REGIONS FINANCIAL CORP

Form 4 April 19, 2005

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB APPROVAL OMB

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * HARWOOD JAMES E			2. Issuer Name and Ticker or Trading Symbol REGIONS FINANCIAL CORP [RF]					5. Relationship of Reporting Person(s) to Issuer			
(Last)	(First) (Middle)	3. Date of Earliest Transaction					(Check all applicable)			
			(Month/Day/Year)					_X_ Director 10% Owner Other (specify below) below)			
2670 UNION AVE. EXTENDED, STE. 700			04/15/2005								
(Street)			4. If Amendment, Date Original					6. Individual or Joint/Group Filing(Check			
			Filed(Month/Day/Year)					Applicable Line) _X_ Form filed by One Reporting Person _Form filed by More than One Reporting			
MEMPHIS,	Person										
(City)	(State)	(Zip)	Table	e I - Non-De	erivative S	Securit	ies Ac	quired, Disposed	of, or Beneficia	lly Owned	
1.Title of Security (Instr. 3)	2. Transaction Da (Month/Day/Year) Executi any	emed on Date, if /Day/Year)	3. Transaction Code (Instr. 8)	4. SecuritonAcquired Disposed (Instr. 3,	(A) or of (D))	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common Stock				Code V	Amount	(D)	Tite	43,463	I	By IRA	
Common Stock								2,288	I	By Spouse	
Common Stock								119,767	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. 5. Number of TransactionDerivative Code Securities (Instr. 8) Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)			
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Phantom Stock Units (DDSIP)	(1)	02/25/2005		J <u>(1)</u>	V	5.87		<u>(1)</u>	<u>(1)</u>	Common Stock	5.87
Phantom Stock Units (DDSIP)	<u>(1)</u>	04/15/2005		P		539.39		<u>(1)</u>	<u>(1)</u>	Common Stock	539.39
Stock Option	\$ 25.59							07/01/2004	10/10/2011	Common Stock	7,800
Stock Option	\$ 24.81							07/01/2004	10/08/2012	Common Stock	8,400
Stock Option	\$ 33.48							10/14/2003	10/14/2013	Common Stock	6,200

Reporting Owners

Reporting Owner Name / Address	Relationships						
coporting of their state of the control of the cont	Director	10% Owner	Officer	Other			
HARWOOD JAMES E 2670 UNION AVE. EXTENDED, STE. 700 MEMPHIS, TN 38112	X						
Ciamaturaa							

Signatures

Reporting Person

By: Ronald C.
Jackson

**Signature of Date

Reporting Owners 2

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Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The reported phantom stock units were acquired under Regions' Directors Deferred Stock Investment Plan.

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