Edgar Filing: ROBERTS DAVID N - Form 4

ROBERTS D Form 4	AVID N												
August 18, 20									OMB A	PPROVAL			
FORM	UNITED	STATES		ITIES AI			NGE (COMMISSION		3235-0287			
Check this	-#			0 /					Expires: January 31,				
if no longer subject to Section 16. Form 4 or						Estimated average burden hours per response 0.							
Form 5 obligation may contin <i>See</i> Instruct 1(b).	$\frac{s}{nue.}$ Section 17(a)	a) of the		ility Hold	ing Com	pany	Act o	ge Act of 1934, f 1935 or Sectio 40	n				
(Print or Type R	esponses)												
1. Name and Ac ROBERTS I	ddress of Reporting I DAVID N	Person <u>*</u>	Symbol	Name and '			g	5. Relationship of Issuer					
			ASSOC	IATES IN	IC [PRA	A]		(Cheo	ck all applicable	e)			
			(Month/Da	of Earliest Transaction /Day/Year)				X Director 10% Owner Officer (give title Other (specify below) below)					
120 CORPO 100	RATE BLVD, S	UITE	06/01/20)09					0010 (())				
(Street)			4. If Amendment, Date Original Filed(Month/Day/Year)					 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting 					
NORFOLK,	VA 23502							Person	Nore than One R	eporting			
(City)	(State)	(Zip)	Table	e I - Non-De	erivative S	Securi	ties Ac	quired, Disposed o	f, or Beneficia	lly Owned			
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	emed on Date, if Day/Year)	3. Transactio Code (Instr. 8)	Disposed	l (A) o l of (D)	Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)				
_				Code V	Amount	or (D)	Price	Transaction(s) (Instr. 3 and 4)					
Common Stock	06/01/2009			А	564 <u>(1)</u>	А	\$0	5,564	D				
Common Stock	08/17/2009			G	1,400	D	\$0	4,164	D				
Common Stock	08/18/2009			М	5,000	А	\$ 13	9,164	D				

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of
information contained in this form are not
required to respond unless the formSEC 1474
(9-02)

1

Edgar Filing: ROBERTS DAVID N - Form 4

displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. 5. Number Transaction Derivative Code Securities (Instr. 8) Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock options (right to buy)	\$ 13	08/18/2009		М		1,000	11/07/2003	11/07/2009	Common Stock	1,000
Stock options (right to buy)	\$ 13	08/18/2009		М		1,000	11/07/2004	11/07/2009	Common Stock	1,000
Stock options (right to buy)	\$ 13	08/18/2009		М		1,000	11/07/2005	11/07/2009	Common Stock	1,000
Stock options (right to buy)	\$ 13	08/18/2009		М		1,000	11/07/2006	11/07/2009	Common Stock	1,000
Stock options (right to buy)	\$ 13	08/18/2009		М		1,000	11/07/2007	11/07/2009	Common Stock	1,000

Reporting Owners

Reporting Owner Name / Address	Relationships						
r U	Director	10% Owner	Officer	Other			
ROBERTS DAVID N 120 CORPORATE BLVD SUITE 100 NORFOLK, VA 23502	Х						

8 D S (]

Signatures

/s/ David N. Roberts

08/18/2009

Signature of
Reporting Person

Date

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) 100% of this restricted stock vests on the first anniversary of the date of the grant.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.