MGP INGREDIENTS INC

Form 4

August 26, 2016

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB Number:

3235-0287

Expires:

5. Relationship of Reporting Person(s) to

January 31, 2005

0.5

Estimated average burden hours per

OMB APPROVAL

response...

subject to Section 16. Form 4 or Form 5 obligations may continue.

Check this box

if no longer

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

2. Issuer Name and Ticker or Trading

1(b).

Stock

(Print or Type Responses)

1. Name and Address of Reporting Person *

See Instruction

DYKSTRA	DAVID E	Symbol		Issuer				
		MGP IN	NGREDIENTS INC [MGPI]	(Check all applicable)				
(Last)	(First) (M	fiddle) 3. Date of	f Earliest Transaction					
		(Month/D	Day/Year)	Director 10% Owner				
	NGREDIENTS,	08/24/20	016	_X_ Officer (give title Other (specify below)				
INC., 100 C	OMMERCIAL S	TREET		Vice President				
	(Street)	4. If Ame	endment, Date Original	6. Individual or Joint/Group Filing(Check				
		Filed(Mor	nth/Day/Year)	Applicable Line)				
, marria o N				_X_ Form filed by One Reporting Person Form filed by More than One Reporting				
ATCHISON	I, KS 66002			Person				
(City)	(State)	(Zip) Tabl	e I - Non-Derivative Securities Ac	quired, Disposed of, or Beneficially Owned				
1.Title of	2. Transaction Date	2A. Deemed	3. 4. Securities Acquired	5. Amount of 6. Ownership 7. Nature of				
Security	(Month/Day/Year)	Execution Date, if	Transaction(A) or Disposed of (D)					
(Instr. 3)		any	Code (Instr. 3, 4 and 5)	Beneficially (D) or Beneficial				
		(Month/Day/Year)	(Instr. 8)	Owned Indirect (I) Ownership Following (Instr. 4) (Instr. 4)				
				Reported (Instr. 4)				
			(A)	Transaction(s)				
			or Code V Amount (D) Price	(Instr. 3 and 4)				
Common	08/24/2016		F 3,981 D \$. 44.492 D				

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of SEC 1474 information contained in this form are not (9-02)required to respond unless the form displays a currently valid OMB control number.

37.15

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

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1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. orNumber of Derivative Securities Acquired (A) or Disposed	5	ate	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secur Bene Owne Follo Repo Trans	
				of (D) (Instr. 3, 4, and 5)						(Instr
				4, and 3)	Date	Expiration		Amount		
			Code V	(A) (D)	Exercisable	Date	Title	Number of Shares		

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

DYKSTRA DAVID E C/O MGP INGREDIENTS, INC. 100 COMMERCIAL STREET ATCHISON, KS 66002

Vice President

Signatures

/s/ Lori Norlen as attorney-in-fact for David Dykstra

08/26/2016

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) In connection with a vesting of restricted stock on 8/24/2016, 3,981 shares were withheld for payment of the resulting tax liability.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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