LORNE SIMON M

Form 4

December 10, 2012

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

2. Issuer Name and Ticker or Trading

OMB APPROVAL OMB

Number:

3235-0287

Expires:

5. Relationship of Reporting Person(s) to

January 31, 2005

0.5

Estimated average burden hours per

response...

if no longer subject to Section 16. Form 4 or Form 5 obligations

Check this box

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section may continue. 30(h) of the Investment Company Act of 1940

See Instruction 1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person *

LORNE SIMON M			Symbol TELEDYNE TECHNOLOGIES INC [TDY]					ES INC	(Check all applicable)			
(Last) (First) (Middle) 1049 CAMINO DOS RIOS			3. Date of Earliest Transaction (Month/Day/Year) 12/07/2012						X Director 10% Owner Officer (give title below) Other (specify below)			
THOUSAN	4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting					
(City)	Tabl	Table I. Non Donivative Committee Acc					Person uired, Disposed of, or Beneficially Owned					
1.Title of Security (Instr. 3)	(State) (Zip) 7 2. Transaction Date (Month/Day/Year) 2A. Deemed Execution Date any (Month/Day/Year)			3. 4. Securities Acquired Transaction(A) or Disposed of (D) Code (Instr. 3, 4 and 5) (Instr. 8) (A) or Code V Amount (D) Price					5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of	
Common Stock	12/07/2012			M		186	A	\$ 12.9	3,186	D		
Common Stock	12/07/2012			M		1,598	A	\$ 12.9	4,784	D		
Common Stock	12/07/2012			M		2,000	A	\$ 19.35	6,784	D		
Common Stock	12/07/2012			M		151	A	\$ 15.95	6,935	D		
Common Stock	12/07/2012			M		300	A	\$ 15.99	7,235	D		

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Common Stock 12/07/2012 M 342 A \$ 7,577 D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. 5. Number Transaction Derivative Code Securities (Instr. 8) Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amou Underlying Securi (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amo or Nun of Shar
Non-Employee Director Stock Option (right-to-buy)	\$ 12.9	12/07/2012		M	186	07/27/2005	07/27/2014	Common Stock	1:
Non-Employee Director Stock Option (right-to-buy)	\$ 12.9	12/07/2012		M	1,598	07/27/2005	07/27/2014	Common Stock	1,5
Non-Employee Director Stock Option (rightto-buy)	\$ 19.35	12/07/2012		M	2,000	07/27/2005	07/27/2014	Common Stock	2,0
Non-Employee Director Stock Option (rightto-buy)	\$ 15.85	12/07/2012		M	151	09/13/2005	09/13/2014	Common Stock	1:
Non-Employee Director Stock Option (rightto-buy)	\$ 15.99	12/07/2012		M	300	10/27/2005	10/27/2014	Common Stock	30
Non-Employee Director Stock Option	\$ 19.86	12/07/2012		M	342	12/15/2005	12/15/2014	Common Stock	34

(right--to-buy)

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

LORNE SIMON M 1049 CAMINO DOS RIOS X THOUSAND OAKS, CA 91360

Signatures

Simon M. Lorne by Melanie S. Cibik pursuant to Power of Attorney previously filed with SEC.

12/10/2012

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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