TWIN DISC INC Form 4 August 09, 2006

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB APPROVAL

Number: 3235-0287

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if no longer subject to Section 16. Form 4 or Form 5 obligations

may continue.

See Instruction

Check this box

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1(b).

1. Name and Address of Reporting Person * SWIFT DAVID L			2. Issuer Name and Ticker or Trading Symbol TWIN DISC INC [TWIN]				0	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Last)	(First) (I	(3. Date of Earliest Transaction (Month/Day/Year) 08/07/2006				_X Director Officer (give tibelow)	10%	Owner (specify		
	(Street)		4. If Amendment, Date Original Filed(Month/Day/Year)				6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person				
(City)	(State)	(Zip)	Tabl	e I - Non-I	Derivative	Secu	rities Acqu	ired, Disposed of,	or Beneficiall	y Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemee Execution I any (Month/Day	Date, if	3. Transactio Code (Instr. 8)		sed of		5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common Stock (1)	08/07/2006	08/07/200)6	M	800	A	\$ 10.9375	2,000	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

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1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	actionof Derivative		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Options	\$ 10.9375	08/07/2006	08/07/2006	M		800	08/12/1996	08/12/2006	Common Stock	800
Stock Options	\$ 14.375						08/11/1997	08/11/2007	Common Stock	1,000
Stock Options	\$ 13						08/10/1998	08/10/2008	Common Stock	1,200
Stock Options	\$ 11.4688						10/16/1998	10/16/2008	Common Stock	2,000
Stock Options	\$ 9.9688						07/30/1999	07/30/2009	Common Stock	2,000
Stock Options	\$ 8.9063						08/04/2000	08/04/2010	Common Stock	2,000
Stock Options	\$ 7.525						08/13/2001	08/13/2011	Common Stock	2,000
Stock Options	\$ 6.505						10/18/2002	10/18/2012	Common Stock	2,000
Stock Options	\$ 12.45						10/15/2004	10/15/2014	Common Stock	600
Stock Options	\$ 20.225						10/21/2005	10/21/2015	Common Stock	600

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
SWIFT DAVID L							
	X						

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Signatures

/s/ David L. Swift 08/09/2006

**Signature of
Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Award of Restricted Stock pursuant to 2004 Stock Incentive Plan for Non-Employee Directors. Stock Grant will be vested in one-third increments annually until fully vested after three years.
- (2) Award of Restricted Stock pursuant to 2004 Stock Incentive Plan for Non-Employee Directors. Stock Grant will be vested in one-third increments annually until fully vested after three years.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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