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Form 4	FRANK V										
February 17	14 UNITED	STATES		RITIES A			COMMISSI	ON	OMB A OMB Number:	PPROVA 3235-	-0287
Check t if no lou subject Section Form 4 Form 5 obligati may con <i>See</i> Inst 1(b).	nger to 16. or Filed put ons ntinue.	STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940								Expires: January 3 200 Estimated average burden hours per response 0	
(Print or Type	Responses)										
	Address of Reporting Γ FRANK V	Person <u>*</u>	Symbol	er Name an DYNE TE		Trading OGIES IN	5. Relationshi Issuer C (C	-	Reporting Per all applicabl		
								cctor 10% Owner cer (give title Other (specify below)			
				d(Month/Day/Year) Applicable Line) _X_ Form filed b			e) by Or	Joint/Group Filing(Check One Reporting Person More than One Reporting			
	(State)						Person				
(City)	. ,	(Zip)					cquired, Dispose			-	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deeme Execution I any (Month/Da	Date, if	3. Transactio Code (Instr. 8)	4. Securit onAcquired Disposed (Instr. 3, 4	(A) or of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	Fo (D (I)	Ownership rm: Direct) or Indirect astr. 4)	7. Nature Indirect Beneficia Ownersh (Instr. 4)	al ip
				Code V	Amount	(D) Price	(instr. 5 and 1)				
Reminder: Re	port on a separate line	e for each cla	ass of sec	urities bene	Perso	ns who res	or indirectly. spond to the collained in this fo			SEC 1474 (9-02)	

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5. Number of	6. Date Exercisable and	7. Title and Amount of	8. Pr
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transacti	orDerivative	Expiration Date	Underlying Securities	Deri
Security	or Exercise		any	Code	Securities	(Month/Day/Year)	(Instr. 3 and 4)	Secu

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(Instr. 3)	Price of Derivative Security	(Month/Day/Year)	(Instr. 8)	Acquired (or Dispose (D) (Instr. 3, 4, and 5)	ed of					(Inst
			Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Phantom Stock (1)	\$ 0 <u>(1)</u>	02/16/2010	А	79.844 (1)		<u>(1)</u>	(1)	Common Stock	79.844 (1)	\$ 3

Reporting Owners

Reporting Owner Name / Address		Relationsh			
	Director	10% Owner	Officer	Other	
CAHOUET FRANK V 1049 CAMINO DOS RIOS THOUSAND OAKS, CA 91360	Х				
Signatures					
Frank V. Cahouet by Melanie S. SEC.	Cibik pur	suant to Pow	ver of At	torney previously filed with	02/17/2010

Explanation of Responses:

If the form is filed by more than one reporting person, see Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

**Signature of Reporting Person

Represents shares of phantom stock issued to Reporting Person as meeting fees under the Teledyne Technologies Incorporated 2008 (1) Incentive Award Plan - Non-Employee Director Administrative Rules and Executive Deferred Compensation Plan.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Date