

CANARC RESOURCE CORP  
Form 6-K  
July 21, 2014

FORM 6-K

SECURITIES AND EXCHANGE COMMISSION

WASHINGTON, D.C. 20549

Report of Foreign Issuer

Pursuant to rule 13a-16 or 15d-16 of

The Securities Exchange Act of 1934

**CANARC RESOURCE CORP.**

Suite 301 - 700 West Pender Street, Vancouver, British Columbia, V6C 1G8

EXHIBIT LIST

99.1 News Release July 17, 2014

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned, thereunto duly authorized.

Canarc Resource Corp.

(Registrant)

Date: July 21, 2014

/s/ Catalin Chiloflisci \_\_\_\_\_

Catalin Chiloflisci  
Chief Executive Officer