SWIFT ENERGY CO

Form 4

February 19, 2015

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB

Check this box if no longer subject to

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

3235-0287 Number: January 31, Expires:

2005

OMB APPROVAL

Section 16. Form 4 or Form 5 obligations

SECURITIES Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,

Estimated average burden hours per response... 0.5

may continue. See Instruction

Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1(b).

Holding

Common Stock

Swift Energy Company

02/17/2015

(Print or Type Responses)

1. Name and Address of Reporting Person * HECKAMAN ALTON D JR				Symbol	I Issuer rame und ricker of fraumg				5. Relationship of Reporting Person(s) to Issuer			
	(Last) 16825 NORTH SUITE 400	(First) CHASE DF	(Middle	2) 3. Date of Ear (Month/Day/	3. Date of Earliest Transaction (Month/Day/Year) 02/17/2015			(Check all applicable) Director 10% Owner Officer (give title Other (specify below) EVP & CFO				
(Street) HOUSTON, TX 77060				Filed(Month/Day/Year)				6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person				
(City) (State) (Zip)								Table I -	uired, Disposed of, or Beneficially Owned			
	1.Title of Security (Instr. 3)	2. Transactio (Month/Day/	Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transactic Code (Instr. 8)	4. Securities Acquired on(A) or Disposed of (D) (Instr. 3, 4 and 5) (A) or Amount (D) Price		Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
	SFY Common Stock-401(k)			(D) THE	11,232 (1)	I	401(k) Plan					
	SFY Cmmn Stock-ESOP							1,728 (2)	I	ESOP		

230,087

D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

A

24,900 A

\$0

Plan

Edgar Filing: SWIFT ENERGY CO - Form 4

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number of or Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Restricted Stock Unit 2/17/2015 - 2/17/2018	(3)	02/17/2015		A	24,900	<u>(3)</u>	02/17/2018	Swift Energy Company Common Stock	24,900

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

HECKAMAN ALTON D JR 16825 NORTHCHASE DRIVE, SUITE 400 HOUSTON, TX 77060

EVP & CFO

Signatures

Laurent A. Baillargeon, POA for Alton D. Heckaman, Jr

02/19/2015

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Based on statement dated 12/31/2014.
- (2) Based on statement dated 12/31/2013.

Each restricted stock unit represents a contingent right to receive up to 2 shares of SFY common stock. The restricted stock units vest 3

(3) years from the date of grant and are paid out ranging from 0% to 200% of the awarded share amount, depending upon the average fair market value of SFY stock for the 20 business days preceding the vesting date.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Reporting Owners 2

Edgar Filing: SWIFT ENERGY CO - Form 4

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.				