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Form 4											
August 11, 2010 FORM 4 Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b). UNITED STATES SECURITIES AN Washington, D STATEMENT OF CHANGES IN BH SECURIT Filed pursuant to Section 16(a) of the S Section 17(a) of the Public Utility Holdin 30(h) of the Investment Co)549 ICLA ties H	AL OW Exchang	OMB APPROVAL OMB 3235-028 Number: January 31 Expires: January 31 2009 Estimated average burden hours per response 0.3			
(Print or Type]	Responses)										
1. Name and Address of Reporting Person <u>*</u> Mosher Ronald F			2. Issuer Name and Ticker or Trading Symbol Employers Holdings, Inc. [EIG]					5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Last) (First) (Middle) 10375 PROFESSIONAL CIRCLE			3. Date of Earliest Transaction (Month/Day/Year) 08/10/2010					Officer (give title Other (specify below) below)			
(Street) RENO, NV 89521			4. If Amendment, Date Original Filed(Month/Day/Year)					 6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person Form filed by More than One Reporting 			
(City)	(State)	(Zip)	Tab	le I - Non-I	Derivative	Secu	rities Acc	Person Juired, Disposed of	of, or Benefici	ially Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)		ed Date, if	3. Transactio Code (Instr. 8)	4. Securit n(A) or Di (Instr. 3,	ies Ad spose 4 and (A) or	cquired d of (D) 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common Stock, par value \$0.01	08/10/2010			Code V P	1,000	(D) A	Price \$ 14.82	10,000	I	By Ronald F. Mosher Retirement Trust	
Common Stock, par value \$0.01								15,001	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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information contained in this form are not
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(9-02)

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displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. ofNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		ate	7. Title Amoun Underl Securi (Instr.	nt of lying	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secu Bene Owne Follo Repo Trans (Instr
			Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

Reporting Owners

Reporting Owner Name / Address		Relationships							
hepoting owner tunie, ne	Director	10% Owner	Officer	Other					
Mosher Ronald F 10375 PROFESSIONAL C RENO, NV 89521	IRCLE	Х							
Signatures									
/s/ Ronald F. Mosher	08/11/2	2010							
<u>**</u> Signature of Reporting Person	Date								

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.