GOLDEN ENTERPRISES INC

Form 5 July 15, 2013

Common

Stock (1)

08/21/2012

08/21/2012

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OMB APPROVAL FORM 5 **OMB** UNITED STATES SECURITIES AND EXCHANGE COMMISSION 3235-0362 Number: Washington, D.C. 20549 Check this box if January 31, Expires: no longer subject 2005 to Section 16. Estimated average ANNUAL STATEMENT OF CHANGES IN BENEFICIAL Form 4 or Form burden hours per 5 obligations OWNERSHIP OF SECURITIES response... 1.0 may continue. See Instruction Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, 1(b). Form 3 Holdings Section 17(a) of the Public Utility Holding Company Act of 1935 or Section Reported 30(h) of the Investment Company Act of 1940 Form 4 Transactions Reported 1. Name and Address of Reporting Person * 2. Issuer Name and Ticker or Trading 5. Relationship of Reporting Person(s) to Issuer JONES DAVID Symbol **GOLDEN ENTERPRISES INC** (Check all applicable) [GLDC] (Middle) 3. Statement for Issuer's Fiscal Year Ended (Last) (First) _X_ Director 10% Owner _X__ Officer (give title (Month/Day/Year) Other (specify below) below) 05/31/2013 **EVP Operations** ONE GOLDEN FLAKE DRIVE (Street) 4. If Amendment, Date Original 6. Individual or Joint/Group Reporting Filed(Month/Day/Year) (check applicable line) BIRMINGHAM, ALÂ 35205 _X_ Form Filed by One Reporting Person Form Filed by More than One Reporting (City) (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned 1. Title of 2. Transaction Date 2A. Deemed 3. 4. Securities Acquired 5. Amount 7. Nature of Security (Month/Day/Year) Execution Date, if Transaction (A) or Disposed of (D) of Securities Ownership Indirect Beneficial (Instr. 3) Code (Instr. 3, 4 and 5) Beneficially Form: Ownership (Month/Day/Year) (Instr. 8) Owned at Direct (D) (Instr. 4) end of or Indirect Issuer's (I) Fiscal Year (Instr. 4) (A) (Instr. 3 and 4) Price Amount (D) Common $0^{(3)}$ Â 06/19/2012 06/19/2012 L 13.0682 D Stock (1) 3.52 Common 07/17/2012 13.0312 A $0^{(3)}$ Â 07/17/2012 L D Stock (1) 3.53 Common 08/08/2012 $0^{(3)}$ Â 08/08/2012 L 3.5355 D 3.38 Stock (1)

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D

 $0^{(3)}$

Common Stock (1)	09/18/2012	09/18/2012	L	13.5693	A	\$ 3.39	0 (3)	D	Â
Common Stock (1)	10/16/2012	10/16/2012	L	13.5486	A	\$ 3.4	0 (3)	D	Â
Common Stock (1)	10/31/2012	10/31/2012	L	3.9692	A	\$ 3.25	0 (3)	D	Â
Common Stock (1)	11/20/2012	11/20/2012	L	13.5486	A	\$ 3.39	0 (3)	D	Â
Common Stock (1)	12/18/2012	12/18/2012	L	13.5697	A	\$ 3.39	0 (3)	D	Â
Common Stock (1)	01/15/2013	01/15/2013	L	12.4324	A	\$ 3.7	0 (3)	D	Â
Common Stock (1)	01/31/2013	01/31/2013	L	4.1733	A	\$ 3.52	0 (3)	D	Â
Common Stock (1)	02/19/2013	02/19/2013	L	12.9581	A	\$ 3.55	0 (3)	D	Â
Common Stock (1)	03/19/2013	03/19/2013	L	13.3337	A	\$ 3.45	0 (3)	D	Â
Common Stock (1)	04/16/2013	04/16/2013	L	13.2569	A	\$ 3.47	0 (3)	D	Â
Common Stock (1)	04/25/2013	04/25/2013	L	4.5391	A	\$ 3.45	0 (3)	D	Â
Common Stock (1)	05/21/2013	05/21/2013	L	12.7427	A	\$ 3.61	0 (3)	D	Â
Common Stock	Â	Â	Â	Â	Â	Â	5,231,128	I	By SYB, Inc. $\underline{^{(2)}}$
Common Stock	Â	Â	Â	Â	Â	Â	600,279	I	By Testa-mentary Marital Trust
Common Stock	Â	Â	Â	Â	Â	Â	2,217	I	By Golden Flake Snack Foods, Inc. 401(k) Plan and Trust

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 2270 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

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1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5.	6. Date Exerc	cisable and	7. Title and	8. Price of
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transaction	Number	Expiration D	ate	Amount of	Derivative
Security	or Exercise		any	Code	of	(Month/Day/Year)		Underlying	Security
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Derivativ	e		Securities	(Instr. 5)
	Derivative				Securities	;		(Instr. 3 and	14)
	Security				Acquired				
					(A) or				
					Disposed				
					of (D)				
					(Instr. 3,				
					4, and 5)				
					(A) (D)	D. (Б	TD: 41 A	,
					(A) (D)		*	Title Amo	unt
						Exercisable	Date	or	
								Num	ber
								of	
								Share	es

Reporting Owners

Reporting Owner Name / Address	Relationships							
	Director	10% Owner	Officer	Other				
JONES DAVID ONE GOLDEN FLAKE DRIVE BIRMINGHAM, AL 35205	ÂX	Â	EVP Operations	Â				

Signatures

/s/ David A.
Jones

**Signature of Reporting Person

O7/15/2013

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Purchases are part of automatic investment program of \$46 per month and reinvestment of dividends in Golden Enterprises, Inc. Common Stock.
 - As a Company Director, Mr. Jones will serve on the Voting Committee created under the Last Will and Testament/Trusts and SYB, Inc. Common Stock Trust created by Sloan Y. Bashinsky, Sr. (AMr. Bashinsky@). The Voting Committee, presently made up of eight members (seven members of the Issuer=s Board of Directors and one member selected by the Personal Representatives and Trustees of
- (2) Mr. Bashinsky=s Estate/Trusts), votes the shares of Issuer=s stock owned by the Marital Trust created by the Last Will and Testament of Mr. Bashinsky (ATestamentary Trust@) (600,279 Shares) and the shares owned by SYB, Inc. (5,231,128 Shares). Mr. Jones disclaims beneficial ownership of such Shares. The Voting Committee has previously executed a Schedule 13D on behalf of a Voting Group of the Testamentary Trust and the SYB, Inc. Common Stock Trust.
- (3) Total number of shares owned at end of year is shown after last purchase.

Note: File three copies of this Form, one of which must be manually signed. If space provided is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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