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CONNETIC Form 4												
July 05, 200	ЛЛ	STATES	SECUI	RITIE	S A	AND EX	CHA	ANGE CO	OMMISSION	OMB AF	PROVAL	
						, D.C. 2				Number:	3235-0287	
Check this box if no longer subject to Section 16. Form 4 or Form 5 cobligations Filed pursuant to Section				CHANGES IN BENEFICIAL OWNERSHIP (SECURITIES ction 16(a) of the Securities Exchange Act of 193 blic Utility Holding Company Act of 1935 or Sec						Expires: Estimated a burden hou response		
may con <i>See</i> Instr 1(b).	unue.			•		•	-	ct of 1940				
(Print or Type	Responses)											
SUNSHINE REBECCA Symbol				er Name and Ticker or Trading]	5. Relationship of Reporting Person(s) to Issuer			
(Last)	(First) (Middle)	CONNETICS CORP [CNCT] 3. Date of Earliest Transaction				(Check	heck all applicable)				
				h/Day/Year)					Director 10% Owner X_ Officer (give title Other (specify below) SVP HR			
	(Street)		4. If Ame Filed(Mo			ate Origin r)	al	L	5. Individual or Joi Applicable Line) _X_ Form filed by O Form filed by Mo	ne Reporting Pe	rson	
PALO ALT	TO, CA 94304							Ī	Person	ore than one Re	porting	
(City)	(State)	(Zip)	Tab	le I - No	on-l	Derivative	Secu	rities Acqu	ired, Disposed of,	or Beneficial	ly Owned	
1.Title of Security (Instr. 3)	2. Transaction Date 2A. Deemed (Month/Day/Year) Execution Date, if any (Month/Day/Year)			3. 4. Securities Acquired (A) Transaction Disposed of (D) Code (Instr. 3, 4 and 5) (Instr. 8) (A) or				(D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common				Code	V	Amount	(D)	Price	(Instr. 5 and 4)			
Stock, Par Value \$0.001	07/01/2005			М		1,009	Α	\$ 4.5625	4,463	D		
Common Stock, Par Value \$0.001	07/01/2005			М		991	A	\$ 4.5625	5,454	D		
Common Stock, Par Value \$0.001	07/01/2005			S		2,000 (1)	D	\$ 17.3548	3,454	D		

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Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. 5. Number Transaction Derivative Code Securities (Instr. 8) Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amour Underlying Securit (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amo or Num of Share
Non-Qualified Stock Option (right to buy)	\$ 4.5625	07/01/2005		М	1,009 (1)	01/02/2005	01/02/2011	Common Stock, Par Value \$0.001	1,0
Incentive Stock Option (right to buy)	\$ 4.5625	07/01/2005		М	991 (1)	01/02/2005	01/02/2011	Common Stock, Par Value \$0.001	99

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
SUNSHINE REBECCA							
3160 PORTER DRIVE			SVP HR				
PALO ALTO, CA 94304							
Cignotures							

Signatures

Rebecca 07/05/2005 Sunshine <u>**</u>Signature of Date

<u>**</u>Signature of Reporting Person

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

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(1) Exercise and sale pursuant to plan adopted under Rule 10b5-1 of the Securities Exchange Act of 1934, as amended.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.