SABRA DOUGLAS

Form 4 May 26, 2010

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB APPROVAL

OMB 3235-0287 Number:

January 31, Expires: 2005

Estimated average burden hours per

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if no longer subject to Section 16. Form 4 or

Check this box

Form 5 obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1(b).

1. Name and Address of Reporting Person * SABRA DOUGLAS

2. Issuer Name and Ticker or Trading Symbol

5. Relationship of Reporting Person(s) to Issuer

FORWARD INDUSTRIES INC

(Check all applicable)

CEO

(Last) (First)

3. Date of Earliest Transaction (Month/Day/Year)

05/24/2010

[FORD]

(Middle)

_X__ Director X_ Officer (give title below)

10% Owner Other (specify below)

C/O FORWARD INDUSTRIES, 1801 GREEN RD.

(Street)

SUITE E

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check

Applicable Line)

POMPANO BEACH, FL 33064

X Form filed by One Reporting Person Form filed by More than One Reporting

(City) (State) (Zip) 1.Title of 2. Transaction Date 2A. Deemed Security (Month/Day/Year) Execution Date, if

3. 4. Securities Acquired (A) 5. Amount of Transactionr Disposed of (D) Code (Instr. 3, 4 and 5) (Instr. 8)

Securities Beneficially Owned **Following** Reported

7. Nature of Indirect Ownership Form: Beneficial Direct (D) Ownership or Indirect (Instr. 4)

(A) (D) Code V Amount

Transaction(s) (Instr. 3 and 4)

(Instr. 4)

Forward **Industries**

Common

Stock .01

(Instr. 3)

05/24/2010

S 48,334 D

\$ 4.2261 26,666 (1)

Price

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

D

Par Value

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

(Month/Day/Year)

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number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5.	6. Date Exerc	cisable and	7. Title	e and	8. Price of	9. Nu
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transaction	orNumber	Expiration D	ate	Amou	nt of	Derivative	Deriv
Security	or Exercise		any	Code	of	(Month/Day/	Year)	Under	lying	Security	Secui
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Derivative	e		Securi	ities	(Instr. 5)	Bene
	Derivative				Securities	3		(Instr.	3 and 4)		Owne
	Security				Acquired						Follo
					(A) or						Repo
					Disposed						Trans
					of (D)						(Instr
					(Instr. 3,						
					4, and 5)						
									Amount		
						Date	Expiration		or Number		
						Exercisable	e Date		of		
				Code V	(A) (D)				Shares		
				Code v	(A) (D)				Shares		

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
SABRA DOUGLAS C/O FORWARD INDUSTRIES 1801 GREEN RD. SUITE E POMPANO BEACH, FL 33064	X		CEO				
Cianaturas							

Signatures

James O. Mckenna "By Power of Attorney" 05/26/2010

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Wegihted average sale price of the sale transactions shown below: Shares Sale Price 200 @ \$4.4900 2,300 @ \$4.3900 995 @ \$4.4000 2,005 @ \$4.4051 900 @ \$4.4300 1,600 @ \$4.4301 2,500 @ \$4.4300 3,000 @ \$4.3690 400 @ \$4.3500 2,600 @ \$4.3800 105 @ \$4.3700 200 @ \$4.2900 1,000 @ \$4.2900 995 @ \$4.2800 500 @ \$4.2700 200 @ \$4.2900 2,400 @ \$4.1992 100 @ \$4.2500 2,500 @ \$4.1476 2,500 @ \$4.1200 2,500 @ \$4.1200 2,500 @ \$4.1200 1,800 @ \$4.1000 1,600 @ \$4.1175 200 @ \$4.1250 300 @ \$4.1000 800 @ \$4.1104 100 @ \$4.1000 100 @ \$4.1100 1,500 @ \$4.1000 534 @ \$4.1020 1,200 @ \$4.1000 2,500 @ \$4.1000 2,500 @ \$4.1000 3,000 @ \$4.1100 2,000 @ \$4.1105 48,334 total shares sold

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Reporting Owners