CARTER HAROLD D

Form 4

Stock

Abraxas Petroleum

Common

Stock

November 16	5, 2009						
FORM	4					APPROVAL	
	UNITEDSIAI	ES SECURITIES AND E Washington, D.C. 2		COMMISSION	OMB Number:	3235-0287	
Check this if no long subject to	er STATEMENT	OF CHANGES IN BENE	F CHANGES IN BENEFICIAL OWNERS SECURITIES			January 31, 2005	
Section 16 Form 4 or	5.	SECURITIES				l average ours per 0.5	
Form 4 or Form 5 obligations may continue. See Instruction 1(b). Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940							
(Print or Type R	esponses)						
1. Name and AcCARTER H.	ddress of Reporting Person ** AROLD D	2. Issuer Name and Ticker Symbol		5. Relationship of Reporting Person(s) to Issuer			
		ABRAXAS PETROLE [AXAS]	(Check all applicable)				
(Last)	(First) (Middle)	3. Date of Earliest Transaction (Month/Day/Year)	X Director Officer (give below)		0% Owner ther (specify		
18803 MEIS	SNER DRIVE	11/12/2009					
	(Street)	4. If Amendment, Date Origin Filed(Month/Day/Year)	nal	6. Individual or J Applicable Line) _X_ Form filed by			
SAN ANTO	NO, TX 78258				More than One		
(City)	(State) (Zip)	Table I - Non-Derivativ	ve Securities Ac	quired, Disposed o	of, or Benefici	ally Owned	
1.Title of Security (Instr. 3)	any	tion Date, if Transaction(A) or Code (D)	Transaction(A) or Disposed of Code (D)		6. Ownership Form: Direct (D) or Indirect (I)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
A.1		Code V Amou	(A) or unt (D) Price	Reported Transaction(s) (Instr. 3 and 4)	(Instr. 4)		
Abraxas Petroleum Common Stock	11/12/2009	A 1,829	A \$ 1.64	28,514	D		
Abraxas Petroleum Common				7,577	I	НВОС	

Retirement

Account

40,598

I

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Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474 (9-02)

> 9. Nu Deriv Secur Bene Own Follo Repo Trans (Instr

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

 Title of 	2.	3. Transaction Date	3A. Deemed	4.	5.	6. Date Exerc	cisable and	7. Titl	e and	8. Price of	9
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transacti	onNumber	Expiration D	ate	Amou	nt of	Derivative	J
Security	or Exercise		any	Code	of	(Month/Day/	Year)	Under	lying	Security	,
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Derivative	e		Secur	ities	(Instr. 5)]
	Derivative				Securities	1		(Instr.	3 and 4)		(
	Security				Acquired]
					(A) or						J
					Disposed						-
					of (D)						(
					(Instr. 3,						
					4, and 5)						
									Amount		
									or		
							Expiration		Number		
							isable Date	11110	of		
				Code V	(A) (D)				Shares		
				Code v	(A) (D)				Shares		

Reporting Owners

Reporting Owner Name / Address	Relationships
Reporting Owner Name / Address	

Director 10% Owner Officer Other

CARTER HAROLD D 18803 MEISNER DRIVE X SAN ANTONO, TX 78258

Signatures

Harold D. Carter 11/16/2009

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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