

RYANAIR HOLDINGS PLC  
Form 6-K  
April 07, 2010

**SECURITIES AND EXCHANGE COMMISSION**

**Washington, D.C. 20549**

**FORM 6-K**

**Report of Foreign Private Issuer**

**Pursuant to Rule 13a-16 or 15d-16  
of the Securities Exchange Act of 1934**

For the month of April 2010

**RYANAIR HOLDINGS PLC**  
(Translation of registrant's name into English)

**c/o Ryanair Ltd Corporate Head Office**  
**Dublin Airport**  
**County Dublin Ireland**  
(Address of principal executive offices)

Indicate by check mark whether the registrant files or will file annual reports under cover Form 20-F or Form 40-F.

Form 20-F..X.. Form 40-F.....

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Indicate by check mark whether the registrant by furnishing the information contained in this Form is also thereby furnishing the information to the Commission pursuant to Rule 12g3-2(b) under the Securities Exchange Act of 1934.

Yes ..... No ..X..

If "Yes" is marked, indicate below the file number assigned to the registrant in connection with Rule 12g3-2(b): 82- \_\_\_\_\_

**RYANAIR'S TRAFFIC GROWS 13% IN MARCH**

The passenger and load factor statistics for March 2010 for Ryanair, the world's largest international scheduled airline, are as follows:

	<b>Mar 09</b>	<b>Mar 10</b>	<b>Increase</b>	<b>12 mth to 31 Mar 10</b>
<b>Passengers (m) <sup>1</sup></b>	<b>4.7M</b>	<b>5.3M</b>	<b>+13%</b>	<b>66.5M</b>
<b>Load Factor <sup>2</sup></b>	<b>77%</b>	<b>79%</b>	<b>+2%</b>	<b>82%</b>

1. Represents the number of earned seats flown by Ryanair.
2. Represents the number of passengers as a percentage of total seats available.

Ends. Wednesday, 7<sup>th</sup> April 2010

**For further information**

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**SIGNATURES**

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Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned, hereunto duly authorized.

RYANAIR HOLDINGS PLC

Date: 07 April 2010

By: \_\_\_/s/ Juliusz Komorek\_\_\_

Juliusz Komorek  
Company Secretary