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TELEDYNE Form 4 July 30, 200	E TECHNOLC	OGIES INC	C							
FORM									OMB AF	PROVAL
	UNITE	D STATES		RITIES A shington,			NGE C	OMMISSION	OMB Number:	3235-0287
Check th	ar				Expires:	January 31, 2005				
if no long subject to Section 1 Form 4 c Form 5	5 SIAI 16. or			NERSHIP OF	Estimated average burden hours per response					
obligatio may con <i>See</i> Instr 1(b).	ns Section	17(a) of the	Public U		ding Com	ipany	Act of	e Act of 1934, 1935 or Sectior 0	1	
(Print or Type l	Responses)									
	Address of Report	ing Person <u>*</u>	Symbol	r Name and YNE TE			-	5. Relationship of Issuer		
	TELEDYNE TECHNOLOGIES INC [TDY]				S II I C	(Check all applicable)				
(Last) 1049 CAMI	3. Date of Earliest Transaction (Month/Day/Year) 07/28/2008					X Director 10% Owner X Officer (give title Other (specify below) below) Chariman, Pres. & CEO				
	(Street)			endment, Da nth/Day/Year	-			6. Individual or Jo Applicable Line) _X_ Form filed by C	ne Reporting Per	rson
THOUSAN	D OAKS, CA	91360						Form filed by M Person	ore than One Re	porung
(City)	(State)	(Zip)	Tabl	le I - Non-E	Derivative S	Securi	ities Acq	uired, Disposed of	, or Beneficial	ly Owned
1.Title of Security (Instr. 3)	2. Transaction I (Month/Day/Ye	action Date 2A. Deemed 'Day/Year) Execution Date, if any (Month/Day/Year)			4. Securit or(A) or Dis (Instr. 3, 4	sposed	l of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common				Code V	Amount	(D)	Price \$	(msu: 5 and 4)		
Stock	07/28/2008 <u>(1</u>	<u>)</u>		А	60,000	А	ه 19.56	220,091	D	
Common Stock	07/28/2008 <u>(1</u>	<u>)</u>		А	60,000	А	\$ 14.48	280,091	D	
Common Stock	07/28/2008 <u>(1</u>	<u>)</u>		S	59,900 (2)	D	\$ 59.53 (2)	220,191	D	
Common Stock	07/28/2008 <u>(1</u>	<u>)</u>		S	100	D	\$ 61	220,091	D	
Common Stock	07/28/2008(1)		S	9,830 (3)	D	\$ 60 (3)	210,261	D	

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Common Stock	07/28/2008(1)	S	50,170 (4)	D	\$ 60.96 (4)	160,091	D
Common Stock	07/28/2008 <u>(1)</u>	S	35,000 (5)	D	\$ 59.86 (5)	125,091	D
Common Stock	07/28/2008 <u>(1)</u>	S	7,000 (6)	D	\$ 60.56 (<u>6)</u>	118,091	D
Common Stock	07/28/2008(1)	S	347	D	\$ 62.04	117,744 <u>(7)</u>	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amou Underlying Securi (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amo or Num of Sl
Employee Stock Option (right-to-buy)	\$ 19.56	07/28/2008(1)		М	60,000	02/20/2004	02/20/2011	Common Stock	60,
Employee Stock Option (right-to-buy)	\$ 14.48	07/28/2008(1)		М	60,000	01/22/2005	01/22/2012	Common Stock	60,

Reporting Owners

Reporting Owner Name / Address	Relationships							
	Director	10% Owner	Officer	Other				
MEHRABIAN ROBERT 1049 CAMINO DOS RIOS THOUSAND OAKS, CA 91360	Х		Chariman, Pres. & CEO					

Signatures

Robert Mehrabian by Melanie S. Cibik pursuant to Power of Attorney previously filed with SEC.

**Signature of Reporting Person

Date

07/30/2008

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) All of these transactions (with sales totaling 162,347 shares) are part of a previously announced Rule 10b5-1 trading plan.

This transaction was executed in multiple trades at prices ranging from \$59.25 to \$60.24. The price reported above reflects the weighted(2) average sale price. The reporting person hereby undertakes to provide upon request to the SEC staff, the issuer or a security holder of the issuer full information regarding the number of shares and prices at which the transaction is effected

This transaction was executed in multiple trades at prices ranging from \$59.25 to \$60.24. The price reported above reflects the weighted (3) average sale price. The reporting person hereby undertakes to provide upon request to the SEC staff, the issuer or a security holder of the issuer full information regarding the number of shares and prices at which the transaction is effected

This transaction was executed in multiple trades at prices ranging from \$60.25 to \$61.24. The price reported above reflects the weighted(4) average sale price. The reporting person hereby undertakes to provide upon request to the SEC staff, the issuer or a security holder of the issuer full information regarding the number of shares and prices at which the transaction is effected

This transaction was executed in multiple trades at prices ranging from \$59.25 to \$60.24. The price reported above reflects the weighted (5) average sale price. The reporting person hereby undertakes to provide upon request to the SEC staff, the issuer or a security holder of the issuer full information regarding the number of shares and prices at which the transaction is effected

This transaction was executed in multiple trades at prices ranging from \$60.25 to \$61.24. The price reported above reflects the weighted (6) average sale price. The reporting person hereby undertakes to provide upon request to the SEC staff, the issuer or a security holder of the issuer full information regarding the number of shares and prices at which the transaction is effected

At the completion of the sale transactions, Reporting Person holds 74,258 shares directly and 43,486 shares held indirectly by The Mehrabian Living Trust, Robert Mehrabian and Victoria Ann Mehrabian, Trustees.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.