#### J2 GLOBAL COMMUNICATIONS INC

Form 4 March 15, 2007

## FORM 4

### UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

**SECURITIES** 

30(h) of the Investment Company Act of 1940

**OMB APPROVAL** OMB 3235-0287

Number:

January 31,

Expires: 2005 Estimated average

burden hours per response... 0.5

if no longer subject to Section 16. Form 4 or Form 5

obligations

may continue.

See Instruction

Check this box

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

1(b).

(Print or Type	Responses)										
1. Name and Address of Reporting Person * SCHULHOF MICHAEL			2. Issuer Name and Ticker or Trading Symbol J2 GLOBAL COMMUNICATIONS INC [JCOM]				6	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Last) (First) (Middle) 3. Date of				of Earliest Transaction Day/Year)be				_X_ Director 10% Owner Officer (give title below) Other (specify below)			
(Street) 4. If				onth/Day/Year)				6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person			
(City)	(State)	(Zip)	Tab	le I - Non-l	Derivativo	e Secu	rities Acqu	ired, Disposed of,	or Beneficial	ly Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	on Date 2A. Deemed		3. Transactio Code (Instr. 8)		sed of		5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common Stock, \$0.01 par value	03/14/2007			Code V S		(D)	Price \$ 27.2066		D		
Common Stock, \$0.01 par value	03/14/2007			S	2,000	D	\$ 27.2134	48,500 (1)	D		
	03/14/2007			S	3,500	D		45,000 (1)	D		

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Common Stock, \$0.01 par value					\$ 27.2363		
Common Stock, \$0.01 par value	03/14/2007	S	6,000	D	\$ 27.25	39,000 (1)	D
Common Stock, \$0.01 par value	03/14/2007	S	2,000	D	\$ 27.2816	37,000 (1)	D
Common Stock, \$0.01 par value	03/14/2007	S	2,000	D	\$ 27.294	35,000 (1)	D
Common Stock, \$0.01 par value	03/14/2007	S	4,153	D	\$ 27.36	30,847 (1)	D
Common Stock, \$0.01 par value	03/14/2007	S	300	D	\$ 27.37	30,547 (1)	D
Common Stock, \$0.01 par value	03/14/2007	S	100	D	\$ 27.38	30,447 (1)	D
Common Stock, \$0.01 par value	03/14/2007	S	600	D	\$ 27.39	29,847 (1)	D
Common Stock, \$0.01 par value	03/14/2007	S	4,860	D	\$ 27.4	24,987 (1)	D
Common Stock, \$0.01 par value	03/14/2007	S	400	D	\$ 27.41	24,587 (1)	D
Common Stock, \$0.01 par value	03/14/2007	S	400	D	\$ 27.42	24,187 (1)	D
	03/14/2007	S	300	D	\$ 27.43	23,887 (1)	D

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Common Stock, \$0.01 par value							
Common Stock, \$0.01 par value	03/14/2007	S	100	D	\$ 27.44	23,787 (1)	D
Common Stock, \$0.01 par value	03/14/2007	S	140	D	\$ 27.45	23,647 (1)	D
Common Stock, \$0.01 par value	03/14/2007	S	500	D	\$ 27.46	23,147 (1)	D
Common Stock, \$0.01 par value	03/14/2007	S	1,076	D	\$ 27.47	22,071 (1)	D
Common Stock, \$0.01 par value	03/14/2007	S	100	D	\$ 27.48	21,971 <u>(1)</u>	D
Common Stock, \$0.01 par value	03/14/2007	S	671	D	\$ 27.49	21,300 (1)	D
Common Stock, \$0.01 par value	03/14/2007	S	700	D	\$ 27.51	20,600 (1)	D
Common Stock, \$0.01 par value	03/14/2007	S	600	D	\$ 27.53	20,000 (1)	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

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1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5.	6. Date Exerc	cisable and	7. Title	e and	8. Price of	9. Nu
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transacti	orNumber	Expiration D	ate	Amou	nt of	Derivative	Deriv
Security	or Exercise		any	Code	of	(Month/Day/	Year)	Under	lying	Security	Secui
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Derivative	e		Securi	ties	(Instr. 5)	Bene
	Derivative				Securities			(Instr.	3 and 4)		Owne
	Security				Acquired						Follo
	·				(A) or						Repo
					Disposed						Trans
					of (D)						(Instr
					(Instr. 3,						`
					4, and 5)						
					, ,						
									Amount		
						Date	Expiration		or		
							-	Title Numbe	Number		
						Lacicisable	Date		of		
				Code V	(A) (D)				Shares		

### **Reporting Owners**

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

SCHULHOF MICHAEL C/O J2 GLOBAL COMMUNICATIONS 6922 HOLLYWOOD BLVD., 5TH FLOOR LOS ANGELES, CA 90028



# **Signatures**

/s/ Michael P. Schulhof 03/15/2007

\*\*Signature of Reporting Date

### **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- Includes 20,000 shares of restricted stock awarded on August 31, 2005 under the Issuer's Second Amended and Restated 1997 Stock

  Option Plan. The restricted shares are subject to a five-year restricted period which commences on the date of award with restrictions lapsing as to 10% of the shares on the first anniversary of the date of award, 15% of the shares on the second anniversary, 20% on the third, 25% on the fourth, and 30% on the fifth anniversary of the date of the award.
- This Form 4 is being filed to supplement the transactions disclosed on the prior Form 4 for Mr. Schulhof filed on March 15, 2007. More (2) than 30 transactions were to be reported on the first filing but due to the limits set by the SEC on the number of transaction reportable on a single Form 4 this additional Form 4 is being filed to report the additional transactions.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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