

Item 8.01. Other Events.

On October 26, 2016, ARMOUR Residential REIT, Inc. ("ARMOUR") announced that a cash dividend of \$0.22 per share will be payable to holders of ARMOUR common stock for the month of November 2016, as set forth below:

Holder of Record Date	Payment Date
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November 15, 2016	November 29, 2016
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A copy of ARMOUR's press release announcing the common stock dividend is attached hereto as Exhibit 99.1 and incorporated herein by this reference.

Item 9.01. Financial Statements and Exhibits.

(d) Exhibits

Exhibit No.	Description
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99.1	Press Release announcing the November 2016 common stock dividend, dated October 26, 2016
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SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Dated: October 26, 2016

ARMOUR RESIDENTIAL
REIT, INC.

By: /s/ James R. Mountain
Name: James R. Mountain
Title: Chief Financial Officer

Exhibit Index

Exhibit No. Description

99.1 Press Release announcing the November 2016 common stock dividend, dated October 26, 2016