#### NEUMAN CLIFFORD L ESQ

Form 4

March 07, 2019

## FORM 4

### UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

**SECURITIES** 

**OMB APPROVAL OMB** 

Number:

3235-0287

Expires:

January 31, 2005

0.5

burden hours per

response...

5. Relationship of Reporting Person(s) to

Estimated average

if no longer subject to Section 16. Form 4 or Form 5

Check this box

obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

2. Issuer Name and Ticker or Trading

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person \*

NEUMAN CLIFFORD L ESQ			Symbol GLOBAL HEALTHCARE REIT, INC. [GBCS]					Issuer (Check all applicable)			
	(Last) 6800 N. 797	(First) ( TH STREET # 20	Middle)		f Earliest T Day/Year) 2019	ransaction			_X_ Director Officer (g below)		10% Owner Other (specify
(Street) NIWOT,, CO 80503			4. If Amendment, Date Original Filed(Month/Day/Year)					6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person			
	(City)	(State)	(Zip)	Tab	le I - Non-	Derivative	Secur	ities A	equired, Dispose	d of, or Benefi	cially Owned
	1.Title of Security (Instr. 3)	(Month/Day/Year) Execution any			Transaction(A) or Disposed of Code (D) (Instr. 8) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
	Common Stock								862,065	D	
	Common Stock								128,788	I	Mindfulness Peace Project
	Common Stock	03/05/2019			A	90,909	A	\$ 0 (1)	952,974	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of SEC 1474 information contained in this form are not (9-02)required to respond unless the form

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## displays a currently valid OMB control number.

# Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative	2.	3. Transaction Date (Month/Day/Year)		4.	5. onNumber	6. Date Exerc		7. Titl		8. Price of Derivative	9. Nu Deriv
Security (Instr. 3)	Conversion or Exercise Price of Derivative Security	(Month/Day/Tear)	any (Month/Day/Year)	Code (Instr. 8)	of			Under	rlying	Security (Instr. 5)	Secur Bene Owne Follo Repo Trans (Instr
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

Other

## **Reporting Owners**

Reporting Owner Name / Address	Relationships					
	Director	10% Owner	Officer			

NEUMAN CLIFFORD L ESQ 6800 N. 79TH STREET # 200 X NIWOT,, CO 80503

## **Signatures**

/s/ Clifford L. 03/06/2019

\*\*Signature of Date Reporting Person

### **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Shares acquired in exchange for services as a Director valued at \$0.33 per share.
- (2) Formerly known as The Ratna Foundation and a controlled corporation of Reporting Person. The Reporting Person disclaims any pecuniary interest or beneficial ownership for purposes of Section 16 under the Exchange Act.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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