

TSAKOS ENERGY NAVIGATION LTD  
Form SC 13D/A  
February 24, 2011

**UNITED STATES**  
**SECURITIES AND EXCHANGE COMMISSION**

**WASHINGTON, D.C. 20549**

**SCHEDULE 13D**

**Information To Be Included in Statements Filed Pursuant to § 240.13d-1(a) and**

**Amendments Thereto Filed Pursuant to § 240.13d-2(a)**

**(Amendment No. 10)\***

**TSAKOS ENERGY NAVIGATION LIMITED**

**(Name of Issuer)**

**Common Shares, par value \$1.00 per share**  
**(Title of Class of Securities)**

**G9108L108**  
**(CUSIP Number)**

**George Saroglou**

**Tsakos Energy Navigation Limited**

**367 Syngrou Avenue 175 64**

**P. Faliro, Athens, Greece**

**011 30210 940 7710**

**(Name, Address and Telephone Number of Person Authorized to Receive Notices and Communications)**

***With Copies To:***

**Stephen P. Farrell, Esq.**

**Morgan, Lewis & Bockius LLP**

**101 Park Avenue**

**New York, New York 10178**

**(212) 309-6000**

**January 7, 2011**

**(Date of Event Which Requires Filing of This Statement)**

If the filing person has previously filed a statement on Schedule 13G to report the acquisition that is the subject of this Schedule 13D, and is filing this schedule because off §§ 240.13d-1(e), 240.13d-1(f) or 240.13d-1(g), check the following box. "

**Note:** Schedules filed in paper format shall include a signed original and five copies of the schedule, including all exhibits. See §240.13d-7 for other parties to whom copies are to be sent.

\* The remainder of this cover page shall be filled out for a reporting person's initial filing on this form with respect to the subject class of securities, and for any subsequent amendment containing information which would alter disclosures provided in a prior cover page. The information required on the remainder of this cover page shall not be deemed to be filed for the purpose of Section 18 of the Securities Exchange Act of 1934 ( Act ) or otherwise subject to the liabilities of that section of the Act but shall be subject to all other provisions of the Act (however, see the Notes).

CUSIP No. G9108L108

13D

1 NAME OF REPORTING PERSONS

KELLEY ENTERPRISES INC.

2 CHECK THE APPROPRIATE BOX IF A MEMBER OF A GROUP\*

(a)  (b)

3 SEC USE ONLY

4 SOURCE OF FUNDS\*

OO

5 CHECK BOX IF DISCLOSURE OF LEGAL PROCEEDINGS IS REQUIRED PURSUANT TO ITEM 2(d) or 2(e)

..

6 CITIZENSHIP OR PLACE OF ORGANIZATION

THE BAHAMAS

7 SOLE VOTING POWER

NUMBER OF

SHARES 5,708,703  
8 SHARED VOTING POWER

BENEFICIALLY

OWNED BY 0  
EACH 9 SOLE DISPOSITIVE POWER

REPORTING

PERSON 5,708,703  
10 SHARED DISPOSITIVE POWER

WITH

0

11 AGGREGATE AMOUNT BENEFICIALLY OWNED BY EACH REPORTING PERSON

5,708,703

12 CHECK BOX IF THE AGGREGATE AMOUNT IN ROW (11) EXCLUDES CERTAIN SHARES\*

X

13 PERCENT OF CLASS REPRESENTED BY AMOUNT IN ROW (11)

12.5%

14 TYPE OF REPORTING PERSON\*

CO

CUSIP No. G9108L108

13D

1 NAME OF REPORTING PERSONS

MARSLAND HOLDINGS LIMITED

2 CHECK THE APPROPRIATE BOX IF A MEMBER OF A GROUP\*

(a)  (b)

3 SEC USE ONLY

4 SOURCE OF FUNDS\*

OO

5 CHECK BOX IF DISCLOSURE OF LEGAL PROCEEDINGS IS REQUIRED PURSUANT TO ITEM 2(d) or 2(e)

..

6 CITIZENSHIP OR PLACE OF ORGANIZATION

BRITISH VIRGIN ISLANDS

7 SOLE VOTING POWER

NUMBER OF

SHARES 3,448,298  
8 SHARED VOTING POWER

BENEFICIALLY

OWNED BY 0  
EACH 9 SOLE DISPOSITIVE POWER

REPORTING

PERSON 3,448,298  
10 SHARED DISPOSITIVE POWER

WITH

0

11 AGGREGATE AMOUNT BENEFICIALLY OWNED BY EACH REPORTING PERSON

3,448,298

12 CHECK BOX IF THE AGGREGATE AMOUNT IN ROW (11) EXCLUDES CERTAIN SHARES\*

X

13 PERCENT OF CLASS REPRESENTED BY AMOUNT IN ROW (11)

7.5%

14 TYPE OF REPORTING PERSON\*

OO

CUSIP No. G9108L108

13D

1 NAME OF REPORTING PERSONS

REDMONT TRADING CORP.

2 CHECK THE APPROPRIATE BOX IF A MEMBER OF A GROUP\*

(a)  (b)

3 SEC USE ONLY

4 SOURCE OF FUNDS\*

OO

5 CHECK BOX IF DISCLOSURE OF LEGAL PROCEEDINGS IS REQUIRED PURSUANT TO ITEM 2(d) or 2(e)

..

6 CITIZENSHIP OR PLACE OF ORGANIZATION

LIBERIA

7 SOLE VOTING POWER

NUMBER OF

SHARES

2,828,217  
8 SHARED VOTING POWER

BENEFICIALLY

OWNED BY

EACH

0  
9 SOLE DISPOSITIVE POWER

REPORTING

PERSON

WITH

2,828,217  
10 SHARED DISPOSITIVE POWER

0

11 AGGREGATE AMOUNT BENEFICIALLY OWNED BY EACH REPORTING PERSON

2,828,217

12 CHECK BOX IF THE AGGREGATE AMOUNT IN ROW (11) EXCLUDES CERTAIN SHARES\*

X

13 PERCENT OF CLASS REPRESENTED BY AMOUNT IN ROW (11)

6.2%

14 TYPE OF REPORTING PERSON\*

CO



CUSIP No. G9108L108

13D

1 NAME OF REPORTING PERSONS

FIRST TSAKOS INVESTMENTS INC.

2 CHECK THE APPROPRIATE BOX IF A MEMBER OF A GROUP\*

(a)  (b)

3 SEC USE ONLY

4 SOURCE OF FUNDS\*

NOT APPLICABLE

5 CHECK BOX IF DISCLOSURE OF LEGAL PROCEEDINGS IS REQUIRED PURSUANT TO ITEM 2(d) or 2(e)

..

6 CITIZENSHIP OR PLACE OF ORGANIZATION

LIBERIA

7 SOLE VOTING POWER

NUMBER OF

SHARES

0

8 SHARED VOTING POWER

BENEFICIALLY

OWNED BY

EACH

9,157,001

9 SOLE DISPOSITIVE POWER

REPORTING

PERSON

0

10 SHARED DISPOSITIVE POWER

WITH

9,157,001

11 AGGREGATE AMOUNT BENEFICIALLY OWNED BY EACH REPORTING PERSON

9,157,001

12 CHECK BOX IF THE AGGREGATE AMOUNT IN ROW (11) EXCLUDES CERTAIN SHARES\*

X

13 PERCENT OF CLASS REPRESENTED BY AMOUNT IN ROW (11)

20.0%

14 TYPE OF REPORTING PERSON\*

OO

CUSIP No. G9108L108

13D

1 NAME OF REPORTING PERSONS

**TSAKOS HOLDINGS FOUNDATION**

2 CHECK THE APPROPRIATE BOX IF A MEMBER OF A GROUP\*

(a)  (b)

3 SEC USE ONLY

4 SOURCE OF FUNDS\*

**NOT APPLICABLE**

5 CHECK BOX IF DISCLOSURE OF LEGAL PROCEEDINGS IS REQUIRED PURSUANT TO ITEM 2(d) or 2(e)

..

6 CITIZENSHIP OR PLACE OF ORGANIZATION

**LIECHTENSTEIN**

7  SOLE VOTING POWER

NUMBER OF

SHARES 8  0 SHARED VOTING POWER

BENEFICIALLY

OWNED BY EACH 9  11,985,218 SOLE DISPOSITIVE POWER

REPORTING

PERSON WITH 10  0 SHARED DISPOSITIVE POWER

11,985,218

11 AGGREGATE AMOUNT BENEFICIALLY OWNED BY EACH REPORTING PERSON

11,985,218  
12 CHECK BOX IF THE AGGREGATE AMOUNT IN ROW (11) EXCLUDES CERTAIN SHARES\*

x  
13 PERCENT OF CLASS REPRESENTED BY AMOUNT IN ROW (11)

26.2%  
14 TYPE OF REPORTING PERSON\*

OO

THIS STATEMENT CONSTITUTES AMENDMENT NO. 10 TO THE SCHEDULE 13D PREVIOUSLY FILED

Item 1. Security and Issuer

Item 1 is hereby amended and restated in its entirety as follows:

This Amendment No. 10 (this Amendment No. 10) to Schedule 13D (originally filed on March 20, 2002, subsequently amended and restated on September 8, 2005 and subsequently amended on October 12, 2005, October 25, 2005, December 13, 2005, February 9, 2006, November 29, 2006, July 3, 2008 and November 5, 2010 (the Schedule 13D) relates to the common shares, par value \$1.00 per share (Common Shares), of Tsakos Energy Navigation Limited, an exempted company organized under the laws of Bermuda (the Company). The principal executive office of the Company is located at 367 Syngrou Avenue, 175 64 P. Faliro, Athens, Greece. Information given in response to each item below shall be deemed incorporated by reference in all other items below. Capitalized terms used herein and not otherwise defined in this Amendment No. 10 shall have the meanings set forth in the Schedule 13D.

Item 2. Identity and Background

Item 2 is hereby amended and restated in its entirety as follows:

(a) This Amendment No. 10 is being filed pursuant to a Joint Filing Agreement (attached as Exhibit 1 and incorporated herein by reference) by (i) Kelley Enterprises Inc. (Kelley); (ii) Marsland Holdings Limited (Marsland); (iii) Redmont Trading Corp. (Redmont); (iv) First Tsakos Investments Inc. (First Tsakos); and (v) Tsakos Holdings Foundation (Tsakos Holdings), and, together with Kelley, Marsland, Redmont and First Tsakos, the Reporting Persons), which persons may be deemed, but are not conceded, to constitute a group within Section 13(d) of the Securities Act of 1934.

Tsakos Holdings is a Liechtenstein foundation whose beneficiaries include persons and entities affiliated with the Tsakos family, charitable institutions and other unaffiliated persons and entities. The council which controls Tsakos Holdings consists of six members, two of whom are members of the Tsakos family. Under the rules of the Securities and Exchange Commission (the SEC), beneficial ownership includes the power to directly or indirectly vote or dispose of securities or to share such power. It does not necessarily imply economic ownership of the securities. Members of the Tsakos family are among the six council members of Tsakos Holdings and accordingly may be deemed to share voting and/or dispositive power with respect to the shares owned by Tsakos Holdings and may be deemed the beneficial owners of such shares. Tsakos Holdings owns all of the outstanding shares of Redmont and First Tsakos.

First Tsakos is a holding company organized under the laws of Liberia which owns all of the outstanding shares of Kelley and Marsland.

Redmont is a holding company organized under the laws of Liberia which beneficially owns the number of Common Shares indicated herein.

Marsland is a holding company organized under the laws of the British Virgin Islands which beneficially owns the number of Common Shares indicated herein.

Kelley is a holding company organized under the laws of the Bahamas which beneficially owns the number of Common Shares indicated herein.

(b) The addresses of the principal offices of each of the Reporting Persons are as set forth on Schedule A. Schedule A is incorporated into and made a part of this Amendment No. 10.

(c) Attached as Schedule B is the name, principal occupation (where applicable) and business address of each member, executive officer and/or director of each of the Reporting Persons. Schedule B is incorporated into and made a part of this Amendment No. 10.

(d) During the last five years, none of the Reporting Persons nor any person listed on Schedule B has been convicted in a criminal proceeding (excluding traffic violations or similar misdemeanors).

(e) During the last five years, none of the Reporting Persons nor any person listed on Schedule B has been a party to a civil proceeding of a judicial or administrative body of competent jurisdiction and as a result of such proceeding was or is subject to a judgment, decree or final order enjoining future violations of, or prohibiting or mandating activities subject to, federal or state securities laws or finding any violation with respect to such laws.

### Item 3. Source and Amount of Funds or Other Consideration

Item 3 is hereby amended by adding the following paragraph:

Between November 24, 2010 and January 21, 2011, Kelley acquired an aggregate of 266,981 Common Shares for an aggregate purchase price of \$2,603,897. Between December 8, 2010 and January 4, 2011, Marsland acquired an aggregate of 109,188 Common Shares for an aggregate purchase price of \$1,099,636. Between December 13, 2010 and January 7, 2011, Redmont acquired an aggregate of 110,000 Common Shares for an aggregate purchase price of \$1,112,940. With respect to each of Kelley, Marsland and Redmont, the source of funds for the purchase of the 266,981 Common Shares, 109,188 Common Shares and 110,000 Common Shares, respectively, was capital contributions from their respective shareholders. Each of these purchases were effected in open market purchases executed through the New York Stock Exchange.

### Item 4. Purposes of Transactions

Item 4 is hereby amended by adding the following paragraph:

Each of Kelley, Marsland and Redmont acquired the 266,981 Common Shares, 109,188 Common Shares and 110,000 Common Shares, respectively, to increase its investment in the Company. Each of Kelley, Marsland and Redmont is holding its Common Shares solely for investment purposes and each has no plans or proposals with respect to any material change in the

Company's business or corporate structure or, generally, any other action referred to in instructions (a) through (j) of Item 4 of the form of Schedule 13.

**Item 5. Interest in Securities of the Issuer**

Item 5 is hereby amended and restated in its entirety as follows:

(a) As of the date of this filing, the Reporting Persons beneficial ownership of the Common Shares is as follows:

Name	Sole Voting and Dispositive Power	Shared Voting and Dispositive Power	Percentage <sup>(2)</sup>
Kelley Enterprises Inc.	5,708,703		12.5%
Marsland Holdings Limited	3,448,298		7.5%
Redmont Trading Corp.	2,828,217		6.2%
First Tsakos Investments Inc.		9,157,001 <sup>(1)</sup>	20.0%
Tsakos Holdings Foundation		11,985,218 <sup>(1)</sup>	26.2%

The Reporting Persons are making this single, joint filing because they may be deemed to constitute a "group" within the meaning of Section 13(d)(3) of the Exchange Act, together with Sea Consolidation S.A. of Panama, Intermed Champion S.A. of Panama and Nikolas P. Tsakos, although neither the fact of this filing nor anything contained herein shall be deemed to be an admission by the Reporting Persons that a group exists. As of the date of this filing, Sea Consolidation S.A. of Panama, Intermed Champion S.A. of Panama and Nikolas P. Tsakos beneficially and of record own 3,952,232, 307,900 and 129,000 Common Shares, respectively. Together, the group would be deemed to beneficially own 16,519,550 Common Shares, constituting 36.1% of the Company.

- (1) First Tsakos is the sole holder of the outstanding capital stock of Kelley and Marsland and may be deemed to have shared voting and dispositive power of the Common Shares reported by Kelley and Marsland. Tsakos Holdings is the sole holder of outstanding capital stock of First Tsakos and Redmont and may be deemed to have shared voting and dispositive power of the Common Shares reported by Kelley, Marsland and Redmont.
  - (2) The applicable percentage of ownership of each shareholder is based on the Company's 45,806,887 issued and outstanding Common Shares as reported in a Form 6-K filed by the Company with the SEC on December 1, 2010.
- (b) The responses of the Reporting Persons to Items (7) through (11) of the portions of pages 2 through 6 hereto which relate to Common Shares beneficially owned are incorporated herein by reference.
- (c) Each of Kelley, Marsland and Redmont, respectively, purchased Common Shares through the New York Stock Exchange as set forth in Schedule C. Schedule C is incorporated into and made a part of this Amendment No. 10.

(d) No person is known to have the right to receive or the power to direct the receipt of dividends from, or the proceeds from the sale of, the Common Shares beneficially owned by Kelley, Marsland, Redmont, First Tsakos or Tsakos Holdings.

(e) Not applicable.

Item 6. Contracts, Arrangements, Understandings or Relationships with respect to the Issuer

Not applicable.

Item 7. Materials to Be Filed as Exhibits

Item 7 is hereby amended by adding the following exhibit:

Exhibit 1: Joint Filing Agreement, dated February 24, 2011, among Kelley Enterprises Inc., Marsland Holdings Limited, Redmont Trading Corp., First Tsakos Investments Inc. and Tsakos Holdings Foundation.

[The remainder of this page intentionally left blank]



**SIGNATURE**

After reasonable inquiry and to the best of the knowledge and belief of each of the undersigned, each of the undersigned certifies that the information set forth in this Amendment No. 10 is true, complete and correct.

Dated: February 24, 2011

KELLEY ENTERPRISES INC.

By: /s/ P. Efthimiades  
Name: **P. Efthimiades**  
Title: **Director**

MARSLAND HOLDINGS LIMITED

By: /s/ E. Saroglou  
Name: **E. Saroglou**  
Title: **Director**

REDMONT TRADING CORP.

By: /s/ Thomas K. Zafiras  
Name: **Thomas K. Zafiras**  
Title: **President**

FIRST TSAKOS INVESTMENTS INC.

By: /s/ P. Efthimiades  
Name: **P. Efthimiades**  
Title: **Director**

TSAKOS HOLDINGS FOUNDATION

By:	/s/ P. Efthimiades	/s/ T.K. Zafiras
Name:	<b>P. Efthimiades</b>	<b>T.K. Zafiras</b>
Title:	<b>Member of the Foundation</b>	<b>Member of the Foundation</b>
	<b>Council</b>	<b>Council</b>

**SCHEDULE A**

Name of Reporting Persons	Address of the Principal Office
Kelley Enterprises Inc.	Saffrey Square, Suite 205, Park Lane, P.O. Box N-8188, Nassau, Bahamas
Marsland Holdings Limited	FGC Corporate Services Limited, 125 Main Street, PO Box 144, Road Town, Tortola, British Virgin Islands
Redmont Trading Corp.	9 Nikodimon Street, Kastella Piraeus Greece 185 33
First Tsakos Investments Inc.	34 Efesou Street, Nea Smyrni, Athens, Greece
Tsakos Holdings Foundation	Heiligkreuz 6, Vaduz, Liechtenstein

**SCHEDULE B****Kelley Enterprises Inc.**

Name	Position	Principal Occupation	Business Address
First Tsakos Investments Inc.	Sole Shareholder		34 Efesou Street, Nea Smyrni, Athens, Greece
Pantelis Nicolas Efthimiades	Director	Retired Shipping Industry Consultant	34 Efesou Street, Nea Smyrni, Athens, Greece
Ioannis Efthimiades	Director	Shipping Industry Consultant	9 Ionias Street, Nea Smyrni, Athens, Greece

**Marsland Holdings Limited**

Name	Position	Principal Occupation	Business Address
First Tsakos Investments Inc.	Sole Shareholder		34 Efesou Street, Nea Smyrni, Athens, Greece
Ioannis Saroglou	Director	Financial Consultant	86 Mplessa Street, Papagos, Greece
Elizabeth Saroglou	Director	Retired	86 Mplessa Street, Papagos, Greece

**Redmont Trading Corp.**

Name	Position	Principal Occupation	Business Address
Tsakos Holdings Foundation	Sole Shareholder		Heiligkreuz 6, Vaduz, Liechtenstein
Thomas Constantinos Zafiras	Director	Attorney	Tritonos 104, Paleo Faliro, Athens, Greece
Constantinos Zafiras	Director	Legal Consultant	10 Stissichorou Street, Athens, Greece

**First Tsakos Investments Inc.**

Name	Position	Principal Occupation	Business Address
Pantelis Nicolas Efthimiades	Director	Retired Shipping Industry Consultant	34 Efesou Street, Nea Smyrni, Athens, Greece
Elizabeth Saroglou	Director	Retired	86 Mplessa Street, Papagos, Greece

**Tsakos Holdings Foundation**

Name	Position	Principal Occupation	Address
Panayotis Nicolas Tsakos	Foundation Council Member	Self-Employed in the Shipping Industry	Vassilis Sofias 39 Athens, Greece
Nikolas P. Tsakos	Foundation Council Member	President & CEO of Tsakos Energy Navigation Ltd.	Robertou Galli and Propilaion, Acropolis, Athens, Greece
Thomas Constantinos Zafiras	Foundation Council Member	Attorney	Tritonos 104, Paleo Faliro, Athens, Greece
Dr. Herbert Oberhuber	Foundation Council Member	Attorney	Unterm Rair 67, Liechtenstein
Pantelis Nicolas Efthimiades	Foundation Council Member	Retired Shipping Industry Consultant	34 Efesou Street, Nea Smyrni, Athens, Greece
Eleftherios Montanios	Foundation Council Member	Attorney	Achaion 5, Lavinia Court, Nicosia, Cyprus

**SCHEDULE C****Kelley Enterprises Inc.**

	No of Shares	Price	Total
11/24/10	100	9.21	921
11/24/10	100	9.2075	920.75
11/24/10	100	9.2	920
11/24/10	100	9.19	919
11/24/10	100	9.18	918
11/24/10	100	9.2	920
11/24/10	100	9.21	921
11/24/10	100	9.2	920
11/24/10	200	9.22	1844
11/24/10	100	9.22	922
11/24/10	100	9.2	920
11/24/10	100	9.2	920
11/24/10	100	9.19	919
11/24/10	100	9.205	920.5
11/24/10	100	9.22	922
11/24/10	100	9.26	926
11/24/10	100	9.25	925
11/24/10	100	9.24	924
11/24/10	100	9.245	924.5
11/24/10	100	9.24	924
11/24/10	100	9.25	925
11/24/10	100	9.24	924
11/24/10	100	9.25	925
11/24/10	100	9.25	925
11/24/10	100	9.24	924
11/24/10	100	9.25	925
11/24/10	100	9.25	925
11/24/10	100	9.24	924
11/24/10	100	9.27	927
11/24/10	100	9.26	926
11/24/10	100	9.26	926
11/24/10	100	9.24	924
11/24/10	100	9.24	924
11/24/10	100	9.25	925
11/24/10	100	9.25	925
11/24/10	100	9.26	926
11/24/10	100	9.27	927
11/24/10	100	9.27	927
11/24/10	100	9.27	927
11/24/10	100	9.28	928
11/24/10	100	9.28	928
11/24/10	100	9.28	928
11/24/10	100	9.28	928
11/24/10	100	9.28	928
11/24/10	100	9.27	927
11/24/10	100	9.24	924
11/24/10	100	9.25	925
11/24/10	100	9.25	925
11/24/10	100	9.24	924
11/24/10	100	9.24	924
11/24/10	100	9.23	923
11/24/10	100	9.22	922
11/24/10	100	9.22	922
11/24/10	100	9.23	923
11/24/10	100	9.25	925

Edgar Filing: TSAKOS ENERGY NAVIGATION LTD - Form SC 13D/A

11/24/10	100	9.25	925
11/24/10	100	9.24	924

Edgar Filing: TSAKOS ENERGY NAVIGATION LTD - Form SC 13D/A

11/24/10	94	9.24	868.56
11/24/10	6	9.24	55.44
11/24/10	100	9.25	925
11/24/10	100	9.25	925
11/24/10	100	9.25	925
11/24/10	100	9.25	925
11/24/10	100	9.25	925
11/24/10	100	9.25	925
11/24/10	100	9.25	925
11/24/10	100	9.25	925
11/24/10	100	9.25	925
11/24/10	100	9.24	924
11/24/10	100	9.25	925
11/24/10	100	9.24	924
11/24/10	100	9.24	924
11/24/10	200	9.25	1850
11/24/10	100	9.25	925
11/24/10	100	9.26	926
11/24/10	100	9.25	925
11/24/10	100	9.25	925
11/24/10	100	9.23	923
11/24/10	100	9.21	921
11/24/10	100	9.23	923
11/24/10	100	9.23	923
11/24/10	100	9.23	923
11/24/10	100	9.22	922
11/24/10	100	9.2	920
11/24/10	100	9.21	921
11/24/10	100	9.2	920
11/24/10	100	9.23	923
11/24/10	100	9.21	921
11/24/10	100	9.21	921
11/24/10	100	9.26	926
11/24/10	100	9.27	927
11/24/10	100	9.28	928
11/24/10	100	9.28	928
11/24/10	100	9.28	928
11/24/10	100	9.28	928
11/24/10	100	9.29	929
11/24/10	100	9.29	929
11/24/10	100	9.29	929
11/24/10	100	9.29	929
11/24/10	200	9.28	1856
11/24/10	100	9.24	924
11/24/10	100	9.24	924
11/24/10	1500	9.24	13860
11/24/10	100	9.24	924
11/24/10	100	9.24	924
11/24/10	100	9.24	924
11/24/10	100	9.24	924
11/24/10	100	9.24	924
11/24/10	100	9.24	924
11/24/10	100	9.24	924
11/24/10	100	9.24	924
11/24/10	100	9.24	924

Edgar Filing: TSAKOS ENERGY NAVIGATION LTD - Form SC 13D/A

11/24/10	100	9.24	924
11/24/10	300	9.235	2770.5
11/24/10	100	9.24	924
11/24/10	100	9.24	924
11/24/10	100	9.25	925
11/24/10	600	9.25	5550
11/24/10	200	9.2525	1850.5
11/24/10	100	9.26	926
11/24/10	100	9.26	926
11/24/10	100	9.26	926
11/24/10	100	9.27	927
11/24/10	100	9.2625	926.25
11/24/10	100	9.27	927
11/24/10	1600	9.27	14832
11/24/10	200	9.28	1856
11/24/10	800	9.28	7424
11/24/10	100	9.265	926.5
11/24/10	100	9.27	927
11/24/10	300	9.28	2784
11/24/10	300	9.28	2784
11/24/10	400	9.28	3712
11/24/10	600	9.28	5568
11/24/10	100	9.28	928
11/24/10	100	9.28	928
11/24/10	100	9.27	927
11/24/10	100	9.28	928
11/24/10	100	9.28	928
11/24/10	200	9.28	1856
11/24/10	100	9.28	928
11/24/10	100	9.28	928
11/24/10	100	9.28	928
11/26/10	100	9.18	918
11/26/10	92	9.18	844.56
11/26/10	8	9.18	73.44
11/26/10	100	9.18	918
11/26/10	8	9.18	73.44
11/26/10	92	9.18	844.56
11/26/10	100	9.18	918
11/26/10	100	9.18	918
11/26/10	100	9.18	918
11/26/10	100	9.18	918
11/26/10	100	9.18	918
11/26/10	100	9.18	918
11/26/10	100	9.18	918
11/26/10	100	9.18	918
11/26/10	100	9.18	918
11/26/10	100	9.18	918
11/26/10	100	9.18	918
11/26/10	100	9.18	918
11/26/10	50	9.18	459
11/26/10	50	9.18	459
11/26/10	100	9.18	918
11/26/10	50	9.18	459
11/26/10	50	9.18	459
11/26/10	100	9.18	918
11/26/10	100	9.18	918



Edgar Filing: TSAKOS ENERGY NAVIGATION LTD - Form SC 13D/A

11/26/10	100	9.18	918
11/26/10	100	9.18	918
11/26/10	100	9.17	917
11/26/10	100	9.17	917
11/26/10	100	9.17	917
11/26/10	100	9.17	917
11/26/10	100	9.16	916
11/26/10	200	9.16	1832
11/26/10	100	9.16	916
11/26/10	100	9.16	916
11/26/10	500	9.17	4585
11/26/10	100	9.17	917
11/26/10	100	9.17	917
11/26/10	100	9.17	917
11/26/10	100	9.17	917
11/26/10	100	9.17	917
11/26/10	100	9.17	917
11/26/10	100	9.17	917
11/26/10	100	9.17	917
11/26/10	100	9.17	917
11/26/10	100	9.17	917
11/26/10	100	9.17	917
11/26/10	100	9.17	917
11/26/10	100	9.17	917
11/26/10	100	9.17	917
11/26/10	100	9.17	917
11/26/10	100	9.17	917
11/26/10	100	9.18	918
11/26/10	200	9.18	1836
11/26/10	100	9.18	918
11/26/10	100	9.18	918
11/26/10	100	9.2	920
11/26/10	100	9.2	920
11/26/10	100	9.2	920
11/26/10	100	9.2	920
11/26/10	100	9.2	920
11/26/10	100	9.21	921
11/26/10	100	9.22	922
11/26/10	100	9.22	922
11/26/10	100	9.22	922
11/26/10	100	9.22	922
11/26/10	100	9.23	923
11/26/10	100	9.23	923
11/26/10	100	9.23	923
11/26/10	100	9.23	923
11/26/10	100	9.23	923
11/26/10	100	9.23	923
11/26/10	100	9.24	924
11/26/10	100	9.24	924
11/26/10	100	9.23	923
11/26/10	100	9.24	924
11/26/10	900	9.24	8316
11/26/10	200	9.24	1848
11/26/10	100	9.24	924
11/26/10	100	9.24	924
11/26/10	100	9.24	924



## Edgar Filing: TSAKOS ENERGY NAVIGATION LTD - Form SC 13D/A

11/26/10	100	9.24	924
11/26/10	200	9.25	1850
11/26/10	200	9.26	1852
11/26/10	600	9.26	5556
11/26/10	100	9.26	926
11/26/10	200	9.25	1850
11/26/10	100	9.25	925
11/26/10	100	9.25	925
11/26/10	100	9.25	925
11/26/10	100	9.25	925
11/26/10	100	9.24	924
11/26/10	100	9.25	925
11/26/10	100	9.25	925
11/26/10	100	9.25	925
11/26/10	100	9.25	925
11/26/10	100	9.25	925
11/26/10	100	9.25	925
11/26/10	100	9.25	925
11/26/10	100	9.25	925
11/26/10	100	9.25	925
11/26/10	100	9.25	925
11/26/10	100	9.25	925
11/26/10	100	9.24	924
11/26/10	100	9.25	925
11/26/10	100	9.25	925
11/26/10	100	9.25	925
11/26/10	100	9.25	925
11/26/10	100	9.25	925
11/26/10	100	9.25	925
11/26/10	100	9.25	925
11/26/10	100	9.25	925
11/26/10	100	9.25	925
11/26/10	100	9.25	925
11/26/10	100	9.26	926
11/26/10	17	9.27	157.59
11/26/10	30	9.27	278.1
11/26/10	100	9.28	928
11/26/10	53	9.28	491.84
11/26/10	100	9.28	928
11/26/10	547	9.28	5076.16
11/26/10	53	9.28	491.84
11/26/10	100	9.28	928
11/26/10	100	9.28	928
11/26/10	100	9.28	928
11/26/10	100	9.28	928
11/26/10	47	9.28	436.16
11/26/10	53	9.28	491.84
11/26/10	100	9.28	928
11/26/10	100	9.28	928
11/26/10	200	9.29	1858
11/26/10	300	9.29	2787
11/26/10	300	9.29	2787
11/26/10	100	9.29	929
11/26/10	100	9.28	928
11/26/10	100	9.28	928
11/26/10	100	9.28	928

---

11/26/10	47	9.28	436.16
11/26/10	200	9.28	1856
11/26/10	53	9.28	491.84
11/26/10	100	9.28	928
11/26/10	100	9.28	928
11/26/10	100	9.28	928
11/26/10	47	9.28	436.16
11/26/10	100	9.28	928
11/26/10	100	9.29	929
11/26/10	100	9.28	928
11/26/10	100	9.29	929
11/26/10	100	9.29	929
11/26/10	100	9.29	929
11/26/10	100	9.29	929
11/26/10	100	9.29	929
11/26/10	100	9.29	929
11/26/10	100	9.29	929
11/26/10	100	9.29	929
11/26/10	100	9.29	929
11/26/10	100	9.29	929
11/26/10	100	9.29	929
11/26/10	100	9.29	929
11/26/10	100	9.29	929
11/26/10	100	9.29	929
11/26/10	100	9.29	929
11/26/10	100	9.29	929
11/26/10	100	9.29	929
11/26/10	100	9.29	929
11/26/10	100	9.29	929
11/26/10	100	9.29	929
11/26/10	100	9.29	929
11/26/10	100	9.29	929
11/26/10	100	9.29	929
11/26/10	100	9.29	929
11/26/10	100	9.29	929
11/26/10	100	9.29	929
11/26/10	100	9.29	929
11/26/10	100	9.29	929
11/26/10	100	9.29	929
11/26/10	100	9.29	929
11/26/10	100	9.29	929
11/26/10	100	9.29	929
11/26/10	100	9.29	929
11/26/10	100	9.29	929
11/26/10	300	9.29	2787
11/26/10	100	9.29	929
11/26/10	100	9.29	929
11/26/10	100	9.29	929
11/26/10	100	9.29	929
11/26/10	100	9.29	929
11/26/10	100	9.29	929
11/26/10	100	9.29	929
11/26/10	100	9.28	928
11/26/10	100	9.28	928
11/26/10	100	9.28	928
11/26/10	100	9.28	928
11/26/10	100	9.28	928
11/26/10	100	9.28	928
11/26/10	100	9.28	928
11/26/10	200	9.28	1856
11/26/10	100	9.28	928
11/26/10	200	9.28	1856
11/26/10	200	9.28	1856
11/26/10	100	9.28	928
11/26/10	100	9.26	926
11/26/10	100	9.26	926
11/26/10	100	9.26	926

Edgar Filing: TSAKOS ENERGY NAVIGATION LTD - Form SC 13D/A

11/26/10	100	9.26	926
11/26/10	100	9.26	926
11/26/10	100	9.26	926
11/26/10	100	9.26	926
11/26/10	100	9.26	926
11/26/10	53	9.26	490.78
11/26/10	100	9.24	924
11/26/10	100	9.24	924
11/26/10	100	9.24	924
11/26/10	300	9.23	2769
11/26/10	200	9.23	1846
11/26/10	100	9.23	923
11/26/10	100	9.23	923
11/26/10	100	9.23	923
11/26/10	100	9.23	923
11/26/10	100	9.23	923
11/26/10	38	9.23	350.74
11/26/10	62	9.23	572.26
11/26/10	100	9.23	923
11/26/10	100	9.23	923
11/29/10	100	9.03	903
11/29/10	100	8.99	899
11/29/10	100	8.99	899
11/29/10	100	8.99	899
11/29/10	100	9	900
11/29/10	100	8.99	899
11/29/10	100	9	900
11/29/10	100	9.02	902
11/29/10	200	9	1800
11/29/10	100	9.03	903
11/29/10	100	9	900
11/29/10	100	9	900
11/29/10	100	8.99	899
11/29/10	100	9.03	903
11/29/10	100	9.07	907
11/29/10	100	9.05	905
11/29/10	100	9.05	905
11/29/10	100	9.07	907
11/29/10	100	9.07	907
11/29/10	100	9.08	908
11/29/10	100	9.07	907
11/29/10	100	9.06	906
11/29/10	100	9.06	906
11/29/10	100	9.04	904
11/29/10	100	9.04	904
11/29/10	100	9.04	904
11/29/10	100	9.04	904
11/29/10	100	9.04	904
11/29/10	100	9.05	905
11/29/10	100	9.05	905
11/29/10	100	9.05	905
11/29/10	100	9.05	905
11/29/10	100	9.06	906
11/29/10	100	9.1	910
11/29/10	200	9.11	1822
11/29/10	100	9.11	911

Edgar Filing: TSAKOS ENERGY NAVIGATION LTD - Form SC 13D/A

11/29/10	200	9.11	1822
11/29/10	100	9.13	913
11/29/10	100	9.13	913
11/29/10	500	9.13	4565
11/29/10	100	9.13	913
11/29/10	100	9.16	916
11/29/10	100	9.18	918
11/29/10	100	9.17	917
11/29/10	200	9.18	1836
11/29/10	100	9.17	917
11/29/10	200	9.17	1834
11/29/10	100	9.18	918
11/29/10	200	9.18	1836
11/29/10	100	9.17	917
11/29/10	100	9.17	917
11/29/10	100	9.15	915
11/29/10	100	9.15	915
11/29/10	100	9.17	917
11/29/10	100	9.17	917
11/29/10	100	9.18	918
11/29/10	100	9.18	918
11/29/10	100	9.18	918
11/29/10	100	9.18	918
11/29/10	100	9.18	918
11/29/10	100	9.18	918
11/29/10	100	9.18	918
11/29/10	100	9.18	918
11/29/10	100	9.18	918
11/29/10	100	9.18	918
11/29/10	100	9.18	918
11/29/10	100	9.18	918
11/29/10	100	9.18	918
11/29/10	400	9.18	3672
11/29/10	100	9.18	918
11/29/10	100	9.18	918
11/29/10	100	9.21	921
11/29/10	100	9.22	922
11/29/10	100	9.22	922
11/29/10	100	9.22	922
11/29/10	100	9.22	922
11/29/10	100	9.22	922
11/29/10	900	9.22	8298
11/29/10	100	9.26	926
11/29/10	100	9.25	925
11/29/10	200	9.26	1852
11/29/10	100	9.26	926
11/29/10	100	9.26	926
11/29/10	100	9.26	926
11/29/10	100	9.26	926
11/29/10	100	9.26	926
11/29/10	100	9.27	927
11/29/10	100	9.27	927
11/29/10	100	9.27	927
11/29/10	100	9.27	927
11/29/10	100	9.27	927
11/29/10	100	9.29	929
11/29/10	100	9.29	929
11/29/10	200	9.29	1858
11/29/10	100	9.29	929

Edgar Filing: TSAKOS ENERGY NAVIGATION LTD - Form SC 13D/A

11/29/10	200	9.29	1858
11/29/10	100	9.29	929
11/29/10	200	9.29	1858
11/29/10	100	9.29	929
11/29/10	100	9.33	933
11/29/10	100	9.33	933
11/29/10	100	9.35	935
11/29/10	100	9.35	935
11/29/10	300	9.35	2805
11/29/10	100	9.35	935
11/29/10	100	9.35	935
11/29/10	100	9.35	935
11/29/10	100	9.35	935
11/29/10	100	9.31	931
11/29/10	100	9.31	931
11/29/10	100	9.31	931
11/29/10	100	9.31	931
11/29/10	200	9.29	1858
11/29/10	100	9.3	930
11/29/10	100	9.3	930
11/29/10	100	9.3	930
11/29/10	100	9.29	929
11/29/10	100	9.29	929
11/29/10	100	9.32	932
11/29/10	100	9.31	931
11/29/10	100	9.32	932
11/29/10	100	9.31	931
11/29/10	100	9.32	932
11/29/10	100	9.31	931
11/29/10	100	9.31	931
11/29/10	100	9.32	932
11/29/10	100	9.32	932
11/29/10	100	9.32	932
11/29/10	100	9.32	932
11/29/10	100	9.32	932
11/29/10	100	9.32	932
11/29/10	100	9.32	932
11/29/10	100	9.32	932
11/29/10	100	9.31	931
11/29/10	300	9.32	2796
11/29/10	100	9.32	932
11/29/10	200	9.32	1864
11/29/10	100	9.32	932
11/29/10	100	9.32	932
11/29/10	100	9.32	932
11/29/10	100	9.32	932
11/29/10	100	9.32	932
11/29/10	100	9.32	932
11/29/10	100	9.32	932
11/29/10	100	9.32	932
11/29/10	200	9.32	1864
11/29/10	100	9.35	935
11/29/10	100	9.35	935
11/29/10	100	9.35	935

Edgar Filing: TSAKOS ENERGY NAVIGATION LTD - Form SC 13D/A

11/29/10	100	9.35	935
11/29/10	500	9.35	4675
11/29/10	300	9.35	2805
11/29/10	300	9.35	2805
11/29/10	100	9.35	935
11/29/10	100	9.34	934
11/29/10	100	9.36	936
11/29/10	200	9.36	1872
11/29/10	100	9.36	936
11/29/10	600	9.36	5616
11/29/10	100	9.37	937
11/29/10	100	9.37	937
11/29/10	100	9.4	940
11/29/10	100	9.4	940
11/29/10	100	9.4	940
11/29/10	100	9.4	940
11/29/10	100	9.41	941
11/29/10	600	9.41	5646
11/29/10	100	9.41	941
11/29/10	300	9.41	2823
11/29/10	100	9.41	941
11/29/10	300	9.43	2829
11/29/10	100	9.43	943
11/29/10	100	9.43	943
11/29/10	100	9.43	943
11/29/10	700	9.44	6608
11/29/10	100	9.44	944
11/29/10	200	9.4	1880
11/29/10	100	9.4	940
11/29/10	700	9.42	6594
11/29/10	100	9.41	941
11/29/10	100	9.41	941
11/29/10	100	9.41	941
11/29/10	100	9.41	941
11/29/10	100	9.41	941
11/29/10	100	9.41	941
11/29/10	100	9.41	941
11/29/10	100	9.41	941
11/29/10	100	9.39	939
11/29/10	100	9.4	940
11/29/10	100	9.39	939
11/29/10	100	9.39	939
11/29/10	200	9.39	1878
11/29/10	100	9.39	939
11/29/10	100	9.39	939
11/29/10	100	9.39	939
11/29/10	100	9.39	939
11/29/10	200	9.39	1878
11/29/10	200	9.39	1878
11/29/10	100	9.37	937
11/29/10	100	9.37	937
11/29/10	100	9.37	937
11/29/10	100	9.38	938
11/29/10	21	9.38	196.98
11/29/10	79	9.38	741.02



Edgar Filing: TSAKOS ENERGY NAVIGATION LTD - Form SC 13D/A

11/29/10	100	9.38	938
11/29/10	100	9.38	938
11/29/10	100	9.38	938
11/29/10	79	9.39	741.81
11/29/10	100	9.39	939
11/29/10	100	9.39	939
11/29/10	100	9.4	940
11/29/10	100	9.4	940
11/29/10	21	9.41	197.61
11/29/10	100	9.4	940
11/29/10	100	9.4	940
11/29/10	100	9.4	940
11/29/10	100	9.4	940
11/29/10	100	9.4	940
11/29/10	100	9.4	940
11/29/10	100	9.4	940
11/29/10	100	9.4	940
11/29/10	100	9.4	940
11/29/10	100	9.4	940
11/29/10	100	9.4	940
11/29/10	100	9.4	940
11/29/10	100	9.4	940
11/29/10	100	9.4	940
11/29/10	100	9.4	940
11/29/10	100	9.41	941
11/29/10	100	9.41	941
11/29/10	100	9.41	941
11/29/10	300	9.41	2823
11/29/10	100	9.41	941
11/29/10	100	9.41	941
11/30/10	100	9.4	940
11/30/10	100	9.46	946
11/30/10	200	9.47	1894
11/30/10	100	9.46	946
11/30/10	100	9.46	946
11/30/10	100	9.44	944
11/30/10	100	9.44	944
11/30/10	100	9.44	944
11/30/10	100	9.43	943
11/30/10	100	9.43	943
11/30/10	100	9.43	943
11/30/10	100	9.43	943
11/30/10	100	9.43	943
11/30/10	100	9.43	943
11/30/10	100	9.45	945
11/30/10	100	9.45	945
11/30/10	100	9.46	946
11/30/10	100	9.45	945
11/30/10	100	9.46	946
11/30/10	100	9.475	947.5
11/30/10	100	9.48	948
11/30/10	200	9.52	1904
11/30/10	300	9.51	2853
11/30/10	100	9.54	954
11/30/10	100	9.54	954
11/30/10	100	9.54	954

Edgar Filing: TSAKOS ENERGY NAVIGATION LTD - Form SC 13D/A

11/30/10	100	9.55	955
11/30/10	100	9.55	955
11/30/10	100	9.55	955
11/30/10	100	9.56	956
11/30/10	100	9.55	955
11/30/10	100	9.52	952
11/30/10	100	9.55	955
11/30/10	200	9.56	1912
11/30/10	100	9.56	956
11/30/10	200	9.56	1912
11/30/10	400	9.52	3808
11/30/10	100	9.51	951
11/30/10	100	9.52	952
11/30/10	200	9.52	1904
11/30/10	100	9.52	952
11/30/10	100	9.6	960
11/30/10	200	9.6	1920
11/30/10	200	9.59	1918
11/30/10	100	9.59	959
11/30/10	100	9.59	959
11/30/10	100	9.59	959
11/30/10	100	9.59	959
11/30/10	100	9.59	959
11/30/10	100	9.59	959
11/30/10	100	9.68	968
11/30/10	200	9.67	1934
11/30/10	100	9.67	967
11/30/10	100	9.66	966
11/30/10	100	9.66	966
11/30/10	100	9.66	966
11/30/10	100	9.61	961
11/30/10	100	9.61	961
11/30/10	100	9.61	961
11/30/10	100	9.61	961
11/30/10	100	9.61	961
11/30/10	100	9.61	961
11/30/10	100	9.61	961
11/30/10	100	9.61	961
11/30/10	100	9.6	960
11/30/10	200	9.63	1926
11/30/10	100	9.63	963
11/30/10	100	9.63	963
11/30/10	100	9.63	963
11/30/10	100	9.63	963
11/30/10	100	9.62	962
11/30/10	100	9.62	962
11/30/10	200	9.66	1932
11/30/10	400	9.66	3864
11/30/10	100	9.66	966
11/30/10	200	9.69	1938
11/30/10	200	9.69	1938
11/30/10	100	9.68	968
11/30/10	100	9.68	968
11/30/10	100	9.67	967
11/30/10	100	9.67	967
11/30/10	100	9.67	967
11/30/10	100	9.67	967
11/30/10	100	9.66	966

Edgar Filing: TSAKOS ENERGY NAVIGATION LTD - Form SC 13D/A

11/30/10	100	9.67	967
11/30/10	300	9.68	2904
11/30/10	100	9.68	968
11/30/10	100	9.68	968
11/30/10	100	9.68	968
11/30/10	100	9.68	968
11/30/10	100	9.68	968
11/30/10	100	9.68	968
11/30/10	100	9.68	968
11/30/10	100	9.67	967
11/30/10	100	9.68	968
11/30/10	100	9.68	968
11/30/10	100	9.68	968
11/30/10	100	9.68	968
11/30/10	200	9.68	1936
11/30/10	100	9.68	968
11/30/10	100	9.68	968
11/30/10	100	9.68	968
11/30/10	100	9.69	969
11/30/10	300	9.69	2907
11/30/10	100	9.69	969
11/30/10	100	9.69	969
11/30/10	100	9.69	969
11/30/10	100	9.69	969
11/30/10	100	9.67	967
11/30/10	100	9.67	967
11/30/10	100	9.66	966
11/30/10	100	9.68	968
11/30/10	100	9.69	969
11/30/10	100	9.68	968
11/30/10	100	9.68	968
11/30/10	100	9.68	968
11/30/10	100	9.68	968
11/30/10	100	9.68	968
11/30/10	100	9.68	968
11/30/10	100	9.68	968
11/30/10	100	9.68	968
11/30/10	300	9.68	2904
11/30/10	100	9.68	968
11/30/10	100	9.67	967
11/30/10	100	9.67	967
11/30/10	100	9.67	967
11/30/10	100	9.67	967
11/30/10	100	9.67	967
11/30/10	200	9.67	1934
11/30/10	100	9.67	967
11/30/10	100	9.67	967
11/30/10	200	9.67	1934
11/30/10	100	9.67	967
11/30/10	100	9.66	966
11/30/10	100	9.66	966
11/30/10	100	9.66	966
11/30/10	100	9.66	966
11/30/10	400	9.68	3872
11/30/10	400	9.68	3872
11/30/10	100	9.68	968
11/30/10	100	9.69	969
11/30/10	100	9.69	969

Edgar Filing: TSAKOS ENERGY NAVIGATION LTD - Form SC 13D/A

11/30/10	100	9.69	969
11/30/10	100	9.68	968
11/30/10	100	9.68	968
11/30/10	100	9.68	968
11/30/10	100	9.68	968
11/30/10	100	9.68	968
11/30/10	200	9.69	1938
11/30/10	100	9.69	969
11/30/10	100	9.69	969
11/30/10	500	9.69	4845
11/30/10	100	9.69	969
11/30/10	27	9.71	262.17
11/30/10	173	9.71	1679.83
11/30/10	100	9.71	971
11/30/10	100	9.71	971
11/30/10	100	9.71	971
11/30/10	100	9.72	972
11/30/10	100	9.72	972
11/30/10	100	9.72	972
11/30/10	500	9.72	4860
11/30/10	100	9.71	971
11/30/10	100	9.71	971
11/30/10	100	9.71	971
11/30/10	100	9.71	971
11/30/10	100	9.71	971
11/30/10	100	9.71	971
11/30/10	100	9.72	972
11/30/10	100	9.72	972
11/30/10	200	9.72	1944
11/30/10	100	9.73	973
11/30/10	100	9.73	973
11/30/10	200	9.74	1948
11/30/10	100	9.74	974
11/30/10	200	9.74	1948
11/30/10	23	9.79	225.17
11/30/10	100	9.79	979
11/30/10	77	9.79	753.83
11/30/10	200	9.8	1960
11/30/10	200	9.8	1960
11/30/10	100	9.8	980
11/30/10	100	9.82	982
11/30/10	100	9.82	982
11/30/10	100	9.82	982
11/30/10	200	9.82	1964
11/30/10	200	9.82	1964
11/30/10	100	9.82	982
11/30/10	100	9.82	982
11/30/10	100	9.8	980
11/30/10	100	9.81	981
11/30/10	100	9.81	981
11/30/10	100	9.81	981
11/30/10	100	9.81	981
11/30/10	100	9.81	981
11/30/10	100	9.81	981
11/30/10	100	9.81	981
11/30/10	100	9.81	981

Edgar Filing: TSAKOS ENERGY NAVIGATION LTD - Form SC 13D/A

11/30/10	100	9.82	982
11/30/10	100	9.82	982
11/30/10	100	9.815	981.5
11/30/10	100	9.82	982
11/30/10	100	9.815	981.5
11/30/10	100	9.82	982
11/30/10	100	9.83	983
11/30/10	100	9.83	983
11/30/10	100	9.83	983
12/1/2010	100	10	1000
12/1/2010	100	10	1000
12/1/2010	100	10	1000
12/1/2010	53	10	530
12/1/2010	100	10	1000
12/1/2010	47	10	470
12/6/10	100	10.38	1038
12/6/10	100	10.37	1037
12/6/10	100	10.37	1037
12/6/10	100	10.36	1036
12/6/10	100	10.35	1035
12/6/10	100	10.33	1033
12/6/10	100	10.32	1032
12/6/10	100	10.33	1033
12/6/10	100	10.32	1032
12/6/10	100	10.32	1032
12/6/10	100	10.32	1032
12/6/10	100	10.32	1032
12/6/10	100	10.32	1032
12/6/10	100	10.32	1032
12/6/10	100	10.31	1031
12/6/10	100	10.31	1031
12/6/10	100	10.31	1031
12/6/10	100	10.31	1031
12/6/10	100	10.31	1031
12/6/10	100	10.31	1031
12/6/10	100	10.3	1030
12/6/10	100	10.31	1031
12/6/10	100	10.31	1031
12/6/10	100	10.31	1031
12/6/10	100	10.3	1030
12/6/10	100	10.31	1031
12/6/10	100	10.3	1030
12/6/10	100	10.3	1030
12/6/10	100	10.27	1027
12/6/10	100	10.26	1026
12/6/10	100	10.28	1028
12/6/10	100	10.28	1028
12/6/10	100	10.29	1029
12/6/10	100	10.29	1029
12/6/10	100	10.3	1030

Edgar Filing: TSAKOS ENERGY NAVIGATION LTD - Form SC 13D/A

12/6/10	100	10.3	1030
12/6/10	100	10.3	1030
12/6/10	100	10.29	1029
12/6/10	100	10.29	1029
12/6/10	100	10.3	1030
12/6/10	100	10.29	1029
12/6/10	100	10.3	1030
12/6/10	100	10.3	1030
12/6/10	100	10.31	1031
12/6/10	100	10.31	1031
12/6/10	100	10.31	1031
12/6/10	100	10.3	1030
12/6/10	100	10.3	1030
12/6/10	100	10.3	1030
12/6/10	100	10.31	1031
12/6/10	100	10.31	1031
12/6/10	100	10.31	1031
12/7/10	100	10.32	1032
12/7/10	100	10.32	1032
12/7/10	100	10.31	1031
12/7/10	100	10.31	1031
12/7/10	100	10.32	1032
12/7/10	100	10.3	1030
12/7/10	100	10.3	1030
12/7/10	100	10.31	1031
12/7/10	100	10.31	1031
12/7/10	100	10.32	1032
12/7/10	100	10.33	1033
12/7/10	100	10.3	1030
12/7/10	100	10.33	1033
12/7/10	38	10.34	392.92
12/7/10	62	10.34	641.08
12/7/10	100	10.34	1034
12/7/10	88	10.4	915.2
12/7/10	100	10.35	1035
12/7/10	100	10.36	1036
12/7/10	12	10.4	124.8
12/7/10	100	10.41	1041
12/7/10	100	10.4	1040
12/7/10	100	10.41	1041
12/7/10	100	10.41	1041
12/7/10	20	10.42	208.4
12/7/10	80	10.42	833.6
12/7/10	100	10.42	1042
12/7/10	100	10.43	1043
12/7/10	100	10.41	1041
12/7/10	100	10.41	1041
12/7/10	100	10.42	1042
12/7/10	100	10.42	1042
12/7/10	100	10.42	1042
12/7/10	100	10.49	1049
12/7/10	100	10.49	1049
12/7/10	100	10.5	1050

Edgar Filing: TSAKOS ENERGY NAVIGATION LTD - Form SC 13D/A

12/7/10	100	10.5	1050
12/7/10	100	10.48	1048
12/7/10	100	10.49	1049
12/7/10	86	10.49	902.14
12/7/10	14	10.49	146.86
12/7/10	100	10.5	1050
12/7/10	100	10.5	1050
12/7/10	100	10.5	1050
12/7/10	200	10.5	2100
12/7/10	100	10.5	1050
12/7/10	100	10.5	1050
12/7/10	100	10.49	1049
12/7/10	100	10.49	1049
12/7/10	100	10.49	1049
12/7/10	100	10.48	1048
12/7/10	100	10.47	1047
12/7/10	100	10.47	1047
12/15/10	100	10.06	1006
12/15/10	100	10.05	1005
12/15/10	100	10.06	1006
12/15/10	100	10.06	1006
12/15/10	100	10.05	1005
12/15/10	100	10.05	1005
12/15/10	100	10.05	1005
12/15/10	100	10.04	1004
12/15/10	100	10.05	1005
12/15/10	100	10.06	1006
12/15/10	100	10.05	1005
12/15/10	100	10.05	1005
12/15/10	100	10.05	1005
12/15/10	100	10.05	1005
12/15/10	100	10.05	1005
12/15/10	100	10.05	1005
12/15/10	100	10.05	1005
12/15/10	100	10.05	1005
12/15/10	100	10.05	1005
12/15/10	100	10.05	1005
12/15/10	100	10.05	1005
12/15/10	100	10.05	1005
12/15/10	100	10.04	1004
12/15/10	100	10.04	1004
12/15/10	100	10.05	1005
12/15/10	100	10.05	1005
12/15/10	100	10.05	1005
12/15/10	100	10.05	1005
12/15/10	100	10.04	1004
12/15/10	100	10.04	1004
12/15/10	100	10.04	1004
12/15/10	100	10.02	1002
12/15/10	100	10.02	1002
12/15/10	100	10.01	1001
12/15/10	100	9.99	999
12/15/10	100	9.99	999
12/15/10	100	9.99	999
12/15/10	100	9.97	997
12/15/10	100	9.97	997
12/15/10	100	9.96	996

Edgar Filing: TSAKOS ENERGY NAVIGATION LTD - Form SC 13D/A

12/15/10	100	9.97	997
12/15/10	100	9.98	998
12/15/10	100	10.02	1002
12/15/10	100	10.01	1001
12/15/10	100	10.02	1002
12/15/10	100	10.03	1003
12/15/10	100	10.04	1004
12/15/10	100	10.05	1005
12/15/10	100	10.05	1005
12/15/10	100	10.06	1006
12/15/10	100	10.06	1006
12/15/10	100	10.06	1006
12/15/10	100	10.06	1006
12/15/10	200	10.06	2012
12/15/10	100	10.06	1006
12/15/10	100	10.03	1003
12/15/10	100	10.03	1003
12/15/10	100	10.04	1004
12/15/10	100	10.03	1003
12/15/10	200	10.05	2010
12/15/10	200	10.05	2010
12/15/10	100	10.02	1002
12/15/10	100	10.02	1002
12/15/10	100	10.01	1001
12/15/10	100	9.98	998
12/15/10	100	9.99	999
12/15/10	100	9.97	997
12/15/10	100	9.95	995
12/15/10	100	9.95	995
12/15/10	100	9.97	997
12/15/10	100	9.97	997
12/15/10	100	9.97	997
12/15/10	100	9.97	997
12/15/10	100	9.97	997
12/15/10	100	9.99	999
12/15/10	100	9.99	999
12/15/10	100	9.98	998
12/15/10	100	9.97	997
12/15/10	100	9.97	997
12/15/10	200	10.01	2002
12/15/10	100	10.03	1003
12/15/10	100	10.03	1003
12/15/10	300	10.02	3006
12/15/10	100	10.01	1001
12/15/10	100	10.04	1004
12/15/10	100	10.03	1003
12/15/10	200	10.04	2008
12/15/10	100	10.03	1003
12/15/10	100	10.04	1004
12/15/10	100	10.04	1004
12/15/10	100	10.03	1003
12/15/10	100	10.04	1004
12/15/10	100	10.04	1004
12/15/10	100	10.05	1005
12/15/10	100	10.04	1004
12/15/10	100	10.04	1004
12/15/10	100	10.04	1004



Edgar Filing: TSAKOS ENERGY NAVIGATION LTD - Form SC 13D/A

12/16/10	100	9.91	991
12/16/10	100	9.92	992
12/16/10	100	9.92	992
12/16/10	100	9.91	991
12/16/10	100	9.91	991
12/16/10	100	9.92	992
12/16/10	100	9.91	991
12/16/10	100	9.91	991
12/16/10	100	9.91	991
12/16/10	100	9.91	991
12/16/10	100	9.91	991
12/16/10	100	9.92	992
12/16/10	100	9.92	992
12/16/10	100	9.93	993
12/16/10	100	9.93	993
12/16/10	100	9.93	993
12/16/10	100	9.92	992
12/16/10	100	9.91	991
12/16/10	100	9.91	991
12/16/10	100	9.91	991
12/16/10	100	9.91	991
12/16/10	100	9.91	991
12/16/10	100	9.91	991
12/16/10	100	9.91	991
12/16/10	100	9.91	991
12/16/10	100	9.91	991
12/16/10	100	9.91	991
12/16/10	100	9.91	991
12/16/10	80	9.91	792.8
12/16/10	100	9.91	991
12/16/10	20	9.91	198.2
12/16/10	80	9.91	792.8
12/16/10	20	9.91	198.2
12/16/10	100	9.91	991
12/16/10	100	9.9	990
12/16/10	100	9.9	990
12/16/10	100	9.91	991
12/16/10	100	9.91	991
12/16/10	100	9.93	993
12/16/10	100	9.93	993
12/16/10	100	9.91	991
12/16/10	300	9.91	2973
12/16/10	100	9.91	991
12/16/10	100	9.91	991
12/16/10	100	9.91	991
12/16/10	100	9.91	991
12/16/10	100	9.91	991
12/16/10	100	9.9	990
12/16/10	100	9.91	991
12/16/10	100	9.9	990
12/16/10	100	9.9	990
12/16/10	100	9.9	990
12/16/10	100	9.9	990
12/16/10	100	9.9	990
12/16/10	100	9.9	990
12/16/10	100	9.89	989
12/16/10	100	9.89	989

Edgar Filing: TSAKOS ENERGY NAVIGATION LTD - Form SC 13D/A

12/16/10	100	9.89	989
12/16/10	100	9.89	989
12/16/10	100	9.89	989
12/16/10	100	9.89	989
12/16/10	100	9.9	990
12/16/10	100	9.89	989
12/16/10	100	9.89	989
12/16/10	100	9.89	989
12/16/10	100	9.9	990
12/16/10	100	9.9	990
12/16/10	100	9.9	990
12/16/10	100	9.9	990
12/16/10	100	9.9	990
12/16/10	100	9.9	990
12/16/10	100	9.9	990
12/16/10	100	9.9	990
12/16/10	100	9.9	990
12/16/10	1300	9.91	12883
12/16/10	100	9.91	991
12/16/10	100	9.89	989
12/16/10	100	9.9	990
12/16/10	100	9.91	991
12/16/10	100	9.91	991
12/16/10	100	9.91	991
12/16/10	100	9.91	991
12/16/10	100	9.91	991
12/16/10	100	9.91	991
12/16/10	100	9.94	994
12/16/10	100	9.94	994
12/16/10	100	9.94	994
12/16/10	300	9.94	2982
12/16/10	300	9.94	2982
12/16/10	100	9.94	994
12/16/10	100	9.94	994
12/16/10	100	9.94	994
12/16/10	100	9.94	994
12/16/10	100	9.94	994
12/16/10	100	9.94	994
12/16/10	100	9.94	994
12/16/10	100	9.94	994
12/16/10	100	9.94	994
12/16/10	100	9.94	994
12/16/10	100	9.94	994
12/16/10	100	9.94	994
12/16/10	100	9.94	994
12/16/10	100	9.93	993
12/16/10	100	9.94	994
12/16/10	100	9.94	994
12/16/10	100	9.92	992
12/16/10	100	9.94	994
12/16/10	100	9.94	994
12/16/10	100	9.94	994
12/16/10	100	9.94	994
12/16/10	200	9.94	1988
12/16/10	100	9.94	994
12/16/10	100	9.94	994
12/16/10	100	9.94	994
12/16/10	100	9.95	995
12/16/10	100	9.95	995
12/16/10	200	9.95	1990
12/16/10	100	9.95	995

Edgar Filing: TSAKOS ENERGY NAVIGATION LTD - Form SC 13D/A

12/16/10	300	9.95	2985
12/16/10	100	9.95	995
12/16/10	100	9.95	995
12/16/10	100	9.95	995
12/16/10	300	9.95	2985
12/16/10	300	9.95	2985
12/16/10	100	9.95	995
12/16/10	100	9.95	995
12/16/10	100	9.96	996
12/16/10	200	9.96	1992
12/16/10	100	9.965	996.5
12/16/10	100	9.96	996
12/16/10	300	9.96	2988
12/16/10	200	9.96	1992
12/16/10	200	9.96	1992
12/16/10	100	9.95	995
12/16/10	100	9.95	995
12/16/10	200	9.93	1986
12/16/10	100	9.93	993
12/16/10	100	9.93	993
12/16/10	100	9.94	994
12/16/10	100	9.94	994
12/16/10	300	9.94	2982
12/16/10	100	9.93	993
12/16/10	100	9.94	994
12/16/10	100	9.94	994
12/16/10	200	9.94	1988
12/16/10	100	9.94	994
12/16/10	100	9.94	994
12/16/10	200	9.95	1990
12/16/10	100	9.95	995
12/16/10	100	9.95	995
12/16/10	300	9.95	2985
12/16/10	100	9.95	995
12/16/10	100	9.97	997
12/16/10	100	9.97	997
12/16/10	200	9.98	1996
12/16/10	200	9.98	1996
12/16/10	100	9.98	998
12/16/10	100	9.99	999
12/16/10	100	9.99	999
12/16/10	200	9.98	1996
12/16/10	100	9.98	998
12/16/10	100	9.98	998
12/16/10	100	9.98	998
12/16/10	100	9.98	998
12/16/10	100	9.98	998
12/16/10	100	9.99	999
12/16/10	400	9.99	3996
12/16/10	100	9.91	991
12/16/10	100	9.91	991
12/16/10	100	9.91	991
12/16/10	100	9.91	991
12/16/10	100	9.91	991
12/16/10	100	9.91	991
12/16/10	100	9.92	992

Edgar Filing: TSAKOS ENERGY NAVIGATION LTD - Form SC 13D/A

12/16/10	35	9.92	347.2
12/16/10	65	9.92	644.8
12/16/10	100	9.92	992
12/16/10	100	9.92	992
12/16/10	100	9.93	993
12/16/10	100	9.93	993
12/16/10	100	9.94	994
12/16/10	100	9.94	994
12/16/10	100	9.94	994
12/16/10	100	9.95	995
12/16/10	100	9.95	995
12/16/10	100	9.95	995
12/16/10	100	9.94	994
12/16/10	100	9.92	992
12/16/10	100	9.93	993
12/16/10	100	9.93	993
12/16/10	100	9.94	994
12/16/10	100	9.935	993.5
12/16/10	200	9.935	1987
12/16/10	98	9.93	973.14
12/16/10	100	9.93	993
12/16/10	102	9.95	1014.9
12/16/10	100	9.95	995
12/16/10	100	9.94	994
12/16/10	100	9.94	994
12/16/10	100	9.94	994
12/16/10	100	9.945	994.5
12/16/10	100	9.95	995
12/16/10	50	9.95	497.5
12/16/10	100	9.95	995
12/16/10	100	9.95	995
12/16/10	50	9.95	497.5
12/16/10	100	9.96	996
12/16/10	100	9.96	996
12/16/10	100	9.95	995
12/16/10	100	9.96	996
12/16/10	100	9.96	996
12/16/10	100	9.95	995
12/16/10	100	9.95	995
12/16/10	100	9.955	995.5
12/16/10	100	9.95	995
12/16/10	100	9.955	995.5
12/16/10	100	9.95	995
12/16/10	100	9.97	997
12/16/10	100	9.97	997
12/16/10	100	9.97	997
12/16/10	100	9.97	997
12/16/10	100	9.97	997
12/16/10	100	9.97	997
12/16/10	100	9.965	996.5
12/16/10	100	9.96	996
12/16/10	100	9.96	996
12/16/10	100	9.96	996
12/16/10	100	9.96	996
12/16/10	100	9.96	996
12/16/10	100	9.96	996

Edgar Filing: TSAKOS ENERGY NAVIGATION LTD - Form SC 13D/A

12/16/10	100	9.95	995
12/16/10	100	9.95	995
12/16/10	100	9.95	995
12/16/10	100	9.93	993
12/16/10	100	9.94	994
12/16/10	100	9.94	994
12/16/10	100	9.93	993
12/16/10	100	9.94	994
12/16/10	100	9.94	994
12/16/10	100	9.94	994
12/16/10	100	9.93	993
12/16/10	100	9.93	993
12/16/10	100	9.94	994
12/16/10	100	9.95	995
12/16/10	100	9.95	995
12/16/10	200	9.94	1988
12/16/10	100	9.95	995
12/16/10	100	9.94	994
12/16/10	100	9.94	994
12/16/10	100	9.97	997
12/16/10	100	9.97	997
12/16/10	100	9.97	997
12/16/10	23	9.96	229.08
12/16/10	100	9.97	997
12/16/10	77	9.97	767.69
12/16/10	100	9.98	998
12/16/10	100	9.98	998
12/16/10	100	9.98	998
12/16/10	100	9.98	998
12/16/10	100	9.99	999
12/16/10	100	9.99	999
12/16/10	100	9.99	999
12/16/10	100	9.99	999
12/16/10	100	9.99	999
12/16/10	100	9.99	999
12/16/10	100	9.99	999
12/16/10	100	9.99	999
12/16/10	100	9.99	999
12/16/10	200	9.99	1998
12/17/10	100	9.91	991
12/17/10	100	9.92	992
12/17/10	100	9.93	993
12/17/10	100	9.93	993
12/17/10	100	9.93	993
12/17/10	100	9.93	993
12/17/10	100	9.93	993
12/17/10	100	9.93	993
12/17/10	100	9.97	997
12/17/10	100	9.97	997
12/17/10	100	9.99	999
12/17/10	100	9.99	999
12/17/10	100	10	1000
12/17/10	100	10	1000
12/17/10	100	10	1000
12/17/10	100	10	1000



Edgar Filing: TSAKOS ENERGY NAVIGATION LTD - Form SC 13D/A

12/17/10	100	9.93	993
12/17/10	100	9.93	993
12/17/10	100	9.93	993
12/17/10	100	9.93	993
12/17/10	100	9.93	993
12/17/10	100	9.93	993
12/17/10	100	9.93	993
12/17/10	100	9.93	993
12/17/10	100	9.93	993
12/17/10	100	9.93	993
12/17/10	100	9.93	993
12/17/10	100	9.93	993
12/17/10	100	9.94	994
12/17/10	100	9.96	996
12/17/10	100	9.96	996
12/17/10	100	9.97	997
12/17/10	100	9.97	997
12/17/10	100	9.97	997
12/17/10	100	10	1000
12/17/10	100	10	1000
12/17/10	100	9.99	999
12/17/10	100	10.02	1002
12/17/10	200	10.02	2004
12/17/10	200	10.03	2006
12/17/10	100	10.03	1003
12/17/10	100	10.03	1003
12/17/10	100	10.01	1001
12/17/10	100	10	1000
12/17/10	100	10	1000
12/17/10	100	10	1000
12/17/10	100	10	1000
12/17/10	100	10	1000
12/17/10	100	10	1000
12/17/10	100	10	1000
12/17/10	200	10	2000
12/17/10	100	10	1000
12/17/10	200	10	2000
12/17/10	100	10.03	1003
12/17/10	100	10.01	1001
12/17/10	100	10.01	1001
12/17/10	100	10.03	1003
12/17/10	100	10.03	1003
12/17/10	100	10.01	1001
12/17/10	100	10.01	1001
12/17/10	100	10.01	1001
12/17/10	100	10.01	1001
12/17/10	100	10.01	1001
12/17/10	100	10.01	1001
12/17/10	100	10.01	1001
12/17/10	100	10.01	1001
12/17/10	100	10.01	1001
12/17/10	100	10.02	1002
12/17/10	100	10.01	1001
12/17/10	100	10.01	1001
12/17/10	100	10.01	1001
12/17/10	100	10.01	1001

Edgar Filing: TSAKOS ENERGY NAVIGATION LTD - Form SC 13D/A

12/17/10	100	10.01	1001
12/17/10	100	10.01	1001
12/17/10	100	10	1000
12/17/10	100	10	1000
12/17/10	100	10	1000
12/17/10	100	9.99	999
12/17/10	100	9.99	999
12/17/10	100	9.99	999
12/17/10	100	9.99	999
12/17/10	100	10	1000
12/17/10	100	10	1000
12/17/10	100	10	1000
12/17/10	29	9.99	289.71
12/17/10	100	10	1000
12/17/10	71	10.02	711.42
12/17/10	100	10.02	1002
12/17/10	200	10.01	2002
12/17/10	100	10.01	1001
12/17/10	200	10.005	2001
12/17/10	100	10.01	1001
12/17/10	100	10	1000
12/17/10	48	10.03	481.44
12/17/10	52	10.03	521.56
12/17/10	200	10.03	2006
12/17/10	100	10.025	1002.5
12/17/10	500	10.03	5015
12/17/10	100	10.03	1003
12/17/10	100	10.03	1003
12/17/10	100	10.02	1002
12/17/10	100	10.02	1002
12/17/10	100	10.01	1001
12/17/10	100	10.02	1002
12/17/10	100	10.01	1001
12/17/10	100	10.01	1001
12/17/10	100	10.01	1001
12/17/10	100	10.01	1001
12/17/10	100	10.01	1001
12/17/10	100	10.01	1001
12/17/10	51	10.01	510.51
12/17/10	100	10	1000
12/17/10	100	10	1000
12/17/10	100	10	1000
12/17/10	49	10.01	490.49
12/17/10	100	10	1000
12/17/10	100	9.99	999
12/17/10	100	9.99	999
12/17/10	100	9.99	999
12/17/10	100	10.02	1002
12/17/10	100	10.02	1002
12/17/10	100	10.02	1002
12/17/10	400	10.02	4008
12/17/10	100	10.02	1002
12/17/10	100	10.02	1002
12/17/10	100	10.02	1002
12/17/10	100	10.02	1002
12/17/10	100	10.02	1002
12/17/10	100	10.01	1001





Edgar Filing: TSAKOS ENERGY NAVIGATION LTD - Form SC 13D/A

12/17/10	100	10.01	1001
12/17/10	100	10.01	1001
12/17/10	100	10.01	1001
12/17/10	100	10.01	1001
12/17/10	100	10.01	1001
12/17/10	100	10.02	1002
12/17/10	100	10.02	1002
12/17/10	100	10.02	1002
12/17/10	100	10.02	1002
12/17/10	100	10.02	1002
12/17/10	100	10.02	1002
12/17/10	100	10.02	1002
12/17/10	100	10.02	1002
12/17/10	100	10.02	1002
12/17/10	100	10.02	1002
12/27/10	100	10.18	1018
12/27/10	100	10.18	1018
12/27/10	100	10.18	1018
12/27/10	100	10.18	1018
12/27/10	45	10.18	458.1
12/27/10	55	10.18	559.9
12/27/10	100	10.18	1018
12/27/10	100	10.18	1018
12/27/10	100	10.18	1018
12/27/10	100	10.18	1018
12/27/10	100	10.18	1018
12/27/10	100	10.18	1018
12/27/10	100	10.18	1018
12/27/10	100	10.18	1018
12/27/10	100	10.18	1018
12/27/10	200	10.18	2036
12/27/10	100	10.18	1018
12/27/10	200	10.18	2036
12/27/10	200	10.18	2036
12/27/10	200	10.18	2036
12/27/10	100	10.18	1018
12/27/10	100	10.18	1018
12/27/10	100	10.18	1018
12/27/10	100	10.18	1018
12/27/10	100	10.2	1020
12/27/10	100	10.19	1019
12/27/10	100	10.183	1018.3
12/27/10	100	10.19	1019
12/27/10	300	10.18	3054
12/27/10	100	10.18	1018
12/27/10	100	10.18	1018
12/27/10	100	10.17	1017
12/27/10	100	10.17	1017
12/27/10	300	10.16	3048
12/27/10	100	10.17	1017
12/27/10	300	10.17	3051
12/27/10	100	10.15	1015
12/27/10	100	10.15	1015
12/27/10	100	10.15	1015
12/27/10	100	10.14	1014
12/27/10	100	10.12	1012
12/27/10	100	10.12	1012
12/27/10	100	10.12	1012

Edgar Filing: TSAKOS ENERGY NAVIGATION LTD - Form SC 13D/A

12/27/10	100	10.12	1012
12/27/10	100	10.14	1014
12/27/10	100	10.14	1014
12/27/10	200	10.14	2028
12/27/10	100	10.14	1014
12/27/10	100	10.14	1014
12/27/10	100	10.14	1014
12/27/10	100	10.14	1014
12/27/10	100	10.14	1014
12/27/10	100	10.13	1013
12/27/10	100	10.13	1013
12/27/10	98	10.16	995.68
12/27/10	202	10.16	2052.32
12/27/10	300	10.16	3048
12/27/10	100	10.16	1016
12/27/10	300	10.16	3048
12/27/10	400	10.16	4064
12/27/10	100	10.16	1016
12/27/10	100	10.16	1016
12/27/10	100	10.15	1015
12/27/10	100	10.13	1013
12/27/10	100	10.14	1014
12/27/10	100	10.13	1013
12/27/10	100	10.14	1014
12/27/10	100	10.13	1013
12/27/10	100	10.13	1013
12/27/10	100	10.13	1013
12/27/10	100	10.13	1013
12/27/10	100	10.13	1013
12/27/10	100	10.13	1013
12/27/10	100	10.13	1013
12/27/10	100	10.13	1013
12/27/10	100	10.12	1012
12/27/10	100	10.11	1011
12/27/10	100	10.11	1011
12/27/10	100	10.11	1011
12/27/10	100	10.11	1011
12/27/10	100	10.11	1011
12/27/10	100	10.11	1011
12/27/10	100	10.11	1011
12/27/10	100	10.11	1011
12/27/10	100	10.1	1010
12/27/10	100	10.1	1010
12/27/10	100	10.1	1010
12/27/10	1	10.1	10.1
12/27/10	100	10.1	1010
12/27/10	100	10.1	1010
12/27/10	99	10.1	999.9
12/27/10	100	10.1	1010
12/27/10	100	10.09	1009
12/27/10	100	10.08	1008
12/27/10	100	10.07	1007
12/27/10	100	10.06	1006
12/27/10	100	10.06	1006

Edgar Filing: TSAKOS ENERGY NAVIGATION LTD - Form SC 13D/A

12/27/10	100	10.06	1006
12/27/10	100	10.06	1006
12/27/10	200	10.05	2010
12/27/10	100	10.05	1005
12/27/10	100	10.05	1005
12/27/10	100	10.05	1005
12/27/10	100	10.05	1005
12/27/10	100	10.055	1005.5
12/27/10	100	10.055	1005.5
12/27/10	100	10.07	1007
12/27/10	50	10.07	503.5
12/27/10	100	10.07	1007
12/27/10	100	10.07	1007
12/27/10	200	10.07	2014
12/27/10	100	10.07	1007
12/27/10	50	10.07	503.5
12/27/10	200	10.07	2014
12/27/10	100	10.06	1006
12/27/10	100	10.06	1006
12/27/10	49	10.06	492.94
12/27/10	100	10.07	1007
12/27/10	100	10.06	1006
12/27/10	100	10.07	1007
12/27/10	100	10.06	1006
12/27/10	100	10.06	1006
12/27/10	100	10.06	1006
12/27/10	100	10.07	1007
12/27/10	100	10.07	1007
12/27/10	100	10.07	1007
12/27/10	100	10.07	1007
12/27/10	100	10.07	1007
12/27/10	100	10.07	1007
12/27/10	100	10.07	1007
12/27/10	100	10.07	1007
12/27/10	100	10.07	1007
12/27/10	100	10.07	1007
12/27/10	151	10.08	1522.08
12/27/10	100	10.07	1007
12/27/10	100	10.07	1007
12/27/10	100	10.08	1008
12/27/10	100	10.08	1008
12/27/10	100	10.08	1008
12/27/10	100	10.08	1008
12/27/10	100	10.08	1008
12/27/10	100	10.08	1008
12/27/10	100	10.08	1008
12/27/10	100	10.08	1008
12/27/10	100	10.08	1008
12/27/10	100	10.08	1008
12/27/10	100	10.08	1008
12/27/10	100	10.09	1009
12/27/10	100	10.09	1009
12/27/10	100	10.09	1009
12/27/10	100	10.09	1009
12/27/10	200	10.09	2018
12/27/10	200	10.09	2018
12/27/10	100	10.09	1009
12/27/10	100	10.09	1009

Edgar Filing: TSAKOS ENERGY NAVIGATION LTD - Form SC 13D/A

12/27/10	100	10.09	1009
12/27/10	100	10.09	1009
12/27/10	100	10.1	1010
12/27/10	100	10.1	1010
12/27/10	49	10.1	494.9
12/27/10	100	10.11	1011
12/27/10	100	10.11	1011
12/27/10	100	10.105	1010.5
12/27/10	51	10.11	515.61
12/27/10	20	10.11	202.2
12/27/10	400	10.11	4044
12/27/10	80	10.11	808.8
12/27/10	100	10.11	1011
12/27/10	100	10.11	1011
12/27/10	100	10.11	1011
12/27/10	100	10.11	1011
12/27/10	100	10.13	1013
12/27/10	100	10.13	1013
12/27/10	100	10.13	1013
12/27/10	100	10.13	1013
12/27/10	100	10.14	1014
12/27/10	100	10.13	1013
12/27/10	200	10.14	2028
12/27/10	100	10.14	1014
12/27/10	100	10.14	1014
12/27/10	100	10.14	1014
12/27/10	100	10.14	1014
12/29/10	100	10	1000
12/29/10	100	10.01	1001
12/29/10	100	10.01	1001
12/29/10	100	10.01	1001
12/29/10	100	10.01	1001
12/29/10	100	10.02	1002
12/29/10	100	10.015	1001.5
12/29/10	98	10.02	981.96
12/29/10	2	10.02	20.04
12/29/10	100	10.02	1002
12/29/10	100	10.02	1002
12/29/10	100	10.05	1005
12/29/10	100	10.05	1005
12/29/10	100	10.05	1005
12/29/10	200	10.055	2011
12/29/10	100	10.055	1005.5
12/29/10	100	10.06	1006
12/29/10	100	10.06	1006
12/29/10	100	10.055	1005.5
12/29/10	100	10.055	1005.5
12/29/10	100	10.06	1006
12/29/10	100	10.055	1005.5
12/29/10	100	10.06	1006
12/29/10	100	10.05	1005
12/29/10	100	10.05	1005
12/29/10	100	10.05	1005
12/29/10	100	10.05	1005
12/29/10	100	10.05	1005
12/29/10	100	10.05	1005

Edgar Filing: TSAKOS ENERGY NAVIGATION LTD - Form SC 13D/A

12/29/10	100	10.05	1005
12/29/10	100	10.04	1004
12/29/10	100	10.06	1006
12/29/10	100	10.06	1006
12/29/10	400	10.06	4024
12/29/10	100	10.055	1005.5
12/29/10	100	10.055	1005.5
12/29/10	100	10.06	1006
12/29/10	300	10.07	3021
12/29/10	200	10.07	2014
12/29/10	100	10.08	1008
12/29/10	100	10.075	1007.5
12/29/10	100	10.08	1008
12/29/10	100	10.07	1007
12/29/10	100	10.08	1008
12/29/10	100	10.075	1007.5
12/29/10	100	10.08	1008
12/29/10	100	10.075	1007.5
12/29/10	100	10.08	1008
12/29/10	100	10.08	1008
12/29/10	100	10.08	1008
12/29/10	100	10.08	1008
12/29/10	100	10.08	1008
12/29/10	100	10.08	1008
12/29/10	100	10.08	1008
12/29/10	100	10.08	1008
12/29/10	100	10.08	1008
12/29/10	100	10.08	1008
12/29/10	100	10.08	1008
12/29/10	100	10.08	1008
12/29/10	100	10.08	1008
12/29/10	100	10.08	1008
12/29/10	100	10.08	1008
12/29/10	100	10.1	1010
12/29/10	400	10.095	4038
12/29/10	600	10.095	6057
12/29/10	100	10.09	1009
12/29/10	100	10.09	1009
12/29/10	100	10.1	1010
12/29/10	100	10.095	1009.5
12/29/10	100	10.095	1009.5
12/29/10	100	10.1	1010
12/29/10	100	10.1	1010
12/29/10	100	10.1	1010
12/29/10	100	10.1	1010
12/29/10	100	10.095	1009.5
12/29/10	100	10.1	1010
12/29/10	100	10.09	1009
12/29/10	100	10.095	1009.5
12/29/10	200	10.095	2019
12/29/10	200	10.1	2020
12/29/10	100	10.1	1010
12/29/10	100	10.1	1010
12/29/10	600	10.1	6060
12/29/10	100	10.1	1010
12/29/10	100	10.1	1010
12/29/10	100	10.1	1010

Edgar Filing: TSAKOS ENERGY NAVIGATION LTD - Form SC 13D/A

12/29/10	100	10.1	1010
12/29/10	100	10.1	1010
12/29/10	100	10.1	1010
12/29/10	100	10.1	1010
12/29/10	100	10.1	1010
12/29/10	100	10.1	1010
12/29/10	100	10.1	1010
12/29/10	100	10.1	1010
12/29/10	100	10.1	1010
12/29/10	100	10.1	1010
12/29/10	100	10.1	1010
12/29/10	100	10.1	1010
12/29/10	100	10.1	1010
12/29/10	100	10.1	1010
12/29/10	100	10.1	1010
12/29/10	100	10.1	1010
12/29/10	100	10.1	1010
12/29/10	100	10.1	1010
12/29/10	100	10.1	1010
12/29/10	100	10.1	1010
12/29/10	100	10.1	1010
12/29/10	100	10.1	1010
12/29/10	100	10.1	1010
12/29/10	100	10.1	1010
12/29/10	100	10.1	1010
12/29/10	100	10.09	1009
12/29/10	100	10.09	1009
12/29/10	100	10.09	1009
12/29/10	100	10.09	1009
12/29/10	100	10.09	1009
12/29/10	100	10.09	1009
12/29/10	100	10.09	1009
12/29/10	100	10.09	1009
12/29/10	100	10.09	1009
12/29/10	100	10.09	1009
12/29/10	100	10.09	1009
12/29/10	100	10.09	1009
12/29/10	100	10.09	1009
12/29/10	100	10.09	1009
12/29/10	100	10.09	1009
12/29/10	100	10.09	1009
12/29/10	100	10.09	1009
12/29/10	100	10.09	1009
12/29/10	100	10.09	1009
12/29/10	100	10.09	1009
12/29/10	100	10.09	1009
12/29/10	100	10.09	1009
12/29/10	100	10.09	1009
12/29/10	100	10.09	1009
12/29/10	100	10.08	1008
12/29/10	100	10.08	1008
12/29/10	100	10.08	1008
12/29/10	100	10.08	1008
12/29/10	200	10.09	2018
12/29/10	100	10.09	1009
12/29/10	100	10.1	1010

Edgar Filing: TSAKOS ENERGY NAVIGATION LTD - Form SC 13D/A

12/29/10	300	10.1	3030
12/29/10	200	10.1	2020
12/29/10	300	10.1	3030
12/29/10	400	10.1	4040
12/29/10	100	10.08	1008
12/29/10	100	10.08	1008
12/29/10	100	10.09	1009
12/29/10	100	10.09	1009
12/29/10	100	10.09	1009
12/29/10	100	10.08	1008
12/29/10	100	10.08	1008
12/29/10	100	10.08	1008
12/29/10	100	10.08	1008
12/29/10	100	10.08	1008
12/29/10	100	10.09	1009
12/29/10	100	10.09	1009
12/29/10	100	10.08	1008
12/29/10	100	10.08	1008
12/29/10	97	10.09	978.73
12/29/10	3	10.09	30.27
12/29/10	100	10.08	1008
12/29/10	100	10.08	1008
12/29/10	100	10.09	1009
12/29/10	100	10.08	1008
12/29/10	100	10.08	1008
12/29/10	100	10.08	1008
12/29/10	100	10.08	1008
12/29/10	100	10.08	1008
12/29/10	100	10.08	1008
12/29/10	100	10.08	1008
12/29/10	100	10.08	1008
12/29/10	100	10.08	1008
12/29/10	100	10.08	1008
12/29/10	100	10.08	1008
12/29/10	100	10.08	1008
12/29/10	100	10.08	1008
12/29/10	100	10.08	1008
12/29/10	100	10.08	1008
12/29/10	100	10.08	1008
12/29/10	100	10.08	1008
12/29/10	100	10.08	1008
12/29/10	100	10.08	1008
12/29/10	100	10.08	1008
12/29/10	100	10.07	1007
12/29/10	100	10.07	1007
12/29/10	100	10.07	1007
12/29/10	300	10.07	3021
12/29/10	100	10.07	1007
12/29/10	100	10.07	1007
12/29/10	100	10.07	1007
12/29/10	100	10.07	1007
12/29/10	100	10.07	1007
12/29/10	100	10.07	1007
12/29/10	100	10.07	1007
12/29/10	100	10.07	1007
12/29/10	200	10.07	2014
12/29/10	100	10.07	1007
12/29/10	100	10.07	1007
12/29/10	100	10.07	1007
12/29/10	100	10.1	1010
12/29/10	82	10.1	828.2
12/29/10	18	10.1	181.8
12/29/10	300	10.1	3030
12/29/10	100	10.09	1009
12/29/10	100	10.09	1009



Edgar Filing: TSAKOS ENERGY NAVIGATION LTD - Form SC 13D/A

12/29/10	300	10.09	3027
12/29/10	100	10.09	1009
12/29/10	300	10.09	3027
12/29/10	97	10.09	978.73
12/29/10	5	10.09	50.45
12/29/10	200	10.09	2018
12/29/10	98	10.09	988.82
12/29/10	100	10.08	1008
12/29/10	100	10.08	1008
12/29/10	100	10.08	1008
12/29/10	100	10.1	1010
12/29/10	100	10.1	1010
12/29/10	100	10.1	1010
12/29/10	100	10.1	1010
12/29/10	100	10.1	1010
12/29/10	100	10.1	1010
12/29/10	500	10.1	5050
12/29/10	100	10.09	1009
12/29/10	100	10.09	1009
12/29/10	200	10.09	2018
12/29/10	200	10.09	2018
12/29/10	1	10.09	10.09
12/29/10	100	10.09	1009
12/29/10	99	10.09	998.91
12/29/10	1	10.09	10.09
12/29/10	100	10.09	1009
12/29/10	99	10.09	998.91
12/29/10	100	10.09	1009
12/29/10	100	10.09	1009
12/29/10	100	10.09	1009
12/29/10	100	10.09	1009
12/29/10	100	10.1	1010
12/29/10	100	10.1	1010
12/29/10	100	10.1	1010
12/29/10	100	10.1	1010
12/29/10	100	10.1	1010
12/29/10	100	10.1	1010
12/29/10	100	10.1	1010
12/29/10	100	10.1	1010
12/29/10	100	10.1	1010
12/29/10	500	10.1	5050
12/29/10	200	10.11	2022
12/29/10	100	10.11	1011
12/29/10	300	10.11	3033
12/29/10	100	10.1	1010
12/29/10	100	10.11	1011
12/29/10	100	10.12	1012
12/29/10	100	10.12	1012
12/29/10	100	10.12	1012
12/29/10	100	10.12	1012
12/29/10	100	10.12	1012
12/29/10	100	10.12	1012
12/29/10	100	10.12	1012
12/29/10	100	10.13	1013
12/29/10	100	10.12	1012
12/29/10	100	10.12	1012



Edgar Filing: TSAKOS ENERGY NAVIGATION LTD - Form SC 13D/A

12/30/10	100	10.03	1003
12/30/10	100	10.03	1003
12/30/10	100	10.03	1003
12/30/10	100	10.03	1003
12/30/10	100	10.03	1003
12/30/10	100	10.03	1003
12/30/10	100	10.03	1003
12/30/10	100	10.02	1002
12/30/10	100	10.03	1003
12/30/10	1	10.03	10.03
12/30/10	99	10.03	992.97
12/30/10	100	10.03	1003
12/30/10	100	10.03	1003
12/30/10	100	10.03	1003
12/30/10	100	10.03	1003
12/30/10	100	10.03	1003
12/30/10	100	10.03	1003
12/30/10	100	10.03	1003
12/30/10	100	10.03	1003
12/30/10	100	10.03	1003
12/30/10	100	10.03	1003
12/30/10	100	10.03	1003
12/30/10	100	10.03	1003
12/30/10	100	10.03	1003
12/30/10	100	10.03	1003
12/30/10	100	10.03	1003
12/30/10	100	10.03	1003
12/30/10	100	10.03	1003
12/30/10	1	10.03	10.03
12/30/10	99	10.03	992.97
12/30/10	100	10.03	1003
12/30/10	100	10.02	1002
12/30/10	100	10.02	1002
12/30/10	100	10.02	1002
12/30/10	100	10.03	1003
12/30/10	1	10.03	10.03
12/30/10	199	10.04	1997.96
12/30/10	100	10.04	1004
12/30/10	100	10.04	1004
12/30/10	100	10.04	1004
12/30/10	100	10.04	1004
12/30/10	100	10.04	1004
12/30/10	100	10.04	1004
12/30/10	100	10.04	1004
12/30/10	100	10.04	1004
12/30/10	100	10.04	1004
12/30/10	100	10.04	1004
12/30/10	100	10.04	1004
12/30/10	100	10.04	1004
12/30/10	100	10.04	1004
12/30/10	100	10.04	1004
12/30/10	100	10	1000
12/30/10	100	10	1000
12/30/10	100	10	1000
12/30/10	100	10	1000
12/30/10	100	10	1000

Edgar Filing: TSAKOS ENERGY NAVIGATION LTD - Form SC 13D/A

12/30/10	100	10	1000
12/30/10	100	10	1000
12/30/10	100	10	1000
12/30/10	100	10	1000
12/30/10	100	10	1000
12/30/10	100	10	1000
12/30/10	100	10	1000
12/30/10	43	10	430
12/30/10	57	10	570
12/30/10	100	10	1000
12/30/10	100	10	1000
12/30/10	100	10	1000
12/30/10	500	10	5000
12/30/10	100	10	1000
12/30/10	100	10	1000
12/30/10	100	10	1000
12/30/10	100	10	1000
12/30/10	100	10	1000
12/30/10	100	9.99	999
12/30/10	100	9.99	999
12/30/10	100	9.99	999
12/30/10	100	9.99	999
12/30/10	100	9.99	999
12/30/10	200	9.99	1998
12/30/10	100	9.92	992
12/30/10	100	9.92	992
12/30/10	100	9.94	994
12/30/10	100	9.94	994
12/30/10	100	9.94	994
12/30/10	100	9.93	993
12/30/10	100	9.93	993
12/30/10	100	9.94	994
12/30/10	100	9.93	993
12/30/10	100	9.93	993
12/30/10	100	9.96	996
12/30/10	100	9.96	996
12/30/10	100	9.96	996
12/30/10	100	9.97	997
12/30/10	100	9.97	997
12/30/10	100	9.96	996
12/30/10	100	9.96	996
12/30/10	100	9.96	996
12/30/10	100	9.96	996
12/30/10	100	9.96	996
12/30/10	100	9.95	995
12/30/10	100	9.96	996
12/30/10	100	9.97	997
12/30/10	100	9.99	999
12/30/10	200	9.98	1996
12/30/10	100	9.99	999
12/30/10	200	10	2000
12/30/10	400	10	4000
12/30/10	100	9.98	998

Edgar Filing: TSAKOS ENERGY NAVIGATION LTD - Form SC 13D/A

12/30/10	100	9.99	999
12/30/10	100	9.99	999
12/30/10	200	9.99	1998
12/30/10	100	9.99	999
12/30/10	100	9.99	999
12/30/10	100	10	1000
12/30/10	100	10	1000
12/30/10	100	10	1000
12/30/10	100	10	1000
12/30/10	100	10	1000
12/30/10	100	10	1000
12/30/10	100	9.99	999
12/30/10	100	9.99	999
12/30/10	100	9.99	999
12/30/10	100	9.99	999
12/30/10	100	10	1000
12/30/10	100	10	1000
12/30/10	100	10	1000
12/30/10	100	10	1000
12/30/10	100	10	1000
12/30/10	100	10	1000
12/30/10	100	10	1000
12/30/10	100	10	1000
1/21/11	100	9.66	966
1/21/11	100	9.66	966
1/21/11	100	9.66	966
1/21/11	100	9.65	965
1/21/11	100	9.65	965
1/21/11	100	9.65	965
1/21/11	100	9.66	966
1/21/11	100	9.66	966
1/21/11	100	9.66	966
1/21/11	100	9.66	966
1/21/11	100	9.66	966
1/21/11	100	9.66	966
1/21/11	100	9.66	966
1/21/11	100	9.67	967
1/21/11	100	9.67	967
1/21/11	100	9.67	967
1/21/11	100	9.67	967
1/21/11	100	9.67	967
1/21/11	100	9.66	966
1/21/11	50	9.66	483
1/21/11	50	9.66	483
1/21/11	50	9.66	483
1/21/11	50	9.66	483
1/21/11	100	9.65	965
1/21/11	100	9.64	964
1/21/11	100	9.65	965
1/21/11	100	9.65	965
1/21/11	100	9.64	964
1/21/11	100	9.65	965
1/21/11	100	9.65	965
1/21/11	100	9.65	965
1/21/11	100	9.65	965
1/21/11	100	9.65	965
1/21/11	100	9.65	965

Edgar Filing: TSAKOS ENERGY NAVIGATION LTD - Form SC 13D/A

1/21/11	100	9.64	964
1/21/11	100	9.64	964
1/21/11	100	9.64	964
1/21/11	100	9.64	964
1/21/11	100	9.62	962
1/21/11	100	9.64	964
1/21/11	100	9.64	964
1/21/11	100	9.64	964
1/21/11	100	9.66	966
1/21/11	200	9.67	1934
1/21/11	100	9.68	968
1/21/11	100	9.7	970
1/21/11	100	9.7	970
1/21/11	100	9.69	969
1/21/11	100	9.69	969
1/21/11	300	9.69	2907
1/21/11	100	9.69	969
1/21/11	100	9.69	969
1/21/11	100	9.685	968.5
1/21/11	100	9.65	965
1/21/11	100	9.65	965
1/21/11	100	9.65	965
1/21/11	100	9.65	965
1/21/11	100	9.65	965
1/21/11	100	9.65	965
1/21/11	100	9.65	965
1/21/11	100	9.65	965
1/21/11	100	9.65	965
1/21/11	100	9.65	965
1/21/11	100	9.65	965
1/21/11	100	9.65	965
1/21/11	100	9.64	964
1/21/11	100	9.64	964
1/21/11	100	9.64	964
1/21/11	100	9.64	964
1/21/11	100	9.63	963
1/21/11	100	9.63	963
1/21/11	100	9.63	963
1/21/11	100	9.63	963
1/21/11	100	9.63	963
1/21/11	200	9.64	1928
1/21/11	100	9.64	964
1/21/11	100	9.64	964
1/21/11	100	9.64	964
1/21/11	100	9.64	964
1/21/11	100	9.62	962
1/21/11	100	9.62	962
1/21/11	100	9.62	962
1/21/11	100	9.64	964
1/21/11	200	9.64	1928
1/21/11	200	9.64	1928
1/21/11	100	9.64	964
1/21/11	100	9.64	964
1/21/11	100	9.64	964
1/21/11	100	9.64	964
1/21/11	100	9.64	964
1/21/11	100	9.63	963

---

1/21/11	100	9.63	963
1/21/11	100	9.63	963
1/21/11	100	9.63	963
1/21/11	100	9.62	962
1/21/11	100	9.61	961
1/21/11	100	9.61	961
1/21/11	100	9.62	962
1/21/11	100	9.61	961
1/21/11	100	9.61	961
1/21/11	100	9.64	964
1/21/11	100	9.64	964
1/21/11	300	9.64	2892
1/21/11	100	9.62	962
1/21/11	100	9.63	963
1/21/11	100	9.63	963
1/21/11	100	9.63	963
1/21/11	100	9.62	962
1/21/11	200	9.62	1924
1/21/11	100	9.63	963
1/21/11	100	9.62	962
1/21/11	97	9.62	933.14
1/21/11	100	9.63	963
1/21/11	100	9.63	963
1/21/11	100	9.63	963
1/21/11	100	9.63	963
1/21/11	100	9.62	962
1/21/11	100	9.62	962
1/21/11	100	9.62	962
1/21/11	100	9.62	962
1/21/11	100	9.62	962
1/21/11	100	9.62	962
1/21/11	100	9.62	962
1/21/11	100	9.62	962
1/21/11	100	9.62	962
1/21/11	100	9.62	962
1/21/11	3	9.615	28.845
1/21/11	100	9.62	962
1/21/11	100	9.62	962
1/21/11	100	9.62	962
1/21/11	100	9.61	961
1/21/11	100	9.61	961
1/21/11	100	9.61	961
1/21/11	100	9.61	961
1/21/11	100	9.61	961
1/21/11	100	9.61	961
1/21/11	100	9.6	960
1/21/11	100	9.6	960
1/21/11	100	9.62	962
1/21/11	100	9.62	962
1/21/11	100	9.62	962
1/21/11	100	9.62	962
1/21/11	100	9.61	961
1/21/11	100	9.62	962
1/21/11	100	9.62	962

---

1/21/11	100	9.61	961
1/21/11	100	9.62	962
	266,981	9.75	2,603,897



**Marsland Holdings Limited**

	No of Shares	Price	Total
12/8/10	100	10.27	1027
12/8/10	100	10.27	1027
12/8/10	100	10.27	1027
12/8/10	100	10.26	1026
12/8/10	100	10.27	1027
12/8/10	100	10.26	1026
12/8/10	100	10.26	1026
12/8/10	100	10.27	1027
12/8/10	100	10.26	1026
12/8/10	100	10.26	1026
12/8/10	100	10.27	1027
12/8/10	100	10.27	1027
12/8/10	100	10.27	1027
12/8/10	100	10.27	1027
12/8/10	100	10.28	1028
12/8/10	100	10.28	1028
12/8/10	100	10.29	1029
12/8/10	100	10.29	1029
12/8/10	100	10.3	1030
12/8/10	100	10.3	1030
12/8/10	100	10.29	1029
12/8/10	100	10.29	1029
12/8/10	100	10.3	1030
12/8/10	100	10.29	1029
12/8/10	100	10.27	1027
12/8/10	100	10.27	1027
12/8/10	100	10.28	1028
12/8/10	100	10.27	1027
12/8/10	100	10.28	1028
12/8/10	100	10.28	1028
12/8/10	100	10.29	1029
12/8/10	100	10.28	1028
12/8/10	100	10.27	1027
12/8/10	100	10.27	1027
12/8/10	100	10.27	1027
12/8/10	100	10.27	1027
12/8/10	100	10.27	1027
12/8/10	100	10.27	1027
12/8/10	100	10.27	1027
12/8/10	100	10.27	1027
12/8/10	100	10.27	1027
12/8/10	100	10.27	1027
12/8/10	100	10.27	1027
12/8/10	100	10.27	1027
12/8/10	100	10.27	1027
12/8/10	100	10.3	1030
12/8/10	100	10.28	1028
12/8/10	100	10.27	1027
12/8/10	100	10.26	1026
12/9/10	100	10.13	1013
12/8/10	100	10.13	1013
12/8/10	100	10.12	1012
12/8/10	100	10.13	1013

Edgar Filing: TSAKOS ENERGY NAVIGATION LTD - Form SC 13D/A

12/8/10	100	10.12	1012
12/8/10	100	10.13	1013
12/8/10	100	10.13	1013
12/8/10	100	10.13	1013
12/8/10	100	10.13	1013
12/8/10	100	10.15	1015
12/8/10	100	10.14	1014
12/8/10	100	10.15	1015
12/8/10	100	10.14	1014
12/8/10	100	10.14	1014
12/8/10	100	10.12	1012
12/8/10	100	10.1	1010
12/8/10	100	10.11	1011
12/8/10	100	10.11	1011
12/8/10	100	10.12	1012
12/8/10	100	10.12	1012
12/8/10	100	10.12	1012
12/8/10	100	10.11	1011
12/8/10	100	10.11	1011
12/8/10	100	10.12	1012
12/8/10	100	10.12	1012
12/8/10	100	10.12	1012
12/8/10	100	10.12	1012
12/8/10	100	10.11	1011
12/8/10	100	10.11	1011
12/8/10	100	10.12	1012
12/8/10	100	10.13	1013
12/8/10	100	10.16	1016
12/8/10	100	10.13	1013
12/8/10	100	10.11	1011
12/8/10	100	10.11	1011
12/8/10	100	10.11	1011
12/8/10	99	10.11	1000.89
12/8/10	1	10.11	10.11
12/8/10	100	10.12	1012
12/8/10	100	10.12	1012
12/8/10	100	10.12	1012
12/8/10	100	10.11	1011
12/8/10	100	10.11	1011
12/8/10	100	10.1	1010
12/8/10	100	10.1	1010
12/8/10	1	10.09	10.09
12/8/10	99	10.07	996.93
12/8/10	100	10.07	1007
12/8/10	100	10.06	1006
12/8/10	100	10.13	1013
12/8/10	100	10.14	1014
12/8/10	100	10.14	1014
12/8/10	100	10.16	1016
12/10/10	100	10.05	1005
12/10/10	100	10.06	1006
12/10/10	100	10.06	1006
12/10/10	100	10.06	1006
12/10/10	100	10.06	1006
12/10/10	100	10.06	1006
12/10/10	100	10.07	1007

Edgar Filing: TSAKOS ENERGY NAVIGATION LTD - Form SC 13D/A

12/10/10	100	10.07	1007
12/10/10	100	10.075	1007.5
12/10/10	100	10.08	1008
12/10/10	100	10.08	1008
12/10/10	100	10.09	1009
12/10/10	100	10.09	1009
12/10/10	100	10.09	1009
12/10/10	100	10.09	1009
12/10/10	100	10.09	1009
12/10/10	100	10.09	1009
12/10/10	100	10.08	1008
12/10/10	100	10.08	1008
12/10/10	100	10.09	1009
12/10/10	100	10.09	1009
12/10/10	100	10.09	1009
12/10/10	100	10.09	1009
12/10/10	100	10.09	1009
12/10/10	100	10.11	1011
12/10/10	100	10.11	1011
12/10/10	200	10.11	2022
12/10/10	100	10.11	1011
12/10/10	100	10.11	1011
12/10/10	200	10.1	2020
12/10/10	100	10.09	1009
12/10/10	100	10.08	1008
12/10/10	100	10.09	1009
12/10/10	100	10.09	1009
12/10/10	100	10.09	1009
12/10/10	100	10.09	1009
12/10/10	100	10.09	1009
12/10/10	100	10.09	1009
12/10/10	100	10.09	1009
12/10/10	100	10.09	1009
12/10/10	100	10.09	1009
12/10/10	100	10.09	1009
12/10/10	100	10.09	1009
12/10/10	100	10.09	1009
12/10/10	100	10.09	1009
12/10/10	100	10.08	1008
12/10/10	100	10.09	1009
12/10/10	100	10.09	1009
12/10/10	100	10.09	1009
12/10/10	100	10.1	1010
12/10/10	100	10.1	1010
12/10/10	300	10.1	3030
12/10/10	100	10.1	1010
12/10/10	100	10.1	1010
12/10/10	100	10.1	1010
12/10/10	100	10.1	1010
12/10/10	300	10.1	3030
12/10/10	100	10.09	1009
12/10/10	100	10.08	1008
12/10/10	100	10.08	1008
12/10/10	200	10.1	2020
12/10/10	100	10.1	1010
12/10/10	100	10.1	1010
12/10/10	100	10.1	1010
12/10/10	200	10.1	2020

Edgar Filing: TSAKOS ENERGY NAVIGATION LTD - Form SC 13D/A

12/10/10	100	10.1	1010
12/10/10	100	10.1	1010
12/10/10	100	10.1	1010
12/10/10	100	10.1	1010
12/10/10	100	10.1	1010
12/10/10	100	10.1	1010
12/10/10	100	10.1	1010
12/10/10	100	10.1	1010
12/10/10	100	10.1	1010
12/10/10	100	10.1	1010
12/10/10	100	10.12	1012
12/10/10	6	10.12	60.72
12/10/10	100	10.12	1012
12/10/10	100	10.12	1012
12/10/10	200	10.12	2024
12/10/10	100	10.13	1013
12/10/10	100	10.13	1013
12/10/10	100	10.13	1013
12/10/10	100	10.13	1013
12/10/10	100	10.14	1014
12/10/10	94	10.14	953.16
12/10/10	100	10.13	1013
12/10/10	200	10.13	2026
12/10/10	100	10.12	1012
12/10/10	100	10.12	1012
12/10/10	100	10.13	1013
12/10/10	100	10.13	1013
12/10/10	100	10.13	1013
12/10/10	100	10.13	1013
12/10/10	500	10.15	5075
12/10/10	200	10.15	2030
12/10/10	100	10.15	1015
12/10/10	100	10.15	1015
12/10/10	100	10.15	1015
12/10/10	200	10.15	2030
12/10/10	300	10.15	3045
12/10/10	100	10.15	1015
12/10/10	100	10.14	1014
12/10/10	100	10.14	1014
12/10/10	100	10.14	1014
12/10/10	100	10.15	1015
12/10/10	200	10.15	2030
12/10/10	200	10.14	2028
12/10/10	300	10.14	3042
12/10/10	100	10.14	1014
12/10/10	100	10.14	1014
12/10/10	100	10.14	1014
12/10/10	100	10.12	1012
12/10/10	100	10.12	1012
12/10/10	100	10.12	1012
12/10/10	100	10.13	1013
12/10/10	1000	10.14	10140
12/10/10	100	10.13	1013
12/10/10	100	10.13	1013

Edgar Filing: TSAKOS ENERGY NAVIGATION LTD - Form SC 13D/A

12/10/10	100	10.12	1012
12/10/10	200	10.13	2026
12/10/10	100	10.13	1013
12/10/10	100	10.13	1013
12/10/10	100	10.12	1012
12/10/10	100	10.13	1013
12/10/10	100	10.13	1013
12/10/10	100	10.13	1013
12/10/10	100	10.13	1013
12/10/10	100	10.13	1013
12/10/10	100	10.12	1012
12/10/10	100	10.12	1012
12/10/10	100	10.13	1013
12/10/10	100	10.12	1012
12/10/10	100	10.12	1012
12/10/10	100	10.13	1013
12/10/10	100	10.12	1012
12/10/10	100	10.12	1012
12/10/10	100	10.13	1013
12/10/10	100	10.13	1013
12/10/10	100	10.13	1013
12/10/10	100	10.13	1013
12/10/10	100	10.13	1013
12/10/10	100	10.13	1013
12/10/10	100	10.13	1013
12/10/10	100	10.13	1013
12/10/10	100	10.13	1013
12/10/10	100	10.13	1013
12/10/10	100	10.13	1013
12/10/10	100	10.13	1013
12/10/10	100	10.13	1013
12/10/10	100	10.13	1013
12/10/10	100	10.13	1013
12/10/10	100	10.13	1013
12/10/10	100	10.13	1013
12/10/10	100	10.13	1013
12/10/10	100	10.13	1013
12/10/10	100	10.13	1013
12/10/10	100	10.13	1013
12/10/10	100	10.13	1013
12/10/10	100	10.13	1013
12/10/10	100	10.13	1013
12/10/10	100	10.13	1013
12/10/10	100	10.13	1013
12/10/10	100	10.13	1013
12/10/10	100	10.17	1017
12/10/10	200	10.17	2034
12/10/10	100	10.17	1017
12/10/10	1300	10.17	13221
12/10/10	6	10.14	60.84
12/10/10	94	10.17	955.98
12/10/10	100	10.17	1017
12/10/10	100	10.16	1016
12/10/10	100	10.16	1016
12/10/10	100	10.16	1016
12/10/10	100	10.16	1016
12/10/10	100	10.16	1016
12/10/10	100	10.16	1016
12/10/10	100	10.16	1016

Edgar Filing: TSAKOS ENERGY NAVIGATION LTD - Form SC 13D/A

12/10/10	200	10.15	2030
12/10/10	100	10.15	1015
12/10/10	100	10.15	1015
12/10/10	100	10.15	1015
12/10/10	100	10.15	1015
12/10/10	100	10.15	1015
12/10/10	100	10.15	1015
12/10/10	100	10.15	1015
12/10/10	100	10.15	1015
12/10/10	100	10.15	1015
12/10/10	100	10.15	1015
12/10/10	100	10.15	1015
12/10/10	100	10.15	1015
12/10/10	100	10.15	1015
12/10/10	100	10.15	1015
12/10/10	100	10.15	1015
12/10/10	100	10.15	1015
12/10/10	100	10.16	1016
12/10/10	100	10.16	1016
12/10/10	100	10.16	1016
12/10/10	100	10.16	1016
12/10/10	100	10.16	1016
12/10/10	100	10.16	1016
12/10/10	100	10.16	1016
12/10/10	100	10.16	1016
12/10/10	100	10.15	1015
12/10/10	100	10.15	1015
12/10/10	100	10.15	1015
12/10/10	200	10.16	2032
12/10/10	100	10.16	1016
12/10/10	100	10.16	1016
12/10/10	200	10.16	2032
12/10/10	100	10.16	1016
12/10/10	100	10.16	1016
12/10/10	100	10.16	1016
12/10/10	100	10.16	1016
12/10/10	100	10.17	1017
12/10/10	100	10.17	1017
12/10/10	100	10.16	1016
12/10/10	100	10.17	1017
12/10/10	100	10.17	1017
12/10/10	100	10.17	1017
12/10/10	100	10.17	1017
12/10/10	100	10.17	1017
12/10/10	100	10.16	1016
12/10/10	300	10.16	3048
12/10/10	100	10.16	1016
12/10/10	100	10.16	1016
12/10/10	100	10.16	1016
12/10/10	500	10.17	5085
12/10/10	100	10.17	1017
12/10/10	100	10.17	1017
12/10/10	100	10.17	1017
12/10/10	100	10.17	1017
12/10/10	100	10.17	1017
12/10/10	100	10.16	1016
12/10/10	100	10.16	1016
12/10/10	100	10.17	1017
12/10/10	100	10.17	1017

Edgar Filing: TSAKOS ENERGY NAVIGATION LTD - Form SC 13D/A

12/10/10	100	10.17	1017
12/10/10	100	10.16	1016
12/10/10	100	10.16	1016
12/10/10	200	10.16	2032
12/10/10	100	10.16	1016
12/10/10	100	10.16	1016
12/10/10	100	10.16	1016
12/10/10	100	10.16	1016
12/10/10	100	10.16	1016
12/10/10	100	10.16	1016
12/10/10	100	10.16	1016
12/10/10	100	10.16	1016
12/10/10	100	10.16	1016
12/10/10	100	10.16	1016
12/10/10	100	10.16	1016
12/10/10	500	10.16	5080
12/14/10	100	9.94	994
12/14/10	100	9.94	994
12/14/10	100	9.94	994
12/14/10	100	9.97	997
12/14/10	100	9.97	997
12/14/10	100	9.97	997
12/14/10	100	9.97	997
12/14/10	100	9.96	996
12/14/10	100	9.96	996
12/14/10	100	9.96	996
12/14/10	100	9.96	996
12/14/10	100	9.97	997
12/14/10	100	9.97	997
12/14/10	100	9.97	997
12/14/10	200	9.98	1996
12/14/10	100	9.98	998
12/14/10	100	9.98	998
12/14/10	100	9.99	999
12/14/10	100	9.99	999
12/14/10	100	9.98	998
12/14/10	100	9.98	998
12/14/10	100	9.98	998
12/14/10	100	9.98	998
12/14/10	100	9.98	998
12/14/10	100	9.98	998
12/14/10	100	9.98	998
12/14/10	100	9.96	996
12/14/10	100	9.99	999
12/14/10	100	9.98	998
12/14/10	100	9.98	998
12/14/10	100	9.98	998
12/14/10	100	9.98	998
12/14/10	100	9.99	999
12/14/10	100	9.99	999
12/14/10	100	9.98	998
12/14/10	100	9.98	998
12/14/10	100	9.98	998
12/14/10	100	9.98	998
12/14/10	100	9.98	998
12/14/10	100	9.98	998
12/14/10	100	9.99	999

12/14/10	100	9.99	999
12/14/10	100	9.99	999
12/14/10	200	10	2000
12/14/10	100	10	1000
12/14/10	100	10	1000
12/14/10	100	10	1000
12/14/10	100	10	1000
12/14/10	100	10	1000
12/14/10	100	10	1000
12/14/10	100	10	1000
12/14/10	100	10	1000
12/14/10	100	10	1000
12/14/10	100	10	1000
12/14/10	100	10	1000
12/14/10	100	10	1000
12/14/10	100	10	1000
12/14/10	100	10	1000
12/14/10	100	10	1000
12/14/10	100	10	1000
12/14/10	100	10	1000
12/14/10	100	10	1000
12/14/10	100	10	1000
12/14/10	100	10	1000
12/14/10	100	10	1000
12/14/10	100	10	1000
12/14/10	100	10	1000
12/14/10	200	10	2000
12/14/10	100	10	1000
12/14/10	100	10	1000
12/14/10	200	10	2000
12/14/10	500	9.99	4995
12/14/10	100	9.98	998
12/14/10	100	9.98	998
12/14/10	100	9.99	999
12/14/10	100	9.99	999
12/14/10	100	9.99	999
12/14/10	100	9.99	999
12/14/10	100	9.99	999
12/14/10	100	9.99	999
12/14/10	100	9.99	999
12/14/10	100	9.99	999
12/14/10	400	9.99	3996
12/14/10	100	9.99	999
12/14/10	100	9.98	998
12/14/10	100	9.98	998
12/14/10	100	9.98	998
12/14/10	100	9.98	998
12/14/10	200	9.98	1996
12/14/10	100	9.97	997
12/14/10	100	9.97	997
12/14/10	100	9.98	998
12/14/10	100	9.99	999
12/14/10	100	9.98	998
12/14/10	100	10	1000



# Edgar Filing: TSAKOS ENERGY NAVIGATION LTD - Form SC 13D/A

12/14/10	100	9.98	998
12/14/10	100	9.98	998
12/14/10	100	9.94	994
12/14/10	100	9.95	995
12/14/10	100	9.95	995
12/14/10	100	9.95	995
12/14/10	100	9.95	995
12/14/10	100	9.94	994
12/14/10	100	9.94	994
12/14/10	100	9.94	994
12/14/10	100	9.94	994
12/14/10	100	9.94	994
12/14/10	100	9.94	994
12/14/10	100	9.94	994
12/14/10	100	9.95	995
12/14/10	100	9.94	994
12/14/10	100	9.9475	994.75
12/14/10	100	9.95	995
12/14/10	100	9.9475	994.75
12/14/10	100	9.95	995
12/14/10	100	9.95	995
12/14/10	100	9.94	994
12/14/10	100	9.94	994
12/14/10	100	9.94	994
12/14/10	100	9.94	994
12/14/10	100	9.95	995
12/14/10	100	9.95	995
12/14/10	100	9.95	995
12/14/10	100	9.95	995
12/14/10	100	9.95	995
12/14/10	100	9.95	995
12/14/10	100	9.95	995
12/14/10	100	9.95	995
12/14/10	100	9.95	995
12/14/10	100	9.95	995
12/14/10	100	9.95	995
12/14/10	100	9.95	995
12/14/10	100	9.95	995
12/14/10	100	9.95	995
12/14/10	100	9.95	995
12/14/10	100	9.95	995
12/14/10	100	9.95	995
12/14/10	100	9.95	995
12/14/10	100	9.95	995
12/14/10	100	9.95	995
12/14/10	100	9.95	995
12/14/10	100	9.95	995
12/14/10	100	9.95	995
12/14/10	100	9.95	995
12/14/10	100	9.95	995
12/14/10	390	9.95	3880.5
12/14/10	5	9.95	49.75
12/14/10	5	9.95	49.75
12/14/10	200	9.95	1990
12/14/10	100	9.94	994
12/14/10	100	9.94	994
12/14/10	100	9.94	994
12/14/10	100	9.94	994
12/14/10	100	9.92	992
12/14/10	100	9.92	992
12/14/10	100	9.94	994
12/14/10	100	9.94	994
12/14/10	100	9.93	993
12/14/10	100	9.96	996
12/14/10	100	9.96	996
12/14/10	100	9.96	996
12/14/10	100	9.96	996
12/14/10	100	9.96	996

Edgar Filing: TSAKOS ENERGY NAVIGATION LTD - Form SC 13D/A

12/14/10	100	9.96	996
12/14/10	100	9.92	992
12/14/10	100	9.93	993
12/14/10	100	9.93	993
12/14/10	100	9.93	993
12/14/10	100	9.93	993
12/14/10	100	9.93	993
12/14/10	100	9.93	993
12/14/10	100	9.93	993
12/14/10	100	9.93	993
12/14/10	100	9.91	991
12/14/10	100	9.91	991
12/14/10	100	9.91	991
12/14/10	100	9.91	991
12/14/10	200	9.91	1982
12/14/10	100	9.91	991
12/14/10	100	9.91	991
12/14/10	100	9.92	992
12/14/10	100	9.96	996
12/14/10	500	9.96	4980
12/14/10	100	9.96	996
12/14/10	100	9.95	995
12/14/10	100	9.96	996
12/14/10	100	9.96	996
12/14/10	100	9.96	996
12/14/10	400	9.96	3984
12/14/10	100	9.96	996
12/14/10	300	9.96	2988
12/14/10	100	9.96	996
12/14/10	200	9.96	1992
12/14/10	100	9.96	996
12/14/10	100	9.95	995
12/14/10	100	9.95	995
12/14/10	100	9.95	995
12/14/10	100	9.95	995
12/14/10	100	9.95	995
12/14/10	100	9.95	995
12/14/10	100	9.95	995
12/14/10	100	9.93	993
12/14/10	200	9.97	1994
12/14/10	200	9.97	1994
12/14/10	200	9.97	1994
12/14/10	100	9.97	997
12/14/10	100	9.97	997
12/14/10	100	9.96	996
12/14/10	100	9.96	996
12/14/10	100	9.96	996
12/14/10	100	9.95	995
12/14/10	100	9.95	995
12/14/10	100	9.96	996
12/14/10	100	9.96	996
12/14/10	100	9.98	998
12/14/10	100	9.98	998
12/14/10	100	9.98	998

Edgar Filing: TSAKOS ENERGY NAVIGATION LTD - Form SC 13D/A

12/14/10	100	9.98	998
12/14/10	100	9.98	998
12/14/10	100	9.98	998
12/14/10	100	9.97	997
12/14/10	100	9.97	997
12/14/10	200	9.97	1994
12/14/10	300	9.97	2991
12/14/10	100	9.98	998
12/14/10	100	9.98	998
12/14/10	100	9.98	998
12/14/10	200	9.98	1996
12/14/10	100	9.99	999
12/14/10	100	9.99	999
12/14/10	100	9.99	999
12/14/10	3	10	30
12/14/10	100	10.01	1001
12/14/10	100	10.01	1001
12/14/10	97	10.02	971.94
12/14/10	100	10.02	1002
12/14/10	100	10.02	1002
12/14/10	100	10.02	1002
12/14/10	300	10.02	3006
12/14/10	100	10.02	1002
12/14/10	100	10.01	1001
12/14/10	100	10.01	1001
12/14/10	100	10.01	1001
12/14/10	100	10.01	1001
12/14/10	100	10.01	1001
12/14/10	100	10.01	1001
12/14/10	100	10.01	1001
12/14/10	100	10	1000
12/14/10	300	10.01	3003
12/14/10	100	10	1000
12/14/10	100	10	1000
12/14/10	100	10	1000
12/14/10	100	10	1000
12/14/10	100	10	1000
12/14/10	100	9.98	998
12/14/10	100	9.98	998
12/14/10	100	9.98	998
12/14/10	100	9.98	998
12/14/10	100	9.98	998
12/14/10	100	9.98	998
12/14/10	100	9.98	998
12/14/10	100	9.98	998
12/14/10	100	9.98	998
12/14/10	100	9.97	997
12/14/10	100	9.98	998
12/14/10	100	9.98	998
12/14/10	300	9.98	2994
12/14/10	100	9.98	998
12/14/10	100	9.97	997
12/14/10	100	9.97	997
12/14/10	100	9.96	996

Edgar Filing: TSAKOS ENERGY NAVIGATION LTD - Form SC 13D/A

12/14/10	100	9.96	996
12/14/10	100	9.97	997
12/14/10	100	9.97	997
12/14/10	100	9.97	997
12/22/10	100	10.3	1030
12/22/10	100	10.3	1030
12/22/10	100	10.3	1030
12/22/10	100	10.3	1030
12/22/10	100	10.3	1030
12/22/10	100	10.3	1030
12/22/10	100	10.3	1030
12/22/10	100	10.3	1030
12/22/10	100	10.3	1030
12/22/10	100	10.3	1030
12/22/10	100	10.3	1030
12/22/10	100	10.3	1030
12/22/10	100	10.3	1030
12/22/10	500	10.3	5150
12/22/10	800	10.3	8240
12/22/10	300	10.3	3090
12/22/10	300	10.3	3090
12/22/10	200	10.3	2060
12/22/10	200	10.3	2060
12/22/10	100	10.3	1030
12/22/10	100	10.3	1030
12/22/10	100	10.3	1030
12/22/10	100	10.3	1030
12/22/10	100	10.3	1030
12/22/10	100	10.3	1030
12/22/10	100	10.3	1030
12/22/10	100	10.3	1030
12/22/10	100	10.3	1030
12/22/10	100	10.3	1030
12/22/10	145	10.3	1493.5
12/22/10	55	10.3	566.5
12/22/10	100	10.3	1030
12/22/10	200	10.3	2060
12/22/10	38	10.3	391.4
12/22/10	100	10.3	1030
12/22/10	100	10.3	1030
12/22/10	62	10.3	638.6
12/22/10	100	10.3	1030
12/22/10	138	10.3	1421.4
12/22/10	100	10.3	1030
12/22/10	100	10.3	1030
12/22/10	100	10.3	1030
12/22/10	100	10.3	1030
12/22/10	100	10.3	1030
12/22/10	62	10.3	638.6
12/22/10	38	10.3	391.4
12/22/10	100	10.3	1030
12/22/10	700	10.3	7210
12/22/10	100	10.3	1030
12/22/10	100	10.3	1030

Edgar Filing: TSAKOS ENERGY NAVIGATION LTD - Form SC 13D/A

12/22/10	200	10.3	2060
12/22/10	100	10.3	1030
12/22/10	100	10.3	1030
12/22/10	100	10.3	1030
12/22/10	100	10.3	1030
12/22/10	100	10.3	1030
12/22/10	100	10.3	1030
12/22/10	50	10.3	515
12/22/10	100	10.3	1030
12/22/10	100	10.3	1030
12/22/10	200	10.3	2060
12/22/10	100	10.3	1030
12/22/10	100	10.3	1030
12/22/10	50	10.3	515
12/22/10	88	10.3	906.4
12/22/10	100	10.3	1030
12/22/10	100	10.3	1030
12/22/10	62	10.3	638.6
1/4/11	100	9.92	992
1/4/11	100	9.92	992
1/4/11	100	9.92	992
1/4/11	100	9.92	992
1/4/11	100	9.92	992
1/4/11	100	9.92	992
1/4/11	100	9.92	992
1/4/11	100	9.92	992
1/4/11	100	9.93	993
1/4/11	100	9.93	993
1/4/11	100	9.93	993
1/4/11	100	9.93	993
1/4/11	100	9.96	996
1/4/11	100	9.96	996
1/4/11	100	9.96	996
1/4/11	100	9.97	997
1/4/11	100	9.97	997
1/4/11	100	9.94	994
1/4/11	100	9.94	994
1/4/11	100	9.95	995
1/4/11	100	9.95	995
1/4/11	100	9.95	995
1/4/11	100	9.95	995
1/4/11	100	9.94	994
1/4/11	100	9.94	994
1/4/11	100	9.94	994
1/4/11	100	9.94	994
1/4/11	100	9.94	994
1/4/11	100	9.92	992
1/4/11	100	9.92	992
1/4/11	100	9.92	992
1/4/11	100	9.92	992
1/4/11	100	9.91	991
1/4/11	100	9.91	991
1/4/11	100	9.91	991
1/4/11	100	9.91	991

Edgar Filing: TSAKOS ENERGY NAVIGATION LTD - Form SC 13D/A

1/4/11	200	9.91	1982
1/4/11	100	9.91	991
1/4/11	100	9.91	991
1/4/11	100	9.91	991
1/4/11	100	9.94	994
1/4/11	100	9.94	994
1/4/11	100	9.94	994
1/4/11	100	9.94	994
1/4/11	100	9.94	994
1/4/11	100	9.94	994
1/4/11	100	9.92	992
1/4/11	100	9.91	991
1/4/11	100	9.91	991
1/4/11	100	9.91	991
1/4/11	100	9.91	991
1/4/11	100	9.91	991
1/4/11	100	9.9	990
1/4/11	100	9.9	990
1/4/11	30	9.9	297
1/4/11	70	9.9	693
1/4/11	100	9.9	990
1/4/11	100	9.9	990
1/4/11	100	9.9	990
1/4/11	100	9.9	990
1/4/11	100	9.9	990
1/4/11	200	9.89	1978
1/4/11	300	9.89	2967
1/4/11	100	9.89	989
1/4/11	100	9.89	989
1/4/11	100	9.89	989
1/4/11	100	9.89	989
1/4/11	100	9.89	989
1/4/11	100	9.89	989
1/4/11	100	9.91	991
1/4/11	100	9.91	991
1/4/11	100	9.91	991
1/4/11	200	9.91	1982
1/4/11	200	9.91	1982
1/4/11	100	9.91	991
1/4/11	100	9.91	991
1/4/11	100	9.91	991
1/4/11	100	9.91	991
1/4/11	100	9.91	991
1/4/11	100	9.91	991
1/4/11	100	9.91	991
1/4/11	100	9.91	991
1/4/11	100	9.94	994
1/4/11	100	9.94	994
1/4/11	100	9.94	994
1/4/11	100	9.95	995
1/4/11	100	9.95	995
1/4/11	100	9.94	994
1/4/11	100	9.94	994
1/4/11	100	9.94	994
1/4/11	100	9.94	994

## Edgar Filing: TSAKOS ENERGY NAVIGATION LTD - Form SC 13D/A

---

1/4/11	30	9.94	298.2
1/4/11	70	9.94	695.8
1/4/11	100	9.94	994
1/4/11	100	9.94	994
1/4/11	100	9.94	994
1/4/11	100	9.94	994
1/4/11	100	9.94	994
1/4/11	100	9.94	994
1/4/11	100	9.94	994
1/4/11	100	9.94	994
1/4/11	100	9.92	992
1/4/11	100	9.92	992
1/4/11	100	9.92	992
1/4/11	100	9.91	991
1/4/11	100	9.91	991
1/4/11	100	9.95	995
1/4/11	400	9.95	3980
1/4/11	100	9.95	995
1/4/11	100	9.95	995
1/4/11	100	9.95	995
1/4/11	200	9.95	1990
1/4/11	100	9.95	995
1/4/11	100	9.95	995
1/4/11	100	9.96	996
1/4/11	100	9.96	996
1/4/11	100	9.96	996
1/4/11	100	9.96	996
1/4/11	100	9.96	996
1/4/11	100	9.96	996
1/4/11	100	9.96	996
1/4/11	100	9.96	996
1/4/11	100	9.96	996
1/4/11	100	9.96	996
1/4/11	100	9.96	996
1/4/11	100	9.96	996
1/4/11	100	9.96	996
1/4/11	100	9.96	996
1/4/11	100	9.96	996
1/4/11	100	9.96	996
1/4/11	100	9.96	996
1/4/11	100	9.96	996
1/4/11	100	9.96	996
1/4/11	100	9.96	996
1/4/11	100	9.96	996
1/4/11	100	9.96	996
1/4/11	100	9.96	996
1/4/11	100	9.96	996
1/4/11	100	9.96	996
1/4/11	100	9.96	996
1/4/11	100	9.96	996
1/4/11	100	9.99	999
1/4/11	100	9.99	999
1/4/11	100	9.99	999
1/4/11	100	9.99	999
1/4/11	300	9.98	2994
1/4/11	100	9.98	998
1/4/11	200	9.98	1996
1/4/11	98	9.98	978.04
1/4/11	2	9.98	19.96
1/4/11	100	9.97	997
1/4/11	100	9.97	997
1/4/11	100	9.97	997
1/4/11	100	9.98	998

Edgar Filing: TSAKOS ENERGY NAVIGATION LTD - Form SC 13D/A

1/4/11	100	9.98	998
1/4/11	100	10	1000
1/4/11	100	9.995	999.5
1/4/11	100	10	1000
1/4/11	100	10	1000
1/4/11	100	10	1000
1/4/11	400	10	4000
1/4/11	100	10.03	1003
1/4/11	100	10.03	1003
1/4/11	100	10.03	1003
1/4/11	300	10.03	3009
1/4/11	14	10.03	140.42
1/4/11	100	10.03	1003
1/4/11	100	10.03	1003
1/4/11	100	10.03	1003
1/4/11	86	10.03	862.58
1/4/11	100	10.05	1005
1/4/11	12	10.05	120.6
1/4/11	100	10.05	1005
1/4/11	100	10.05	1005
1/4/11	100	10.05	1005
1/4/11	100	10.05	1005
1/4/11	100	10.09	1009
1/4/11	100	10.09	1009
1/4/11	100	10.09	1009
1/4/11	100	10.1	1010
1/4/11	100	10.1	1010
1/4/11	100	10.1	1010
1/4/11	100	10.095	1009.5
1/4/11	100	10.1	1010
1/4/11	100	10.1	1010
1/4/11	100	10.1	1010
1/4/11	100	10.1	1010
1/4/11	100	10.095	1009.5
1/4/11	100	10.1	1010
1/4/11	100	10.1	1010
1/4/11	100	10.095	1009.5
1/4/11	100	10.1	1010
1/4/11	200	10.1	2020
1/4/11	188	10.09	1896.92
1/4/11	100	10.1	1010
1/4/11	100	10.1	1010
1/4/11	100	10.1	1010
1/4/11	100	10.1	1010
1/4/11	100	10.1	1010
1/4/11	100	10.1	1010
1/4/11	100	10.08	1008
1/4/11	100	10.08	1008
1/4/11	100	10.075	1007.5
1/4/11	100	10.08	1008
1/4/11	100	10.08	1008
1/4/11	100	10.08	1008
1/4/11	100	10.08	1008
1/4/11	100	10.08	1008
1/4/11	52	10.08	524.16



Edgar Filing: TSAKOS ENERGY NAVIGATION LTD - Form SC 13D/A

1/4/11	48	10.08	483.84
1/4/11	100	10.08	1008
1/4/11	100	10.08	1008
1/4/11	100	10.08	1008
1/4/11	100	10.08	1008
1/4/11	100	10.08	1008
1/4/11	100	10.08	1008
1/4/11	100	10.08	1008
1/4/11	100	10.08	1008
1/4/11	100	10.08	1008
1/4/11	200	10.08	2016
1/4/11	100	10.08	1008
1/4/11	100	10.08	1008
1/4/11	100	10.075	1007.5
1/4/11	100	10.08	1008
1/4/11	300	10.08	3024
1/4/11	100	10.08	1008
1/4/11	100	10.08	1008
1/4/11	100	10.08	1008
1/4/11	100	10.08	1008
1/4/11	100	10.08	1008
1/4/11	100	10.08	1008
1/4/11	100	10.08	1008
1/4/11	100	10.08	1008
1/4/11	100	10.08	1008
1/4/11	100	10.08	1008
1/4/11	100	10.08	1008
1/4/11	100	10.08	1008
1/4/11	100	10.065	1006.5
1/4/11	100	10.08	1008
1/4/11	100	10.08	1008
1/4/11	100	10.08	1008
1/4/11	100	10.08	1008
1/4/11	100	10.065	1006.5
1/4/11	100	10.07	1007
1/4/11	200	10.07	2014
1/4/11	100	10.07	1007
1/4/11	100	10.07	1007
1/4/11	100	10.065	1006.5
1/4/11	200	10.07	2014
1/4/11	100	10.06	1006
1/4/11	200	10.06	2012
1/4/11	200	10.06	2012
1/4/11	100	10.05	1005
1/4/11	100	10.06	1006
1/4/11	100	10.06	1006
1/4/11	100	10.06	1006
1/4/11	100	10.06	1006
1/4/11	100	10.055	1005.5
1/4/11	100	10.06	1006

Edgar Filing: TSAKOS ENERGY NAVIGATION LTD - Form SC 13D/A

1/4/11	100	10.06	1006
1/4/11	100	10.06	1006
1/4/11	100	10.055	1005.5
1/4/11	100	10.06	1006
1/4/11	100	10.06	1006
1/4/11	100	10.06	1006
1/4/11	100	10.055	1005.5
1/4/11	100	10.06	1006
1/4/11	100	10.06	1006
1/4/11	100	10.06	1006
1/4/11	100	10.06	1006
1/4/11	100	10.06	1006
1/4/11	100	10.06	1006
1/4/11	100	10.06	1006
1/4/11	100	10.055	1005.5
1/4/11	100	10.06	1006
1/4/11	100	10.06	1006
1/4/11	100	10.06	1006
1/4/11	100	10.06	1006
1/4/11	100	10.06	1006
1/4/11	100	10.06	1006
1/4/11	100	10.06	1006
1/4/11	100	10.06	1006
1/4/11	200	10.06	2012
1/4/11	100	10.06	1006
1/4/11	100	10.06	1006
	109,188	10.07	1,099,636

**Redmont Trading Corp.**

	No of Shares	Price	Total
12/13/10	100	10.07	1,007
12/13/10	100	10.07	1,007
12/13/10	100	10.08	1,008
12/13/10	100	10.07	1,007
12/13/10	100	10.08	1,008
12/13/10	100	10.08	1,008
12/13/10	100	10.08	1,008
12/13/10	100	10.08	1,008
12/13/10	100	10.08	1,008
12/13/10	100	10.08	1,008
12/13/10	100	10.08	1,008
12/13/10	100	10.08	1,008
12/13/10	100	10.07	1,007
12/13/10	100	10.07	1,007
12/13/10	100	10.06	1,006
12/13/10	100	10.05	1,005
12/13/10	100	10.05	1,005
12/13/10	100	10.05	1,005
12/13/10	100	10.045	1,005
12/13/10	100	10.045	1,005
12/13/10	100	10.05	1,005
12/13/10	100	10.05	1,005
12/13/10	100	10.05	1,005
12/13/10	100	10.05	1,005
12/13/10	100	10.05	1,005
12/13/10	100	10.05	1,005
12/13/10	100	10.05	1,005
12/13/10	100	10.05	1,005
12/13/10	100	10.05	1,005
12/13/10	100	10.05	1,005
12/13/10	100	10.045	1,005
12/13/10	100	10.04	1,004
12/13/10	100	10.045	1,005
12/13/10	100	10.045	1,005
12/13/10	100	10.04	1,004
12/13/10	100	10.04	1,004
12/13/10	100	10.04	1,004
12/13/10	100	10.04	1,004
12/13/10	100	10.04	1,004
12/13/10	100	10.04	1,004
12/13/10	100	10.04	1,004
12/13/10	100	10.04	1,004
12/13/10	100	10.035	1,004
12/13/10	100	10.035	1,004
12/13/10	100	10.03	1,003
12/13/10	100	10.03	1,003
12/13/10	100	10.03	1,003
12/13/10	100	10.03	1,003
12/13/10	100	10.03	1,003
12/13/10	100	10.03	1,003
12/13/10	100	10.03	1,003
12/13/10	100	10.01	1,001
12/13/10	100	10	1,000
12/13/10	100	10.01	1,001
12/13/10	100	10.01	1,001
12/13/10	100	10.01	1,001
12/13/10	100	9.99	999
12/13/10	100	9.99	999
12/13/10	100	10.02	1,002
12/13/10	100	10.02	1,002

Edgar Filing: TSAKOS ENERGY NAVIGATION LTD - Form SC 13D/A

12/13/10	100	10.02	1,002
12/13/10	100	10.02	1,002
12/13/10	200	10.02	2,004
12/13/10	100	10.02	1,002
12/13/10	100	10.02	1,002
12/13/10	100	10.02	1,002
12/13/10	100	10.04	1,004
12/13/10	100	10.04	1,004
12/13/10	100	10.04	1,004
12/13/10	200	10.05	2,010
12/13/10	100	10.05	1,005
12/13/10	100	10.05	1,005
12/13/10	100	10.05	1,005
12/13/10	100	10.04	1,004
12/13/10	200	10.04	2,008
12/13/10	100	10.04	1,004
12/13/10	100	10.04	1,004
12/13/10	100	10.04	1,004
12/13/10	100	10.04	1,004
12/13/10	100	10.04	1,004
12/13/10	100	10.04	1,004
12/13/10	100	10.04	1,004
12/13/10	100	10.04	1,004
12/13/10	100	10.04	1,004
12/13/10	100	10.06	1,006
12/13/10	100	10.06	1,006
12/13/10	100	10.06	1,006
12/13/10	100	10.06	1,006
12/13/10	100	10.06	1,006
12/13/10	100	10.06	1,006
12/13/10	100	10.06	1,006
12/13/10	100	10.06	1,006
12/13/10	100	10.06	1,006
12/13/10	100	10.06	1,006
12/13/10	100	10.06	1,006
12/13/10	100	10.06	1,006
12/13/10	100	10.06	1,006
12/13/10	100	10.06	1,006
12/13/10	100	10.07	1,007
12/13/10	100	10.07	1,007
12/13/10	100	10.07	1,007
12/13/10	100	10.07	1,007
12/13/10	100	10.07	1,007
12/13/10	100	10.07	1,007
12/13/10	100	10.07	1,007
12/13/10	100	10.07	1,007
12/13/10	100	10.07	1,007
12/13/10	100	10.07	1,007
12/13/10	300	10.09	3,027
12/13/10	300	10.09	3,027
12/13/10	300	10.09	3,027
12/13/10	100	10.09	1,009
12/13/10	300	10.1	3,030
12/13/10	100	10.13	1,013
12/13/10	100	10.14	1,014
12/13/10	100	10.14	1,014
12/13/10	500	10.14	5,070
12/13/10	100	10.16	1,016
12/13/10	41	10.15	416
12/13/10	100	10.16	1,016
12/13/10	100	10.15	1,015

Edgar Filing: TSAKOS ENERGY NAVIGATION LTD - Form SC 13D/A

12/13/10	100	10.15	1,015
12/13/10	100	10.16	1,016
12/13/10	100	10.15	1,015
12/13/10	100	10.15	1,015
12/13/10	100	10.15	1,015
12/13/10	59	10.15	599
12/13/10	36	10.15	365
12/13/10	100	10.15	1,015
12/13/10	100	10.15	1,015
12/13/10	100	10.15	1,015
12/13/10	100	10.15	1,015
12/13/10	64	10.15	650
12/13/10	100	10.15	1,015
12/13/10	300	10.15	3,045
12/13/10	100	10.15	1,015
12/13/10	100	10.15	1,015
12/13/10	100	10.15	1,015
12/13/10	100	10.1425	1,014
12/13/10	100	10.12	1,012
12/13/10	100	10.12	1,012
12/13/10	100	10.12	1,012
12/13/10	100	10.12	1,012
12/13/10	100	10.12	1,012
12/13/10	100	10.12	1,012
12/13/10	100	10.12	1,012
12/13/10	100	10.12	1,012
12/13/10	100	10.12	1,012
12/13/10	100	10.12	1,012
12/13/10	100	10.12	1,012
12/13/10	100	10.12	1,012
12/13/10	19	10.12	192
12/13/10	100	10.12	1,012
12/13/10	81	10.12	820
12/13/10	19	10.12	192
12/13/10	200	10.1125	2,023
12/13/10	81	10.12	820
12/13/10	100	10.115	1,012
12/13/10	100	10.12	1,012
12/13/10	100	10.12	1,012
12/13/10	100	10.115	1,012
12/13/10	100	10.12	1,012
12/13/10	100	10.115	1,012
12/13/10	100	10.115	1,012
12/13/10	100	10.115	1,012
12/13/10	100	10.12	1,012
12/13/10	100	10.12	1,012
12/13/10	100	10.12	1,012
12/13/10	100	10.12	1,012
12/13/10	100	10.12	1,012
12/13/10	100	10.12	1,012
12/13/10	100	10.12	1,012
12/13/10	100	10.11	1,011
12/13/10	100	10.11	1,011
12/13/10	100	10.11	1,011

Edgar Filing: TSAKOS ENERGY NAVIGATION LTD - Form SC 13D/A

12/13/10	100	10.12	1,012
12/13/10	100	10.12	1,012
12/13/10	100	10.13	1,013
12/13/10	200	10.13	2,026
12/13/10	600	10.13	6,078
12/13/10	100	10.13	1,013
12/13/10	500	10.13	5,065
12/13/10	200	10.13	2,026
12/13/10	100	10.13	1,013
12/13/10	100	10.13	1,013
12/13/10	100	10.13	1,013
12/13/10	100	10.13	1,013
12/13/10	100	10.12	1,012
12/13/10	100	10.12	1,012
12/13/10	100	10.12	1,012
12/13/10	100	10.12	1,012
12/13/10	97	10.12	982
12/13/10	62	10.13	628
12/13/10	38	10.13	385
12/13/10	3	10.12	30
12/13/10	97	10.12	982
12/13/10	100	10.13	1,013
12/13/10	100	10.13	1,013
12/13/10	100	10.13	1,013
12/13/10	100	10.12	1,012
12/13/10	100	10.12	1,012
12/13/10	100	10.12	1,012
12/13/10	100	10.13	1,013
12/13/10	100	10.12	1,012
12/13/10	100	10.13	1,013
12/13/10	100	10.13	1,013
12/13/10	100	10.13	1,013
12/13/10	200	10.12	2,024
12/13/10	100	10.12	1,012
12/13/10	100	10.12	1,012
12/13/10	100	10.12	1,012
12/13/10	100	10.12	1,012
12/13/10	100	10.12	1,012
12/13/10	100	10.12	1,012
12/13/10	100	10.13	1,013
12/13/10	100	10.12	1,012
12/13/10	100	10.12	1,012
12/13/10	97	10.12	982
12/13/10	3	10.12	30
12/13/10	100	10.12	1,012
12/13/10	3	10.12	30
12/13/10	200	10.12	2,024
12/13/10	200	10.12	2,024
12/13/10	200	10.12	2,024
12/13/10	100	10.12	1,012
12/13/10	100	10.12	1,012
12/13/10	100	10.12	1,012
12/13/10	100	10.1	1,010
12/13/10	100	10.11	1,011

12/13/10	100	10.1	1,010
12/13/10	100	10.11	1,011
12/13/10	100	10.1	1,010
12/13/10	100	10.11	1,011
12/13/10	100	10.11	1,011
12/13/10	100	10.11	1,011
12/13/10	100	10.11	1,011
12/13/10	100	10.11	1,011
12/13/10	100	10.1	1,010
12/13/10	100	10.1	1,010
12/13/10	100	10.1	1,010
12/13/10	100	10.11	1,011
12/13/10	500	10.11	5,055
12/13/10	200	10.1	2,020
12/13/10	300	10.1	3,030
12/13/10	100	10.1	1,010
12/13/10	100	10.06	1,006
12/13/10	100	10.07	1,007
12/13/10	100	10.07	1,007
12/13/10	100	10.07	1,007
12/13/10	100	10.06	1,006
12/13/10	100	10.06	1,006
12/13/10	100	10.06	1,006
12/13/10	100	10.06	1,006
12/13/10	100	10.06	1,006
12/13/10	100	10.06	1,006
12/13/10	100	10.06	1,006
12/13/10	100	10.07	1,007
12/13/10	100	10.07	1,007
12/13/10	100	10.07	1,007
12/13/10	100	10.07	1,007
12/13/10	100	10.07	1,007
12/13/10	100	10.07	1,007
12/13/10	100	10.07	1,007
12/13/10	100	10.07	1,007
12/13/10	100	10.07	1,007
12/13/10	100	10.07	1,007
12/13/10	100	10.07	1,007
12/13/10	100	10.07	1,007
12/13/10	100	10.07	1,007
12/13/10	100	10.07	1,007
12/13/10	100	10.07	1,007
12/13/10	100	10.07	1,007
12/13/10	100	10.07	1,007
12/13/10	100	10.06	1,006
12/13/10	100	10.07	1,007
12/13/10	100	10.07	1,007
12/13/10	100	10.07	1,007
12/13/10	100	10.07	1,007
12/23/10	100	10.34	1,034
12/23/10	100	10.34	1,034
12/23/10	100	10.34	1,034
12/23/10	100	10.34	1,034
12/23/10	100	10.34	1,034
12/23/10	100	10.34	1,034

Edgar Filing: TSAKOS ENERGY NAVIGATION LTD - Form SC 13D/A

12/23/10	100	10.335	1,034
12/23/10	100	10.335	1,034
12/23/10	100	10.34	1,034
12/23/10	100	10.34	1,034
12/23/10	100	10.34	1,034
12/23/10	100	10.34	1,034
12/23/10	100	10.34	1,034
12/23/10	100	10.33	1,033
12/23/10	100	10.33	1,033
12/23/10	100	10.33	1,033
12/23/10	100	10.34	1,034
12/23/10	100	10.34	1,034
12/23/10	100	10.34	1,034
12/23/10	100	10.34	1,034
12/23/10	100	10.34	1,034
12/23/10	300	10.34	3,102
12/23/10	100	10.33	1,033
12/23/10	100	10.335	1,034
12/23/10	100	10.33	1,033
12/23/10	100	10.334	1,033
12/23/10	100	10.335	1,034
12/23/10	100	10.335	1,034
12/23/10	100	10.335	1,034
12/23/10	100	10.33	1,033
12/23/10	100	10.33	1,033
12/23/10	100	10.33	1,033
12/23/10	100	10.3	1,030
12/23/10	100	10.3	1,030
12/23/10	100	10.28	1,028
12/23/10	100	10.28	1,028
12/23/10	100	10.26	1,026
12/23/10	100	10.26	1,026
12/23/10	100	10.26	1,026
12/23/10	100	10.26	1,026
12/23/10	100	10.26	1,026
12/23/10	100	10.26	1,026
12/23/10	100	10.26	1,026
12/23/10	100	10.26	1,026
12/23/10	100	10.26	1,026
12/23/10	100	10.26	1,026
12/23/10	100	10.264	1,026
12/23/10	100	10.26	1,026
12/23/10	100	10.265	1,027
12/23/10	100	10.26	1,026
12/23/10	100	10.27	1,027
12/23/10	100	10.27	1,027
12/23/10	100	10.27	1,027
12/23/10	100	10.27	1,027
12/23/10	100	10.27	1,027
12/23/10	100	10.27	1,027
12/23/10	100	10.27	1,027
12/23/10	100	10.27	1,027
12/23/10	100	10.27	1,027
12/23/10	100	10.275	1,028







Edgar Filing: TSAKOS ENERGY NAVIGATION LTD - Form SC 13D/A

12/23/10	100	10.25	1,025
12/23/10	100	10.25	1,025
12/23/10	100	10.25	1,025
12/23/10	100	10.25	1,025
12/23/10	100	10.25	1,025
12/23/10	100	10.25	1,025
12/23/10	100	10.26	1,026
12/23/10	200	10.25	2,050
12/23/10	200	10.26	2,052
12/23/10	400	10.26	4,104
12/31/10	100	10.01	1,001
12/31/10	100	10.01	1,001
12/31/10	100	10.01	1,001
12/31/10	100	10.01	1,001
12/31/10	100	10.01	1,001
12/31/10	100	10.01	1,001
12/31/10	100	10.01	1,001
12/31/10	100	10.02	1,002
12/31/10	100	10.02	1,002
12/31/10	100	10.02	1,002
12/31/10	100	10.02	1,002
12/31/10	100	10.02	1,002
12/31/10	100	10.02	1,002
12/31/10	100	10.02	1,002
12/31/10	100	10.03	1,003
12/31/10	100	10.03	1,003
12/31/10	100	10.03	1,003
12/31/10	22	10.04	221
12/31/10	100	10.05	1,005
12/31/10	100	10.05	1,005
12/31/10	78	10.05	784
12/31/10	100	10.05	1,005
12/31/10	100	10.05	1,005
12/31/10	100	10.05	1,005
12/31/10	100	10.05	1,005
12/31/10	100	10.06	1,006
12/31/10	100	10.05	1,005
12/31/10	100	10.05	1,005
12/31/10	100	10.05	1,005
12/31/10	100	10.05	1,005
12/31/10	100	10.05	1,005
12/31/10	100	10.06	1,006
12/31/10	100	10.06	1,006
12/31/10	100	10.06	1,006
12/31/10	100	10.06	1,006
12/31/10	100	10.06	1,006
12/31/10	100	10.06	1,006
12/31/10	100	10.065	1,007
12/31/10	100	10.07	1,007
12/31/10	200	10.07	2,014
12/31/10	100	10.07	1,007
12/31/10	200	10.07	2,014
12/31/10	100	10.07	1,007
12/31/10	100	10.055	1,006
12/31/10	100	10.05	1,005
12/31/10	100	10.05	1,005
12/31/10	100	10.05	1,005
12/31/10	100	10.05	1,005
12/31/10	100	10.05	1,005

Edgar Filing: TSAKOS ENERGY NAVIGATION LTD - Form SC 13D/A

12/31/10	100	10.05	1,005
12/31/10	100	10.05	1,005
12/31/10	100	10.045	1,005
12/31/10	100	10.04	1,004
12/31/10	100	10.04	1,004
12/31/10	100	10.04	1,004
12/31/10	100	9.99	999
12/31/10	100	9.99	999
12/31/10	100	9.99	999
12/31/10	100	9.99	999
12/31/10	100	9.98	998
12/31/10	100	9.99	999
12/31/10	100	9.99	999
12/31/10	8	9.98	80
12/31/10	92	10	920
12/31/10	100	10	1,000
12/31/10	100	10	1,000
12/31/10	600	10	6,000
12/31/10	100	10	1,000
12/31/10	100	10	1,000
12/31/10	300	10	3,000
12/31/10	100	10	1,000
12/31/10	200	10	2,000
12/31/10	100	10	1,000
12/31/10	100	10	1,000
12/31/10	100	9.99	999
12/31/10	100	10	1,000
12/31/10	100	10	1,000
12/31/10	100	9.99	999
12/31/10	100	9.99	999
12/31/10	100	10	1,000
12/31/10	200	10	2,000
12/31/10	100	9.99	999
12/31/10	100	9.99	999
12/31/10	100	10	1,000
12/31/10	100	10	1,000
12/31/10	100	10	1,000
12/31/10	100	10	1,000
12/31/10	100	10	1,000
12/31/10	100	10	1,000
12/31/10	100	10	1,000
12/31/10	100	10	1,000
12/31/10	100	10	1,000
12/31/10	100	10	1,000
12/31/10	100	10	1,000
12/31/10	100	10	1,000
12/31/10	100	10	1,000
12/31/10	100	10	1,000
12/31/10	100	10	1,000
12/31/10	100	10	1,000
12/31/10	100	10	1,000
12/31/10	100	10	1,000
12/31/10	100	10	1,000
12/31/10	100	10	1,000
12/31/10	100	10	1,000
12/31/10	400	9.99	3,996
12/31/10	100	10	1,000
12/31/10	100	10	1,000
12/31/10	100	10	1,000
12/31/10	100	10	1,000
12/31/10	100	10	1,000
12/31/10	50	10	500
12/31/10	50	10	500
12/31/10	100	10	1,000
12/31/10	50	10	500
12/31/10	50	10	500

Edgar Filing: TSAKOS ENERGY NAVIGATION LTD - Form SC 13D/A

12/31/10	100	10.02	1,002
12/31/10	100	10.02	1,002
12/31/10	100	10.02	1,002
12/31/10	100	10.02	1,002
12/31/10	100	10.02	1,002
12/31/10	100	10.02	1,002
12/31/10	100	10.02	1,002
12/31/10	100	10.02	1,002
12/31/10	100	10.01	1,001
12/31/10	100	10.01	1,001
12/31/10	100	10.01	1,001
12/31/10	200	10.01	2,002
12/31/10	200	10.01	2,002
12/31/10	100	10.01	1,001
12/31/10	1200	10.005	12,006
12/31/10	100	10.01	1,001
12/31/10	100	10.01	1,001
12/31/10	100	10.01	1,001
12/31/10	100	10.01	1,001
12/31/10	100	10.01	1,001
12/31/10	100	10.01	1,001
12/31/10	100	10.01	1,001
12/31/10	100	10.01	1,001
12/31/10	100	10	1,000
12/31/10	100	10	1,000
12/31/10	100	10	1,000
12/31/10	100	9.99	999
12/31/10	100	9.99	999
12/31/10	100	10	1,000
12/31/10	100	10	1,000
12/31/10	100	10	1,000
12/31/10	100	10	1,000
12/31/10	100	10	1,000
12/31/10	100	9.99	999
12/31/10	400	9.99	3,996
12/31/10	400	9.99	3,996
12/31/10	100	9.99	999
12/31/10	100	9.99	999
12/31/10	27	9.99	270
12/31/10	73	9.99	729
12/31/10	100	9.98	998
12/31/10	100	9.99	999
12/31/10	100	9.99	999
12/31/10	100	9.99	999
12/31/10	100	9.99	999
12/31/10	100	9.99	999
12/31/10	100	9.98	998
12/31/10	100	9.98	998
12/31/10	100	9.98	998
12/31/10	100	9.98	998
12/31/10	100	9.98	998
12/31/10	200	9.99	1,998

Edgar Filing: TSAKOS ENERGY NAVIGATION LTD - Form SC 13D/A

12/31/10	100	9.99	999
12/31/10	100	10	1,000
12/31/10	900	10	9,000
12/31/10	100	10	1,000
12/31/10	100	10	1,000
12/31/10	100	10	1,000
12/31/10	100	10	1,000
12/31/10	92	10	920
12/31/10	8	10	80
12/31/10	100	10	1,000
12/31/10	900	10.01	9,009
12/31/10	77	10.02	772
12/31/10	23	10.02	230
12/31/10	100	10.02	1,002
12/31/10	100	10.02	1,002
12/31/10	100	10.01	1,001
12/31/10	100	10.01	1,001
12/31/10	100	10.02	1,002
12/31/10	100	10.02	1,002
12/31/10	100	10.02	1,002
12/31/10	100	10.03	1,003
12/31/10	100	10.03	1,003
12/31/10	100	10.03	1,003
12/31/10	100	10.03	1,003
12/31/10	100	10.03	1,003
12/31/10	100	10.03	1,003
12/31/10	100	10.03	1,003
12/31/10	100	10.03	1,003
12/31/10	100	10.03	1,003
12/31/10	100	10.03	1,003
12/31/10	100	10.03	1,003
12/31/10	100	10.03	1,003
12/31/10	100	10.02	1,002
12/31/10	100	10.02	1,002
12/31/10	300	10.02	3,006
12/31/10	100	10.03	1,003
12/31/10	100	10.03	1,003
12/31/10	100	10.03	1,003
12/31/10	100	10.03	1,003
12/31/10	100	10.02	1,002
12/31/10	100	10.02	1,002
12/31/10	100	10.02	1,002
12/31/10	100	10.02	1,002
12/31/10	200	10.02	2,004
12/31/10	100	10.02	1,002
12/31/10	100	10.02	1,002
12/31/10	100	10.02	1,002
12/31/10	100	10.02	1,002
12/31/10	100	10.02	1,002
12/31/10	100	10.02	1,002
12/31/10	100	10.02	1,002
12/31/10	100	10.02	1,002
12/31/10	100	10	1,000
12/31/10	100	10	1,000
12/31/10	50	10	500
12/31/10	50	10	500
12/31/10	50	10	500
12/31/10	50	10	500

Edgar Filing: TSAKOS ENERGY NAVIGATION LTD - Form SC 13D/A

12/31/10	100	10	1,000
12/31/10	100	10.01	1,001
12/31/10	100	10.02	1,002
12/31/10	100	10.02	1,002
12/31/10	100	10.02	1,002
12/31/10	100	10.02	1,002
12/31/10	100	10.01	1,001
12/31/10	100	10.01	1,001
12/31/10	100	10.02	1,002
12/31/10	100	10.02	1,002
12/31/10	100	10.02	1,002
12/31/10	100	10.02	1,002
12/31/10	100	10.01	1,001
12/31/10	100	10.01	1,001
12/31/10	100	10	1,000
12/31/10	100	10	1,000
12/31/10	100	9.99	999
12/31/10	100	9.99	999
12/31/10	100	9.99	999
12/31/10	100	10	1,000
12/31/10	100	10	1,000
12/31/10	100	10	1,000
12/31/10	200	10	2,000
12/31/10	100	10	1,000
12/31/10	100	10	1,000
12/31/10	100	10	1,000
12/31/10	100	10	1,000
12/31/10	100	9.99	999
12/31/10	100	9.99	999
12/31/10	100	9.98	998
12/31/10	100	9.99	999
12/31/10	100	9.99	999
12/31/10	200	9.99	1,998
12/31/10	100	9.99	999
12/31/10	100	9.99	999
12/31/10	100	9.99	999
12/31/10	100	9.98	998
12/31/10	100	9.98	998
12/31/10	100	9.99	999
12/31/10	100	9.99	999
12/31/10	100	9.98	998
12/31/10	100	9.98	998
12/31/10	100	9.98	998
12/31/10	100	9.98	998
12/31/10	100	9.98	998
12/31/10	100	9.99	999
12/31/10	100	10	1,000
12/31/10	100	10	1,000
12/31/10	100	10	1,000
12/31/10	100	10	1,000
12/31/10	100	10	1,000
12/31/10	100	10	1,000
12/31/10	100	9.99	999

12/31/10	100	10	1,000
12/31/10	100	10	1,000
12/31/10	100	10	1,000
12/31/10	100	10.02	1,002
12/31/10	200	10.01	2,002
12/31/10	100	10.02	1,002
12/31/10	100	10.02	1,002
12/31/10	100	10.01	1,001
12/31/10	100	10.02	1,002
12/31/10	100	10.02	1,002
12/31/10	200	10.01	2,002
12/31/10	100	10.02	1,002
12/31/10	100	10.02	1,002
12/31/10	100	10.03	1,003
12/31/10	400	10.03	4,012
12/31/10	100	10.02	1,002
12/31/10	100	10.03	1,003
12/31/10	100	10.03	1,003
12/31/10	100	10.03	1,003
12/31/10	100	10.03	1,003
12/31/10	100	10.02	1,002
12/31/10	100	10.03	1,003
12/31/10	100	10.03	1,003
12/31/10	100	10.03	1,003
12/31/10	100	10.03	1,003
12/31/10	100	10.02	1,002
12/31/10	100	10.02	1,002
12/31/10	100	10.02	1,002
12/31/10	100	10.03	1,003
12/31/10	200	10.02	2,004
12/31/10	100	10.02	1,002
12/31/10	100	10.02	1,002
12/31/10	100	10.02	1,002
12/31/10	100	10.02	1,002
12/31/10	100	10	1,000
12/31/10	100	10	1,000
12/31/10	100	10	1,000
12/31/10	100	10	1,000
12/31/10	100	10	1,000
12/31/10	100	10	1,000
12/31/10	100	10	1,000
12/31/10	100	10	1,000
12/31/10	100	10	1,000
12/31/10	100	10	1,000
12/31/10	100	10	1,000
12/31/10	100	10	1,000
12/31/10	100	10	1,000
12/31/10	100	10	1,000
12/31/10	80	10	800
12/31/10	20	10	200
12/31/10	100	10	1,000



Edgar Filing: TSAKOS ENERGY NAVIGATION LTD - Form SC 13D/A

12/31/10	100	10	1,000
12/31/10	100	10	1,000
12/31/10	100	10	1,000
12/31/10	100	10	1,000
12/31/10	100	10	1,000
12/31/10	100	10	1,000
12/31/10	100	10	1,000
12/31/10	100	10	1,000
12/31/10	100	10	1,000
12/31/10	100	10	1,000
12/31/10	100	10	1,000
12/31/10	100	10	1,000
12/31/10	100	10.01	1,001
12/31/10	100	10.01	1,001
12/31/10	100	10.01	1,001
12/31/10	100	10.01	1,001
12/31/10	100	10.01	1,001
12/31/10	100	10.01	1,001
12/31/10	300	10.01	3,003
12/31/10	100	10.01	1,001
12/31/10	200	10.01	2,002
12/31/10	100	10.01	1,001
12/31/10	200	10.01	2,002
12/31/10	100	10.01	1,001
12/31/10	200	10.02	2,004
12/31/10	100	10.01	1,001
12/31/10	100	10.01	1,001
12/31/10	100	10.01	1,001
12/31/10	100	10.01	1,001
12/31/10	300	10.02	3,006
12/31/10	200	10.01	2,002
12/31/10	200	10.01	2,002
12/31/10	100	10.01	1,001
12/31/10	300	10.01	3,003
12/31/10	100	10.01	1,001
12/31/10	100	10.01	1,001
12/31/10	100	10.01	1,001
12/31/10	100	10.01	1,001
12/31/10	100	10.01	1,001
12/31/10	200	10.01	2,002
12/31/10	300	10.01	3,003
12/31/10	200	10.01	2,002
12/31/10	100	10.01	1,001
12/31/10	400	10.01	4,004
12/31/10	700	10.02	7,014
12/31/10	100	9.99	999
12/31/10	300	9.99	2,997
12/31/10	300	9.99	2,997
12/31/10	100	10	1,000
12/31/10	100	10	1,000
12/31/10	100	10	1,000
1/7/11	100	10.3	1,030
1/7/11	100	10.3	1,030
1/7/11	100	10.34	1,034

Edgar Filing: TSAKOS ENERGY NAVIGATION LTD - Form SC 13D/A

1/7/11	100	10.33	1,033
1/7/11	100	10.33	1,033
1/7/11	100	10.33	1,033
1/7/11	100	10.32	1,032
1/7/11	100	10.32	1,032
1/7/11	100	10.32	1,032
1/7/11	100	10.32	1,032
1/7/11	100	10.33	1,033
1/7/11	100	10.34	1,034
1/7/11	99	10.34	1,024
1/7/11	1	10.34	10
1/7/11	100	10.32	1,032
1/7/11	100	10.33	1,033
1/7/11	100	10.33	1,033
1/7/11	100	10.32	1,032
1/7/11	100	10.31	1,031
1/7/11	100	10.28	1,028
1/7/11	100	10.28	1,028
1/7/11	100	10.26	1,026
1/7/11	100	10.26	1,026
1/7/11	100	10.25	1,025
1/7/11	100	10.25	1,025
1/7/11	100	10.24	1,024
1/7/11	100	10.24	1,024
1/7/11	12	10.24	123
1/7/11	200	10.25	2,050
1/7/11	100	10.25	1,025
1/7/11	100	10.25	1,025
1/7/11	88	10.26	903
1/7/11	100	10.27	1,027
1/7/11	100	10.27	1,027
1/7/11	100	10.26	1,026
1/7/11	100	10.26	1,026
1/7/11	100	10.26	1,026
1/7/11	100	10.25	1,025
1/7/11	100	10.25	1,025
1/7/11	100	10.24	1,024
1/7/11	100	10.25	1,025
1/7/11	100	10.26	1,026
1/7/11	100	10.25	1,025
1/7/11	100	10.25	1,025
1/7/11	100	10.25	1,025
1/7/11	100	10.22	1,022
1/7/11	100	10.22	1,022
1/7/11	100	10.22	1,022
1/7/11	100	10.25	1,025
1/7/11	100	10.24	1,024
1/7/11	100	10.25	1,025
1/7/11	100	10.25	1,025
1/7/11	100	10.25	1,025
1/7/11	100	10.24	1,024
1/7/11	100	10.22	1,022
1/7/11	100	10.21	1,021
1/7/11	100	10.21	1,021
1/7/11	100	10.22	1,022

Edgar Filing: TSAKOS ENERGY NAVIGATION LTD - Form SC 13D/A

1/7/11	100	10.21	1,021
1/7/11	100	10.21	1,021
1/7/11	100	10.21	1,021
1/7/11	100	10.21	1,021
1/7/11	100	10.21	1,021
1/7/11	100	10.22	1,022
1/7/11	100	10.22	1,022
1/7/11	100	10.21	1,021
1/7/11	100	10.21	1,021
1/7/11	100	10.21	1,021
1/7/11	100	10.21	1,021
1/7/11	100	10.21	1,021
1/7/11	100	10.21	1,021
1/7/11	100	10.2	1,020
1/7/11	100	10.2	1,020
1/7/11	200	10.24	2,048
1/7/11	100	10.24	1,024
1/7/11	100	10.24	1,024
1/7/11	100	10.25	1,025
1/7/11	100	10.25	1,025
1/7/11	100	10.24	1,024
1/7/11	20	10.24	205
1/7/11	100	10.25	1,025
1/7/11	100	10.27	1,027
1/7/11	80	10.27	822
1/7/11	100	10.29	1,029
1/7/11	100	10.28	1,028
1/7/11	100	10.29	1,029
1/7/11	100	10.29	1,029
1/7/11	100	10.29	1,029
1/7/11	100	10.295	1,030
1/7/11	100	10.3	1,030
1/7/11	48	10.3	494
1/7/11	200	10.3	2,060
1/7/11	100	10.3	1,030
1/7/11	52	10.3	536
1/7/11	100	10.29	1,029
1/7/11	100	10.29	1,029
1/7/11	100	10.29	1,029
1/7/11	100	10.29	1,029
1/7/11	100	10.28	1,028
1/7/11	100	10.31	1,031
1/7/11	200	10.31	2,062
1/7/11	200	10.31	2,062
1/7/11	100	10.31	1,031
1/7/11	100	10.31	1,031
1/7/11	5	10.33	52
1/7/11	95	10.35	983
1/7/11	100	10.35	1,035
1/7/11	100	10.34	1,034
1/7/11	100	10.34	1,034
1/7/11	100	10.35	1,035
1/7/11	100	10.35	1,035
1/7/11	300	10.35	3,105
1/7/11	100	10.35	1,035
1/7/11	100	10.35	1,035

Edgar Filing: TSAKOS ENERGY NAVIGATION LTD - Form SC 13D/A

1/7/11	30	10.35	311
1/7/11	100	10.36	1,036
1/7/11	100	10.36	1,036
1/7/11	100	10.36	1,036
1/7/11	70	10.35	725
1/7/11	100	10.35	1,035
1/7/11	100	10.35	1,035
1/7/11	100	10.32	1,032
1/7/11	100	10.37	1,037
1/7/11	400	10.37	4,148
1/7/11	100	10.36	1,036
1/7/11	100	10.36	1,036
1/7/11	100	10.35	1,035
1/7/11	100	10.35	1,035
1/7/11	100	10.35	1,035
1/7/11	100	10.35	1,035
1/7/11	100	10.33	1,033
1/7/11	100	10.33	1,033
1/7/11	300	10.33	3,099
1/7/11	100	10.32	1,032
1/7/11	100	10.32	1,032
1/7/11	100	10.34	1,034
1/7/11	100	10.33	1,033
1/7/11	100	10.34	1,034
1/7/11	100	10.35	1,035
1/7/11	100	10.34	1,034
1/7/11	100	10.35	1,035
1/7/11	100	10.35	1,035
1/7/11	100	10.34	1,034
1/7/11	100	10.32	1,032
	110,000	10.12	1,112,940

**EXHIBIT INDEX**

The following is filed as an Exhibit to this Amendment No. 10:

Exhibit 1: Joint Filing Agreement, dated February 24, 2011 among Kelley Enterprises Inc., Marsland Holdings Limited, Redmont Trading Corp., First Tsakos Investments Inc. and Tsakos Holdings Foundation.