

SHOCKLEY JOE T JR
Form 4
February 01, 2010

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

OMB APPROVAL

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
SHOCKLEY JOE T JR

(Last) (First) (Middle)

101 N BROADWAY

(Street)

OKLAHOMA CITY, OK 73102

(City) (State) (Zip)

2. Issuer Name and Ticker or Trading Symbol

BANCFIRST CORP /OK/ [BANF]

3. Date of Earliest Transaction (Month/Day/Year)

01/29/2010

4. If Amendment, Date Original Filed (Month/Day/Year)

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

Director 10% Owner
 Officer (give title below) Other (specify below)

EVP & CFO

6. Individual or Joint/Group Filing (Check Applicable Line)

Form filed by One Reporting Person
 Form filed by More than One Reporting Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Ownership (Instr. 4)
			Code	V	Amount (A) or (D) Price		
Common Stock	01/29/2010		M		1,100 A \$ 16.75	7,500	D
Common Stock	01/29/2010		S		1,100 D \$ 40.25	6,400	D
Common Stock	01/29/2010		M		100 A \$ 16.75	6,500	D
Common Stock	01/29/2010		S		100 D \$ 40.39	6,400	D
Common Stock	01/29/2010		M		200 A \$ 16.75	6,600	D

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Common Stock	01/29/2010	S	200	D	\$ 40.4	6,400	D	
Common Stock	01/29/2010	M	100	A	\$ 16.75	6,500	D	
Common Stock	01/29/2010	S	100	D	\$ 40.44	6,400	D	
Common Stock						4,639.763	I	ESOP

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Security (Instr. 3 and 4)	Amount or Number of Shares
Non-qualified Stock Option (right to buy)	\$ 16.75	01/29/2010		M	1,100	02/02/2002 02/02/2013	Common Stock	1,100
Non-qualified stock option (right to buy)	\$ 16.75	01/29/2010		M	100	02/02/2002 02/02/2013	Common Stock	100
Non-qualified stock option (right to buy)	\$ 16.75	01/29/2010		M	200	02/02/2002 02/02/2013	Common Stock	200
Non-qualified stock option	\$ 16.75	01/29/2010		M	100	02/02/2002 02/02/2013	Common Stock	100

Reporting Owners

Reporting Owner Name / Address

Relationships

Reporting Owners

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Director 10% Owner Officer Other

SHOCKLEY JOE T JR
101 N BROADWAY
OKLAHOMA CITY, OK 73102

X

EVP & CFO

Signatures

By: Randy Foraker For: Joe T.
Shockley, Jr.

02/01/2010

__Signature of Reporting Person

Date

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

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