

MAY J THOMAS  
Form 4  
January 19, 2006

**FORM 4**

**UNITED STATES SECURITIES AND EXCHANGE COMMISSION  
Washington, D.C. 20549**

OMB APPROVAL

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

**STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person \*  
**MAY J THOMAS**

2. Issuer Name and Ticker or Trading Symbol  
**SIMMONS FIRST NATIONAL CORP [SFNC]**

5. Relationship of Reporting Person(s) to Issuer  
  
(Check all applicable)

(Last) (First) (Middle)  
**SIMMONS FIRST NATIONAL CORP, 501 MAIN STREET**  
  
(Street)

3. Date of Earliest Transaction (Month/Day/Year)  
**01/17/2006**

\_\_\_\_ Director \_\_\_\_\_ 10% Owner  
 Officer (give title below) \_\_\_\_\_ Other (specify below)  
**President, Chairman, CEO**

**PINE BLUFF, AR 71611**

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)  
 Form filed by One Reporting Person  
 Form filed by More than One Reporting Person

(City) (State) (Zip)

**Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned**

| 1. Title of Security (Instr. 3) | 2. Transaction Date (Month/Day/Year) | 2A. Deemed Execution Date, if any (Month/Day/Year) | 3. Transaction Code (Instr. 8) | 4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5) | 5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4) | 6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | 7. Nature of Ownership (Instr. 4) |         |   |                  |
|---------------------------------|--------------------------------------|--|--------------------------------|---|---|--|-----------------------------------|---------|---|------------------|
|                                 |                                      |  | Code                           | V   | Amount  | (A) or (D)   | Price                             |         |   |                  |
| SFNC                            | 01/17/2006                           |  | G                              |   | 3,000   | D  | \$ 16.22                          | 106,269 | D |                  |
| SFNC                            | 01/17/2006                           |  | G                              |   | 750   | A  | \$ 16.22                          | 1,725   | I | Cust. (Son)      |
| SFNC                            | 01/17/2006                           |  | G                              |   | 750   | A  | \$ 16.22                          | 1,740   | I | Cust. (Daughter) |
| SFNC                            | 01/17/2006                           |  | G                              |   | 2,050   | D  | \$ 15.17                          | 104,219 | D |                  |
| SFNC                            |                                      |  |                                |   |   |  |                                   | 4,200   | I | IRA - Regions    |

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SFNC 14,306 I IRA - Stephens

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

**Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.**

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**Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned**  
(e.g., puts, calls, warrants, options, convertible securities)

| 1. Title of Derivative Security (Instr. 3) | 2. Conversion or Exercise Price of Derivative Security | 3. Transaction Date (Month/Day/Year) | 3A. Deemed Execution Date, if any (Month/Day/Year) | 4. Transaction Code (Instr. 8) | 5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5) | 6. Date Exercisable and Expiration Date (Month/Day/Year) | 7. Title and Amount of Underlying Securities (Instr. 3 and 4) | 8. Price or Value of Underlying Securities (Instr. 3 and 4) |                            |  |
|--|--|--------------------------------------|--|--------------------------------|---|--|---|---|----------------------------|--|
|  |  |                                      |  | Code                           | V (A) (D)   | Date Exercisable   | Expiration Date   | Title   | Amount or Number of Shares |  |
| Incentive Stock Option                     | \$ 13.5  | 05/29/1997                           |  | X                              | 0   | 05/29/1997 05/28/2007                                    | Common  | 18,000  | \$                         |  |
| Incentive Stock Option                     | \$ 13.5  | 05/29/1997                           |  | X                              | 0   | 05/29/1998 05/28/2008                                    | Common  | 18,000  | \$                         |  |
| Incentive Stock Option                     | \$ 13.5  | 05/29/1997                           |  | X                              | 0   | 05/29/1999 05/28/2009                                    | Common  | 18,000  | \$                         |  |
| Incentive Stock Option                     | \$ 13.5  | 05/29/1997                           |  | X                              | 0   | 05/29/2000 05/28/2010                                    | Common  | 18,000  | \$                         |  |
| Incentive Stock Option                     | \$ 13.5  | 05/29/1997                           |  | X                              | 0   | 05/29/2001 05/28/2011                                    | Common  | 18,000  | \$                         |  |
| Incentive Stock Option                     | \$ 12.13   | 05/07/2001                           |  | X                              | 0   | 05/07/2001 05/06/2011                                    | Common  | 16,000  | \$ 1                       |  |
| Incentive Stock Option                     | \$ 12.13   | 05/07/2001                           |  | X                              | 0   | 05/07/2002 05/06/2012                                    | Common  | 16,000  | \$ 1                       |  |

