold	ing Com	pany	Act o	ge Act of 1934, f 1935 or Sectic 40	response	. 0.5	
(Print or Type R	Responses)										
Amato Jerry Steven Symbol			mbol	Name <b>and</b> Ticker or Trading				5. Relationship of Reporting Person(s) to Issuer			
			-	ta Inc. [STKL]				(Check all applicable)			
(Month/Da 101 WARREN 07/24/20			Ionth/Day	ate of Earliest Transaction hth/Day/Year) 24/2014			X_ Director 10% Owner Officer (give title Other (specify below) below)				
STREET, A	PARTMENT 102	0						below)	(clow)		
				endment, Date Original			6. Individual or Joint/Group Filing(Check				
Filed(Month/Day/Year) NEW YORK, NY 10007							Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person				
(City)	(State) (	Zip)	Table 1	I - Non-De	erivative S	ecuri	ties Ac	quired, Disposed o	of, or Beneficia	lly Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2. Transaction Date 2A. Deemed (Month/Day/Year) Execution Date, if any (Month/Day/Year)			4. Securi nAcquired Disposed (Instr. 3, Amount	(A) o of (D 4 and (A) or	)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common Shares	07/24/2014			P	363	A	\$ 0	779	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

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1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. onNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		ate	Secur	ınt of rlying	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secu Bene Owne Follo Repo Trans (Instr
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

## **Reporting Owners**

<b>Reporting Owner Name / Addr</b>	ess	Relationships						
	Director	10% Owner	Officer Oth					
Amato Jerry Steven 101 WARREN STREET APARTMENT 1020 NEW YORK, NY 10007	Х							
Signatures								
Jerry Amato	07/28/2014							
<u>**</u> Signature of Reporting Person	Date							

## **Explanation of Responses:**

\* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.