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GOLDEN ENTERPRISES INC
Form 10-Q
October 09, 2007

FORM 10-Q
SECURITIES AND EXCHANGE COMMISSION
WASHINGTON, D.C. 20549

(X) QUARTERLY REPORT PURSUANT TO SECTION 13 OR 15 (d) OF THE SECURITIES
EXCHANGE ACT OF 1934

For the quarterly (thirteen weeks) period ended August 31, 2007

OR

() TRANSITION REPORT PURSUANT TO SECTION 13 OR 15(d) OF THE SECURITIES
EXCHANGE ACT OF 1934

For the transition period from _____ to _____

Commission file number _____ 0-4339

GOLDEN ENTERPRISES, INC.

(Exact name of registrant as specified in its charter)

DELAWARE

63-0250005

(State or other jurisdiction of
incorporation or organization)

(I.R.S. Employer
Identification No.)

One Golden Flake Drive
Birmingham, Alabama

35205

(Address of Principle Executive Offices)

(Zip Code)

(205) 458-7316

(Registrant's telephone number, including area code)

Indicate by check mark whether the registrant (1) has filed all reports required
to be filed by Section 13 or 15(d) of the Securities Exchange Act of 1934 during
the preceding 12 months (or for such shorter period that the registrant was
required to file such reports), and (2) has been subject to such filing
requirements for the past 90 days. Yes (X) No ()

Indicate by check mark whether the registrant is a large accelerated filer, an
accelerated filer, or a non-accelerated filer. See definition of accelerated
filer and large accelerated filer in Rule 12b-2 of the Exchange Act. (Check
one):

Large accelerated filer ____ Accelerated filer ____ Non-accelerated filer__X__

Indicate by check mark whether the registrant is a shell company (as defined in
Rule 12b-2 of the Exchange Act). Yes () No (X)

Indicate the number of shares outstanding of each of the issuer's classes of

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common stock, as of September 28, 2007

Class -----	Outstanding at September 28, 2007 -----
Common Stock, Par Value \$0.66 2/3	11,835,234

GOLDEN ENTERPRISES, INC.

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CONDENSED CONSOLIDATED BALANCE SHEETS

	(Unaudited) August 31, 2007	(Audited) June 1, 2007
	-----	-----
ASSETS		
CURRENT ASSETS		
Cash and cash equivalents	\$ 596,666	\$ 706,852
Receivables, net	7,802,878	8,458,427
Notes receivable, current	59,297	58,126
Inventories:		
Raw materials and supplies	1,251,865	1,340,389
Finished goods	2,828,858	3,035,285
	-----	-----
	4,080,723	4,375,674
	-----	-----
Prepaid expenses	2,103,866	1,622,900
Deferred income taxes	583,179	583,179
	-----	-----
Total current assets	15,226,609	15,805,158
	-----	-----
PROPERTY, PLANT AND EQUIPMENT	12,731,026	12,956,633
OTHER ASSETS		
Long-term note receivable	1,643,360	1,658,630
Other assets	2,857,096	2,905,007
	-----	-----
	\$ 32,458,091	\$ 33,325,428
	=====	=====
LIABILITIES AND STOCKHOLDER'S EQUITY		
CURRENT LIABILITIES		
Checks outstanding in excess of bank balances	\$ 1,815,081	\$ 1,385,663
Accounts payable	2,855,543	3,760,499
Accrued income taxes	471,419	318,198
Other accrued expenses	4,689,888	5,060,758
Salary continuation plan	124,331	121,877
Note payable - current	-	270,625
Line of credit outstanding	264,712	622,950
	-----	-----
Total current liabilities	10,220,974	11,540,570
	-----	-----
LONG-TERM LIABILITIES		
Salary continuation plan	1,562,479	1,582,437
Deferred income taxes	752,298	752,298
	-----	-----
Total long-term liabilities	2,314,777	2,334,735
	-----	-----
STOCKHOLDER'S EQUITY		
Common stock - \$.66-2/3 par value: Authorized 35,000,000 shares; issued 13,828,793 shares	9,219,195	9,219,195
Additional paid-in capital	6,497,954	6,497,954

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Retained earnings	14,883,086	14,410,568
	-----	-----
	30,600,235	30,127,717
Less: Cost of common shares in treasury (1,993,559 at September 1, 2007 and 1,993,463 at June 1, 2007)	(10,677,895)	(10,677,594)
	-----	-----
Total stockholder's equity	19,922,340	19,450,123
	-----	-----
Total	\$ 32,458,091	\$ 33,325,428
	=====	=====

See Accompanying Notes to Condensed Consolidated Financial Statements

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GOLDEN ENTERPRISES, INC. AND SUBSIDIARY
CONDENSED CONSOLIDATED STATEMENTS OF INCOME (UNAUDITED)

	Thirteen Weeks Ended 8/31/07	Thirteen Weeks Ended 9/1/06
	-----	-----
Net sales	\$ 28,394,228	\$ 27,824,938
Cost of sales	14,407,799	14,671,202
	-----	-----
Gross margin	13,986,429	13,153,736
Selling, general and administrative expenses	12,681,882	12,800,024
	-----	-----
Operating Income	1,304,547	353,712
	-----	-----
Other income (expenses):		
Gain on sale of assets	10,500	6,942
Interest expense	(32,743)	(53,569)
Other income	52,733	41,950
	-----	-----
Total other income (expenses)	30,490	(4,677)
	-----	-----
Income before income taxes	1,335,037	349,035
Income taxes	492,664	128,812
	-----	-----
Net income	\$ 842,373	\$ 220,223
	=====	=====
PER SHARE OF COMMON STOCK		
Basic earnings	\$ 0.07	\$ 0.02
Diluted earnings	\$ 0.07	\$ 0.02

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Weighted average number of common stock shares outstanding:		
Basic	11,835,288	11,835,330
Diluted	11,835,288	11,835,330
Cash dividends paid per share of common stock	\$ 0.0313	\$ 0.0313

See Accompanying Notes to Condensed Consolidated Financial Statements

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GOLDEN ENTERPRISES, INC. AND SUBSIDIARY CONDENSED CONSOLIDATED STATEMENTS OF CASH FLOWS (UNAUDITED)

	Thirteen Weeks Ended 08/31/07	Thirteen Weeks Ended 09/01/06
	-----	-----
CASH FLOWS FROM OPERATING ACTIVITIES		
Cash received from customers	\$ 29,049,777	\$ 28,058,565
Interest income	40,789	35,987
Rental income	7,633	4,783
Miscellaneous income	4,311	1,180
Cash paid to suppliers and employees	(14,611,733)	(13,056,609)
Cash paid for operating expenses	(13,336,325)	(13,253,826)
Income taxes (paid)/received	(339,443)	(492,671)
Interest expenses paid	(32,743)	(53,569)
	-----	-----
Net cash from operating activities	782,266	1,243,840
CASH FLOWS FROM INVESTING ACTIVITIES		
Purchase of property, plant and equipment	(348,449)	(339,490)
Proceeds from sale of property, plant and equipment	11,500	10,700
Collection of notes receivable	14,099	13,019
	-----	-----
Net cash used in investing activities	(322,850)	(315,771)
CASH FLOWS FROM FINANCING ACTIVITIES		
Debt proceeds	5,252,017	3,591,714
Debt repayments	(5,880,880)	(3,912,555)
Change in checks outstanding in excess of bank balances	429,418	(238,995)
Cash dividends paid	(369,856)	(369,856)
Purchases of treasury shares	(301)	-
	-----	-----
Net cash provided by financing activities	(569,602)	(929,692)
Net change in cash and cash equivalents	(110,186)	(1,623)
Cash and cash equivalents at beginning of period	706,852	321,627

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Cash and cash equivalents at end of period	\$ 596,666	\$ 320,004
	=====	=====

See Accompanying Notes to Condensed Consolidated Financial Statements

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GOLDEN ENTERPRISES, INC. AND SUBSIDIARY
CONDENSED CONSOLIDATED STATEMENTS OF CASH FLOWS (UNAUDITED) - CONTINUED

RECONCILIATION OF NET INCOME TO NET CASH FROM OPERATING ACTIVITIES
FOR THE THIRTY-NINE WEEKS ENDED AUGUST 31, 2007 AND SEPTEMBER 1, 2006

	Thirteen Weeks Ended 08/31/07	Thirteen Weeks Ended 09/01/06
	-----	-----
Net Income	\$ 842,373	\$ 220,223
Adjustments to reconcile net income to net cash provided by operating activities:		
Depreciation and amortization	573,056	553,933
Gain on sale of property and equipment	(10,500)	(6,942)
Changes in operating assets and liabilities:		
Change in receivables - net	655,549	233,627
Change in inventories	294,951	181,643
Change in prepaid expenses	(480,966)	(615,974)
Change in other assets	47,911	117,975
Change in accounts payable	(904,956)	1,042,782
Change in accrued expenses	(370,869)	(102,993)
Change in salary continuation	(17,504)	(16,575)
Change in accrued income taxes	153,221	(363,859)
	-----	-----
Net cash provided by operating activities	\$ 782,266	\$ 1,243,840
	=====	=====

See Accompanying Notes to Condensed Consolidated Financial Statements

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GOLDEN ENTERPRISES, INC. AND SUBSIDIARY

NOTES TO CONDENSED CONSOLIDATED FINANCIAL STATEMENTS (Unaudited)

- The accompanying unaudited condensed consolidated financial statements of Golden Enterprises, Inc. (the "Company") have been prepared in accordance with accounting principles generally accepted in the United States of America (GAAP) for interim financial information and with the instructions to Form 10-Q and Article 10 to Regulation S-X. Accordingly, they do not include all information and footnotes required by GAAP for complete financial statements. In the opinion of management, all adjustments (consisting only of normal, recurring accruals) necessary for a fair presentation have been included. For further information, refer to the

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consolidated financial statements and footnotes included in the Golden Enterprises, Inc. and subsidiary ("the Company") Annual Report on Form 10-K for year ended June 1, 2007.

2. The consolidated results of operations for the thirteen weeks ended August 31, 2007 are not necessarily indicative of the results to be expected for the fifty-two week fiscal year ending May 30, 2008.
3. The following tables summarize the prepaid assets accounts at August 31, 2007 and September 1, 2006:

Prepaid Breakdown

	August 31, 2007	September 1, 2006
Truck Shop Supplies	\$ 694,622	\$ 686,045
Insurance Deposit	227,640	227,640
Slotting Fees	218,292	191,949
Deferred Advertising Fees	617,625	592,498
Prepaid Insurance	194,367	336,516
Prepaid Taxes/Licenses	116,092	122,322
Prepaid Dues/Supplies	6,872	36,919
Other	28,356	30,544
	\$ 2,103,866	\$ 2,224,433
	\$ 2,103,866	\$ 2,224,433

4. The principal raw materials used in the manufacture of the Company's snack food products are potatoes, corn, vegetable oils and seasoning. The principal supplies used are flexible film, cartons, trays, boxes and bags. These raw materials and supplies are generally available in adequate quantities in the open market from sources in the United States and are generally contracted up to a year in advance.
5. Inventories are stated at the lower of cost or market. Cost is computed on the first-in, first-out method.
6. In June 2006, the Financial Accounting Standards Board (FASB) issued FASB Interpretation No. 48, "Accounting For Uncertainty in Income Taxes - an Interpretation of FASB Statement 109", (FIN 48). FIN 48 is effective for fiscal years beginning after December 15, 2006. FIN 48 was adopted in the current period and it did not have a material impact on the current period financial position, results of operations or cash flows.

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7. The following table provides a reconciliation of the denominator used in computing basic earnings per share to the denominator used in computing diluted earnings per share for the thirty-nine weeks ended August 31, 2007 and September 1, 2006:

	Thirteen Weeks Ended 08/31/07	Thirteen Weeks Ended 09/01/06
Weighted average number of common shares used in	11,835,288	11,835,330

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computing basic earnings per share		
Effect of dilutive stock options	0	0
	-----	-----
Weighted average number of common shares and dilutive potential common stock used in computing dilutive earnings per share	11,835,288	11,835,330
	=====	=====
Stock options excluded from the above reconciliation because they are anti-dilutive	369,000	369,000
	=====	=====

8. The Company's note payable was paid in full during the thirteen weeks ended August 31, 2007.
9. The Company has a letter of credit in the amount of \$2,668,846 outstanding at August 31, 2007, compared to \$2,668,846 at September 1, 2006. The letter of credit supports the Company's commercial self-insurance program.
10. The Company has a line-of-credit agreement with a local bank that permits borrowing up to \$2 million. The line-of-credit is subject to the Company's continued credit worthiness and compliance with the terms and conditions of the advance application. The Company's line-of-credit debt as of August 31, 2007 was \$264,712 with an interest rate of 8.25%, leaving the Company with \$1,735,288 of credit availability. The Company's line-of-credit debt as of September 1, 2006 was \$171,460 with an interest rate of 8.25%, leaving the Company with \$1,828,540 of credit availability.
11. The Company's financial instruments that are exposed to concentrations of credit risk consist primarily of cash equivalents and trade receivables.

The Company maintains deposit relationships with high credit quality financial institutions. The Company's trade receivables result primarily from its snack food operations and reflect a broad customer base, primarily large grocery store chains located in the Southeastern United States. The Company routinely assesses the financial strength of its customers. As a consequence, concentrations of credit risk are limited.

The Company's notes receivable require collateral and management believes they are well secured.

REPORT OF INDEPENDENT REGISTERED PUBLIC ACCOUNTING FIRM

We have reviewed the accompanying interim consolidated balance sheet of Golden Enterprises, Inc. and subsidiary as of August 31, 2007 and the related interim consolidated statements of income and cash flows for the thirteen week period then ended. These financial statements are the responsibility of the Company's management.

We conducted our review in accordance with standards established by the Public Accounting Oversight Board (United States). A review of interim financial statements consists principally of applying analytical procedures to financial data and making inquiries of persons responsible for financial and accounting matters. It is substantially less in scope than an audit conducted in accordance

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with the standards of the Public Company Accounting Oversight Board, the objective of which is the expressions of an opinion regarding the financial statements taken as a whole. Accordingly, we do not express such an opinion.

Based on our review, we are not aware of any material modifications that should be made to the accompanying financial statements for them to be in conformity with accounting principles generally accepted in the United States of America.

We previously audited in accordance with the standards of the Public Company Accounting Oversight Board (United States), the consolidated balance sheet as of June 1, 2007 and the related consolidated statements of operations, changes in stockholders' equity and cash flows for the fiscal year then ended (not presented herein), and in our report dated July 31, 2007 we expressed an unqualified opinion on those consolidated financial statements. In our opinion, the information set forth in the accompanying condensed consolidated balance sheet as of June 1, 2007, is fairly stated in all material respects in relation to the consolidated balance sheet from which it has been derived.

Birmingham, Alabama
October 4, 2007

DUDLEY, HOPTON-JONES, SIMS & FREEMAN PLLP

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ITEM 2

MANAGEMENT'S DISCUSSION AND ANALYSIS OF FINANCIAL CONDITION AND RESULTS OF OPERATIONS

Management's discussion and analysis of our financial condition and results of operations are based upon the condensed consolidated financial statements, which have been prepared in accordance with accounting principles generally accepted in the United States. This discussion should be read in conjunction with our recent SEC filings, including Form 10-K for the year ended June 1, 2007. The preparation of these financial statements requires us to make estimates and judgments about future events that affect the reported amounts of assets, liabilities, revenues and expenses, and the related disclosures. Future events and their effects cannot be determined with absolute certainty. Therefore, management's determination of estimates and judgments about the carrying values of assets and liabilities requires the exercise of judgment in the selection and application of assumptions based on various factors, including historical experience, current and expected economic conditions and other factors believed to be reasonable under the circumstances. We routinely evaluate our estimates including those considered significant and discussed in detail in Form 10-K for the year ended June 1, 2007. Actual results may differ from these estimates under different assumptions or conditions and such differences may be material.

OVERVIEW

The Company manufactures and distributes a full line of snack items, such as potato chips, tortilla chips, corn chips, fried pork skins, baked and fried cheese curls, onion rings and puff corn. The products are all packaged in flexible bags or other suitable wrapping material. The Company also sells a line of cakes and cookie items, canned dips, pretzels, peanut butter crackers, cheese crackers, dried meat products and nuts packaged by other manufacturers using the Golden Flake label.

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No single product or product line accounts for more than 50% of the Company's sales, which affords some protection against loss of volume due to a crop failure of major agricultural raw materials. Raw materials used in manufacturing and processing the Company's snack food products are purchased on the open market and under contract through brokers and directly from growers. A large part of the raw materials used by the Company consists of farm commodities which are subject to precipitous changes in supply and price. Weather varies from season to season and directly affects both the quality and supply available. The Company has no control of the agricultural aspects and its profits are affected accordingly.

The Company sells its products through its own sales organization and independent distributors to commercial establishments that sell food products primarily in the Southeastern United States. The products are distributed through the independent distributors and approximately 429 route representatives who are supplied with selling inventory by the Company's trucking fleet. All of the route representatives are employees of the Company and use the Company's direct-store delivery system.

OTHER MATTERS

Transactions with related parties, reported in Note 12 of the Notes to Consolidated Financial Statements in the Annual Report to Stockholders for fiscal year ended June 1, 2007, are conducted on an arm's-length basis in the ordinary course of business.

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LIQUIDITY AND CAPITAL RESOURCES

Working Capital was \$4,264,588 at June 1, 2007 and \$5,005,635 at the end of the first quarter. Net cash provided by operating activities amounted to \$782,266 for the thirteen weeks ended August 31, 2007 compared to \$1,243,840 for the same period last year.

Cash dividends of \$369,856 were paid during this year's first quarter compared to \$369,856 last year. Cash was used to purchase 96 shares of treasury stock this quarter in the amount of \$301. The Company's current ratio was 1.49 to 1.00 at August 31, 2007.

Accounts Receivable and Allowance for Doubtful Accounts

At August 31, 2007 and June 1, 2007 the Company had accounts receivables in the amount of \$7,802,878 and \$8,458,427, net of an allowance for doubtful accounts of \$70,000 and \$112,915, respectively. The Company purchased credit insurance for accounts receivable during the thirteen weeks which reduced allowance for doubtful accounts to \$70,000. Without credit insurance, the allowance for doubtful accounts would have been \$96,316 compared to \$112,915 last year.

The following table summarizes the Company's customer accounts receivable profile as of August 31, 2007:

Amount Range	No. of Customers
-----	-----
Less than \$1,000.00	1,242
\$1,001.00-\$10,000.00	535
\$10,001.00-\$100,000.00	112

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\$100,001.00-\$500,000.00	8
\$500,001.00-\$1,000,000.00	1
\$1,000,001.00-\$2,500,000.00	0

Total All Accounts	1,898
	=====

The following table summarizes the significant contractual obligations of the Company as of August 31, 2007:

Contractual Obligations	Total	Current	2-3 Years	4-5 Years	Thereafter
Vehicle Lease	\$ 461,247	\$ 109,713	\$ 219,427	\$ 132,107	\$ -
Salary Continuation Plan	1,686,810	124,331	280,476	328,967	953,036
Total Contractual Obligations	\$ 2,148,057	\$ 234,044	\$ 499,903	\$ 461,074	\$ 953,036

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Other Commitments

Available cash, cash from operations and available credit under the line-of-credit are expected to be sufficient to meet anticipated cash expenditures and normal operating requirements for the foreseeable future.

OPERATING RESULTS

For the thirteen weeks ended August 31, 2007, net sales increased 2.0% from the comparable period in fiscal 2007. This year's first quarter cost of sales was 50.7% of net sales compared to 52.7% for last year's first quarter. This year's first quarter, selling, general, and administrative expenses were 44.7% of net sales compared to 46.0% for last year's first quarter.

The following tables compare manufactured products to resale products:

Manufactured Products-Resale Products

	Thirteen Weeks Ended August 31, 2007		Thirteen Weeks Ended September 1, 2006	
Sales		%		%
Manufactured Products	\$ 22,933,096	80.8%	\$ 22,241,872	79.9%
Resale Products	5,461,132	19.2%	5,583,066	20.1%
Total	\$ 28,394,228	100.0%	\$ 27,824,938	100.0%
	=====	=====	=====	=====
		%		%
Gross Margin				
Manufactured Products	\$ 12,210,069	53.2%	\$ 10,672,078	48.0%
Resale Products	1,776,360	32.5%	2,481,658	44.4%
Total	\$ 13,986,429	49.3%	\$ 13,153,736	47.3%
	=====	=====	=====	=====

The Company's gain on sales of assets for the thirteen weeks ended August 31,

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2007 in the amount of \$10,500 was from the sale of used transportation equipment.

For last year's thirteen weeks the gain on sale of assets was \$6,942 from the sale of used equipment for cash.

The Company's effective tax rate for the first quarter was 36.9% compared to 36.9% for the last year's first quarter.

MARKET RISK

The principal market's risks (i.e., the risk of loss arising from adverse changes in market rates and prices), to which the Company is exposed, are interest rates on its bank loans, and commodity prices affecting the cost of its raw materials.

Included in the Company's cash and cash equivalents are short-term marketable securities. Presently, these are variable rate money market mutual funds. Assuming August 31, 2007 variable rate investment levels and a one-point change in interest rates would impact interest income by \$3,254 on an annual basis.

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The Company is subject to market risk with respect to commodities because its ability to recover increased costs through higher pricing may be limited by the competitive environment in which it operates. The Company purchases its raw materials on the open market and under contract through brokers or directly from growers. Future contracts have been used occasionally to hedge immaterial amounts of commodity purchases, but none are presently being used.

INFLATION

Certain costs and expenses of the Company are affected by inflation. The Company's prices for its products over the past several years have remained relatively flat. The Company will contend with the effect of further inflation through efficient purchasing, improved manufacturing methods, pricing and by monitoring and controlling expenses.

ENVIRONMENTAL MATTERS

There have been no material effects of compliance with governmental provisions regulating discharge of materials into the environment.

FORWARD-LOOKING STATEMENTS

This discussion contains certain forward-looking statements within the meaning of the Private Securities Litigation Reform Act of 1995. Actual results could differ materially from those forward-looking statements. Factors that may cause actual results to differ materially include price competition, industry consolidation, raw material costs and effectiveness of sales and marketing activities, as described in the Company's filings with the Securities and Exchange Commission.

ITEM 3

QUANTITATIVE AND QUALITATIVE DISCLOSURE ABOUT MARKET RISK

Included in Item 2, Management's Discussion and Analysis of Financial Condition and Results of Operations- Market Risk beginning on page 12.

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ITEM 4

CONTROLS AND PROCEDURES

The Company's management, with the participation of the Company's Chief Executive Officer and Chief Financial Officer, has evaluated the effectiveness of the Company's disclosure controls and procedures (as such term is defined in Rules 13a-15(e) and 15d-15(e) under the Securities Exchange Act of 1934, as amended (the "Exchange Act")), as of the end of the period covered by this report. Any controls and procedures, no matter how well designed and operated can provide only reasonable assurance of achieving the desired control objectives. Based on such evaluation, the Company's Chief Executive Officer and Chief Financial Officer have concluded that, as of the end of such period, the Company's disclosure controls and procedures provided reasonable assurance that the disclosure controls and procedures were effective in recording, processing, summarizing and reporting, on a timely basis, information required to be disclosed by the Company in the reports that it files or submits under the Exchange Act and in accumulating and communicating such information to management, including the Company's Chief Executive Officer and Chief Financial Officer, as appropriate to allow timely decisions regarding required disclosure.

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The Company's management, with the participation of the Company's Chief Executive Officer and Chief Financial Officer, conducted an evaluation of the Company's internal control over financial reporting to determine whether any changes occurred during the Company's first fiscal quarter ended August 31, 2007 that have materially affected, or are reasonably likely to materially affect, the Company's internal control over financial reporting. Based on that evaluation, there has been no such change during the period covered by this report.

PART II OTHER INFORMATION

ITEM 1

LEGAL PROCEEDINGS

There are no material pending legal proceedings against the Company or its subsidiary other than routine litigation incidental to the business of the Company and its subsidiary.

ITEM 1-A

RISK FACTORS

There are no material changes in our risk factors from those disclosed in our 2007 Annual Report on Form 10-K.

ITEM 2

UNREGISTERED SALES OF EQUITY SECURITIES AND USE OF PROCEEDS

The Company did not sell any equity securities during the period covered by this report.

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Registrant Purchases of Equity Securities.

Cash was used to purchase 96 shares of treasury stock this year in the amount of \$301.

ISSUER PURCHASES OF EQUITY SECURITIES

Period	(a) Total Number of Shares (or Units) Purchased	(b) Average Price Paid per Share (or Unit)	(c) Total Number of Shares (or Units) Purchased as Part of Publicly Announced Plans or Programs	(d) Maximum Number (or Approximate Dollar Value) of Shares (or Units) that May Yet Be Purchased Under the Plans or Programs
Month #1 June 1 to June 30				
Month #2 July 1 to July 31	96	3.130		\$301
Month #3 August 1 to August 31				
Total	96	3.130		\$301

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ITEM 3

DEFAULTS UPON SENIOR SECURITIES

Not applicable.

ITEM 4

SUBMISSION OF MATTERS TO
A VOTE OF SECURITY HOLDERS

Not applicable.

ITEM 5

OTHER INFORMATION

Not applicable.

ITEM 6

EXHIBITS

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- (3) Articles of Incorporation and By-laws of Golden Enterprises, Inc.
 - 3.1 Certificate of Incorporation of Golden Enterprises, Inc. (originally known as "Golden Flake, Inc.") dated December 11, 1967 (incorporated by reference to Exhibit 3.1 to Golden Enterprises, Inc. May 31, 2004 Form 10-K filed with the Commission).
 - 3.2 Certificate of Amendment of Certificate of Incorporation of Golden Enterprises, Inc. dated December 22, 1976 (incorporated by reference to Exhibit 3.2 to Golden Enterprises, Inc. May 31, 2004 Form 10-K filed with the Commission).
 - 3.3 Certificate of Amendment of Certificate of Incorporation of Golden Enterprises, Inc. dated October 2, 1978 (incorporated by reference to Exhibit 3 to Golden Enterprises, Inc. May 31, 1979 Form 10-K filed with the Commission).
 - 3.4 Certificate of Amendment of Certificate of Incorporation of Golden Enterprises, Inc. dated October 4, 1979 (incorporated by reference to Exhibit 3 to Golden Enterprises, Inc. May 31, 1980 Form 10-K filed with the Commission).
 - 3.5 Certificate of Amendment of Certificate of Incorporation of Golden Enterprises, Inc. dated September 24, 1982 (incorporated by reference to Exhibit 3.1 to Golden Enterprises, Inc. May 31, 1983 Form 10-K filed with the Commission).
 - 3.6 Certificate of Amendment of Certificate of Incorporation of Golden Enterprises, Inc. dated September 22, 1983 (incorporated by reference to Exhibit 19.1 to Golden Enterprises, Inc. Form 10-Q Report for the quarter ended November 30, 1983 filed with the Commission).
 - 3.7 Certificate of Amendment of Certificate of Incorporation of Golden Enterprises, Inc. dated October 3, 1985 (incorporated by reference to Exhibit 19.1 to Golden Enterprises, Inc. Form 10-Q Report for the quarter ended November 30, 1985 filed with the Commission).
 - 3.8 Certificate of Amendment of Certificate of Incorporation of Golden Enterprises, Inc. dated September 23, 1987 (incorporated by reference to Exhibit 3.1 to Golden Enterprises, Inc. May 31, 1988 Form 10-K filed with the Commission).
 - 3.9 By-Laws of Golden Enterprises, Inc. (incorporated by reference to Exhibit 3.4 to Golden Enterprises, Inc. May 31, 1988 Form 10-K filed with the Commission).
- (10) Material Contracts.
 - 10.1 A Form of Indemnity Agreement executed by and between Golden Enterprises, Inc. and Each of its Directors (incorporated by reference as Exhibit 19.1 to Golden Enterprises, Inc. Form 10-Q Report for the quarter ended November 30, 1987 filed with the Commission).
 - 10.2 Amended and Restated Salary Continuation Plans for John S. Stein (incorporated by reference to Exhibit 19.1 to Golden Enterprises, Inc. May 31, 1990 Form 10-K filed with the Commission).

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- 10.3 Indemnity Agreement executed by and between the Company and S. Wallace Nall, Jr. (incorporated by reference as Exhibit 19.4 to Golden Enterprises, Inc. May 31, 1991 Form 10-K filed with the Commission).
 - 10.4 Salary Continuation Plans - Retirement Disability and Death Benefits for F. Wayne Pate (incorporated by reference to Exhibit 19.1 to Golden Enterprises, Inc. May 31, 1992 Form 10-K filed with the Commission).
 - 10.5 Indemnity Agreement executed by and between the Registrant and F. Wayne Pate (incorporated by reference as Exhibit 19.3 to Golden Enterprises, Inc. May 31, 1992 Form 10-K filed with the Commission).
 - 10.6 Golden Enterprises, Inc. 1996 Long-Term Incentive Plan (incorporated by reference as Exhibit 10.1 to Golden Enterprises, Inc. May 31, 1997 Form 10-K filed with the Commission).
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- 10.7 Equipment Purchase and Sale Agreement dated October 2000 whereby Golden Flake Snack Foods, Inc., a wholly-owned subsidiary of Golden Enterprises, Inc., sold the Nashville, Tennessee Plant Equipment (incorporated by reference as Exhibit 10.1 to Golden Enterprises, Inc. May 31, 2001 Form 10-K filed with the Commission).
 - 10.8 Real Property Contract of Sale dated October 2000 whereby Golden Flake Snack Foods, Inc. sold the Nashville, Tennessee Plant Real Property (incorporated by reference as Exhibit 10.2 to Golden Enterprises, Inc. May 31, 2001 Form 10-K filed with the Commission).
 - 10.9 Amendment to Salary Continuation Plans, Retirement and Disability for F. Wayne Pate dated April 9, 2002 (incorporated by reference to Exhibit 10.2 to Golden Enterprises, Inc. May 31, 2002 Form 10-K filed with the Commission).
 - 10.10 Amendment to Salary Continuation Plans, Retirement and Disability for John S. Stein dated April 9, 2002 (incorporated by reference to Exhibit 10.3 to Golden Enterprises, Inc. May 31, 2002 Form 10-K filed with the Commission).
 - 10.11 Amendment to Salary Continuation Plan, Death Benefits for John S. Stein dated April 9, 2002 (incorporated by reference to Exhibit 10.4 to Golden Enterprises, Inc. May 31, 2002 Form 10-K filed with the Commission).
 - 10.12 Retirement and Consulting Agreement for John S. Stein dated April 9, 2002 (incorporated by reference to Exhibit 10.5 to Golden Enterprises, Inc. May 31, 2002 Form 10-K filed with the Commission).
 - 10.13 Salary Continuation Plan for Mark W. McCutcheon dated May 15, 2002 (incorporated by reference to Exhibit 10.6 to Golden Enterprises, Inc. May 31, 2002 Form 10-K filed with the Commission).
 - 10.14 Trust Under Salary Continuation Plan for Mark W. McCutcheon dated May 15, 2002 (incorporated by reference to Exhibit 10.7 to Golden Enterprises, Inc. May 31, 2002 Form 10-K filed with the Commission).
 - 10.15 Lease of aircraft executed by and between Golden Flake Snack Foods, Inc., a wholly-owned subsidiary of Golden Enterprises, Inc., and Joann F. Bashinsky dated February 1, 2006 (incorporated by reference to Exhibit 10.15 to Golden Enterprises, Inc. June 2, 2006 Form 10-K filed

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with the Commission).

(31) Certifications

- 31.1 Certification of Chief Executive Officer pursuant to Section 302 of the Sarbanes Oxley Act of 2002.
- 31.2 Certification of Chief Financial Officer pursuant to Section 302 of the Sarbanes Oxley Act of 2002.

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- 32.1 Certification of Chief Executive Officer pursuant to Section 906 of the Sarbanes Oxley Act of 2002,
- 32.2 Certification of Chief Financial Officer pursuant to Section 906 of the Sarbanes-Oxley Act of 2002.

(99) Additional Exhibits

- 99.1 A copy of excerpts of the Last Will and Testament and Codicils thereto of Sloan Y. Bashinsky, Sr. and of the SYB Common Stock Trust created by Sloan Y. Bashinsky, Sr. providing for the creation of a Voting Committee to vote the shares of common stock of Golden Enterprises, Inc. held by SYB, Inc. and the Estate/Testamentary Trust of Sloan Y. Bashinsky, Sr. (Incorporated by reference to Exhibit 99.1 to Golden Enterprises, Inc. May 31, 2005 Form 10-k filed with the Commission).

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

GOLDEN ENTERPRISES, INC.

(Registrant)

Dated: October 9, 2007

/s/ Mark W. McCutcheon

Mark W. McCutcheon
President and
Chief Executive Officer

Dated: October 9, 2007

/s/ Patty Townsend

Patty Townsend
Vice-President and
Chief Financial Officer
(Principal Accounting Officer)

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