VistaGen Therapeutics, Inc.

Form 4

December 24, 2013

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

OMB Number:

3235-0287

OMB APPROVAL

Expires:

January 31, 2005

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obligations

Check this box

SECURITIES Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

may continue. 30(h) of the Investment Company Act of 1940 See Instruction

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * Underdown Brian J.

2. Issuer Name and Ticker or Trading Symbol

VistaGen Therapeutics, Inc. [VSTA]

5. Relationship of Reporting Person(s) to

Issuer

(Last)

(Middle)

3. Date of Earliest Transaction

(Month/Day/Year)

Director 10% Owner Officer (give title Other (specify

(Check all applicable)

C/O VISTAGEN THERAPEUTICS. INC., 343 ALLERTON AVENUE

(Street)

(First)

12/20/2013

below)

6. Individual or Joint/Group Filing(Check

4. If Amendment, Date Original

Filed(Month/Day/Year)

Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting

SOUTH SAN

(City)

FRANCISCO, CA 94080

(Zip)

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1.Title of Security (Instr. 3)

2. Transaction Date 2A. Deemed (Month/Day/Year)

(State)

Execution Date, if anv

(Month/Day/Year)

4. Securities TransactionAcquired (A) or Disposed of (D) Code (Instr. 3, 4 and 5) (Instr. 8)

5. Amount of Securities Beneficially Owned Following Reported

6. Ownership 7. Nature of Form: Direct Indirect (D) or Indirect Beneficial Ownership (I) (Instr. 4) (Instr. 4)

(A) or

Transaction(s) (Instr. 3 and 4)

Code V Amount (D) Price

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of SEC 1474 information contained in this form are not (9-02)required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security

Conversion or Exercise

3. Transaction Date 3A. Deemed

(Month/Day/Year) Execution Date, if any

4. 5. Number of TransactionDerivative Securities Code Acquired (A) or

6. Date Exercisable and **Expiration Date** (Month/Day/Year)

7. Title and An Underlying Sec (Instr. 3 and 4)

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(Instr. 3)	Price of Derivative Security		(Month/Day/Year)	(Instr. 8) Code V	Disposed of (Instr. 3, 4, (A)		Date Exercisable	Expiration Date	Title	A N
Stock Option (Right to Buy)	\$ 1.5	12/20/2013		D		10,000		11/04/2019	Common Stock	5
Stock Option (Right to Buy)	\$ 0.5	12/20/2013		A	10,000		11/04/2011	11/04/2019	Common Stock	
Stock Option (Right to Buy)	\$ 1.5	12/20/2013		D		125,000	12/30/2011	12/30/2019	Common Stock	
Stock Option (Right to Buy)	\$ 0.5	12/20/2013		A	125,000		12/30/2011	12/30/2019	Common Stock	
Stock Option (Right to Buy)	\$ 1.75	12/20/2013		D		50,000	(2)	12/30/2019	Common Stock	
Stock Option (Right to Buy)	\$ 0.5	12/20/2013		A	50,000		<u>(2)</u>	12/30/2019	Common Stock	
Warrant for Common Stock	\$ 3	12/20/2013		D		50,000	02/13/2012	02/13/2016	Common Stock	
Warrant for Common Stock	\$ 0.5	12/20/2013		A	50,000		02/13/2012	02/13/2016	Common Stock	

Reporting Owners

Reporting Owner Name / Address	Relationships					
	Director	10% Owner	Officer	Other		

Underdown Brian J. C/O VISTAGEN THERAPEUTICS, INC. 343 ALLERTON AVENUE

Reporting Owners 2

SOUTH SAN FRANCISCO, CA 94080

Signatures

/s/ Jerrold D. Dotson, Attorney-in-Fact

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The Reporting Person agreed to cancellation of an option granted 05/11/2011 in exchange for a new option having a lower exercise price.
- (2) The option vests monthly over a period of four years commencing 4/25/2011.
- (3) The Reporting Person agreed to cancellation of a warrant issued 2/13/2012 in exchange for a new warrant having a lower exercise price.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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