## Edgar Filing: VERIZON COMMUNICATIONS INC - Form 4

FORM 4       UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549       OMB APPROVAL OMB         Check this boar if no hoars per subject to Section 16.       STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES       Expires: 2005         Form 4 or Form 5 er form 4 or Form 3 or biggitons may continue. See Instruction 1(b).       STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES       Expires: 2005         Form 4 or Form 5 er form 5 obligations may continue. See Instruction 1(b).       STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES       Expires: 2005         I. and a data see for the oblic Utility Holding Company Act of 1935 or Section 1(b).       Filed pursuant to Section 16(a) of the Securities Exchange Act of 1935 or Section 30(h) of the Investment Company Act of 1940       Section 17(a) of the Public Utility Holding Company Act of 1940         (Print or Type Responses)       1. Name and Address of Reporting Person 1 (b).       2. Issuer Name and Ticker or Trading Symbol VERIZON COMMUNICATIONS INC [VZ]       Securities Transaction (Month/Day/Year)       Securities Company Check all applicable)         VERIZON COMMUNICATIONS INC. [V2]       Offer Give time Piele/Month/Day/Year)       Offer Give time Piele/Month/Day/Year)       Offer Give time Piele/Month/Day/Year)         VEW YORK, NY 10036       Cappicable Line X- Form filed by More than One Reporting Person       S. Amount of Form: Direct Indirect In	VERIZON ( Form 4 July 20, 201	COMMUNICATI	ONS INC	2		-	-						
if no longer subject to Section 16.       STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF Section 16.       Expires: 2005 Estimated average burden hours per response         Form 4 or Form 5       Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, obligations see instruction 16.       5. Relationship of Reporting Person       0.5         I. Name and Address of Reporting Person       2. Issuer Name and Ticker or Trading Symbol       5. Relationship of Reporting Person(s) to Issuer       5. Relationship of Reporting Person(s) to Issuer         (Last)       (First)       (Middle)       3. Date of Earliest Transaction (Month/Day/Year)       -X_Director (Month/Day/Year)       -10% Owner X_Officer (give tile Other (specify below)       -10% Owner Chairman and CEO         VERIZON COMMUNICATIONS INC., 1095 AVENUE OF THE AMERICAS       9. If Amendment, Date Original Filed(Month/Day/Year)       6. Individual or Joint/Group Filing(Check Applicabel Linb) -X_Form filed by One Reporting Person Person       6. Month/Group Filing(Check Applicabel Linb) -X_Form filed by More than One Reporting Person         (City)       (State)       (Zip)       Table 1 - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned       6. Ownership Transaction Acquired (A) or Security (Month/Day/Year)       3.       4. Securities Transaction Acquired (A) or Code D V Amount (D) Price       6. Ownership Transaction(s) (Instr. 4)       7. Nature of Transaction(s) (Instr. 4)	FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION								N OMB				
1. Name and Address of Reporting Person * McAdam Lowell C       2. Issuer Name and Ticker or Trading Symbol       5. Relationship of Reporting Person(s) to Isuer         (Last)       (First)       (Middle)       3. Date of Earliest Transaction (Month/Day/Year)       Check all applicable)         VERIZON COMMUNICATIONS INC., 1095 AVENUE OF THE AMERICAS       07/16/2015	if no lon subject t Section Form 4 o Form 5 obligatio may con <i>See</i> Instr	so 16. or Filed pur <sup>Dns</sup> section 17(	suant to S a) of the I	<b>F CHAN</b> Section 1 Public U	NGES IN SECUF 16(a) of th Itility Hole	BENEF RITIES le Securit ding Cor	<b>ICIA</b> ties E	Exchar y Act	nge Act of 1934, of 1935 or Sectio	Estimated burden hou response	2005 average urs per		
McAdam Lowell C Symbol VERIZON COMMUNICATIONS INC [VZ] (Last) (First) (Middle) 3. Date of Earliest Transaction (Month/Day/Year) VERIZON COMMUNICATIONS INC., 1095 AVENUE OF THE AMERICAS (Street) 4. If Amendment, Date Original Filed(Month/Day/Year) NEW YORK, NY 10036 (City) (State) (Zip) Table 1 - Non-Derivative Securities (Street) 2. Transaction Date (City) (State) 2. Transaction Date (Month/Day/Year) 3. 3. 4. Securities Security (Month/Day/Year) 3. 4. Securities Security (Month/Day/Year) 3. 4. Securities (Month/Day/Year) 6. Amount (D) Price (Amount (D) Price (Amount (D) Price (Amount (D) Price (Amount (D) Price (Amount (D) Price (Amount (D) Price) (Instr. 3) (Check all applicable) (Check all applicable)	(Print or Type	Responses)											
VERIZON COMMUNICATIONS INC., 1095 AVENUE OF THE AMERICAS       (Month/Day/Year)       07/16/2015				Symbol VERIZON COMMUNICATIONS					Issuer				
Filed(Month/Day/Year)       Applicable Line, _X_Form filed by More Reporting Person Form filed by More than One Reporting Person         (City)       (State)       (Zip)       Table I - Non-Derivative Securities       Source (A) or Code       Source (A) or Disposed of (D)       Source (A) or Securities       Source (A) or Form: Direct       Source (A) or Form: Direct       Source (A) or Disposed of (D)       Source (A) or Code       Sou	VERIZON INC., 1095	(Month/Day/Year)					XOfficer (give titleOther (specify below)						
(City)       (State)       (Zip)       Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned         1.Title of Security       2. Transaction Date       2A. Deemed       3.       4. Securities       5. Amount of       6. Ownership       7. Nature of         Instr. 3)       2. Transaction Date       2A. Deemed       3.       4. Securities       5. Amount of       6. Ownership       7. Nature of         Indirect       Month/Day/Year)       Indirect,       TransactionAcquired (A) or       Securities       Beneficially       0wned       [I]       Ownership         (Instr. 3)       (Month/Day/Year)       (Month/Day/Year)       Instr. 8)       (Instr. 3, 4 and 5)       Owned       [I]       Ownership         (A)       or       Code       V       Or       Code       V       Instr. 3, 4 and 5)       Owned       [I]       Ownership         (I)       Ownership       Code       V       Or       Ownership       Instr. 4)       Instr. 4)         (A)       Or       Or       Or       Instr. 3 and 4)       Ownership       Instr. 3 and 4)	File					-	.1		Applicable Line) _X_ Form filed by One Reporting Person				
1.Title of Security (Instr. 3)       2. Transaction Date (Month/Day/Year)       2A. Deemed Execution Date, if any (Month/Day/Year)       3.       4. Securities TransactionAcquired (A) or Code       5. Amount of Securities       6. Ownership Form: Direct       7. Nature of Indirect         0. (Instr. 3)       0. (Month/Day/Year)       2. Transaction Date, if any (Month/Day/Year)       3.       4. Securities TransactionAcquired (A) or (Instr. 3, 4 and 5)       5. Amount of Beneficially Owned       6. Ownership Form: Direct       7. Nature of Indirect         (A)       (Month/Day/Year)       (Instr. 8)       (Instr. 3, 4 and 5)       Owned       (I)       Ownership (Instr. 4)         (A)       or Code       V       (Instr. 3, 4 and 5)       Owned       (I)       (Instr. 4)         (A)       or Code       V       Amount       (D)       Price       (Instr. 4)			(Zin)						Person				
Security (Instr. 3) (Month/Day/Year) Execution Date, if any (Month/Day/Year) Execution Date, if any (Month/Day/Year) (Instr. 3) (Instr. 3, 4 and 5) (Instr. 3, 4 and 5) (Instr. 3, 4 and 5) (Instr. 4)	(City)	× /			le I - Non-I	Derivative	Secur	ities A			-		
Code V Amount (D) Price	Security (Month/Day/Year) Execution (Instr. 3) any		Execution any	Date, if Transactio Code ay/Year) (Instr. 8)		nAcquired (A) or Disposed of (D) (Instr. 3, 4 and 5) (A) or		Securities Beneficially Owned Following Reported Transaction(s)	Form: Direct (D) or Indirect (I)	Indirect Beneficial Ownership			
Remmoel' Report ou a separate fine for each class of sectimes beneficially owned directly or indirectly	Reminder: Re	port on a separate line	for each cl	ass of sec					· · ·				

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date any (Month/Day/Ye	Code	TransactionDerivative		6. Date Exerc Expiration D (Month/Day/	ate	7. Title and Amount of Underlying Securities (Instr. 3 and 4)		8. De Se (Ir	
				Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Phantom Stock (unitized)	<u>(1)</u>	07/16/2015		А	22	7.376		<u>(1)</u>	<u>(1)</u>	Common Stock	65	\$
Reporting Owners												
Repor	ting Owner N	Relationships										
			Director 10	0% Owner	Officer			Other				

Chairman and CEO

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McAdam Lowell C VERIZON COMMUNICATIONS INC. 1095 AVENUE OF THE AMERICAS NEW YORK, NY 10036

## Signatures

 William L. Horton, Jr., Attorney-in-fact for Lowell C.
 07/20/2015

 McAdam
 07/20/2015

 \_\_\_\_\*\*Signature of Reporting Person
 Date

## **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Each share of phantom stock is the economic equivalent of a portion of one share of common stock and is settled in cash. The shares of phantom stock become payable upon events established by the reporting person in accordance with the deferred compensation plan.
- (2) Includes phantom stock acquired through dividend reinvestment.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.