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HEALTH & NUTRITION SYSTEMS INTERNATIONAL INC Form NT 10-Q

May 16, 2002

SECURITIES AND EXCHANGE COMMISSION WASHINGTON, DC 20549

FORM 12b-25
Commission File Number
NOTIFICATION OF LATE FILING
(Check One): [_] Form 10-K
For Period Ended: March 31, 2002
[_] Transition Report on Form 10-K
[_] Transition Report on Form 20-F
[_] Transition Report on Form 11-K
[_] Transition Report on Form 10-Q
[_] Transition Report on Form N-SAR
For the Transition Period Ended:
Read attached instruction sheet before preparing form. Please print or type.
Nothing in this form shall be construed to imply that the Commission has verified any information contained herein.
If the notification relates to a portion of the filing checked above, identify the item(s) to which the notification relates:
PART I REGISTRANT INFORMATION
Health & Nutrition Systems International, Inc.
Full name of registrant:
Former name if applicable:
3750 Investment Lane, Suite 5

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Address of principal executive office (Street and number)

West Palm Beach, Florida 33407

City, state and zip code

PART II RULE 12b-25(b) AND (c)

If the subject report could not be filed without unreasonable effort or expense and the registrant seeks relief pursuant to Rule 12b-25(b), the following should be completed. (Check box if appropriate.)

- $\begin{tabular}{llll} (a) & The reasons & described in reasonable & detail in Part III of this \\ [X] & & form & could & not be & eliminated & without & unreasonable & effort or \\ & & & expense; \\ \end{tabular}$
- (b) The subject annual report, semi-annual report, transition report
 on Form 10-K, 20-F, 11-K or Form N-SAR, or portion thereof will
 be filed on or before the 15th calendar day following the
 prescribed due date; or the subject quarterly report or
 transition report on Form 10-Q, or portion thereof will be filed
 on or before the fifth calendar day following the prescribed due
 date; and
 - (c) The accountant's statement or other exhibit required by Rule 12b-25(c) has been attached if applicable.

PART III NARRATIVE

State below in reasonable detail why the Form 10-K, 11-K, 20-F 10-Q, N-SAR or the transition report portion thereof could not be filed within the prescribed time period. (Attach extra sheets if needed.)

The Company's quarterly report on Form 10-QSB for the quarterly period ended March 31, 2002 could not be filed within the prescribed time period because of additional time required by the Registrant's management to compile certain information to be included in the Report. The report on Form 10-QSB cannot be timely filed without unreasonable effort or expense. The Registrant anticipates the filing of its Form 10-QSB by the extended due date.

PART IV OTHER INFORMATION

(1) Name and telephone number of person to contact in regard to this notification

Denise G. Reeder	561 650-7962	
(Name)	(Area Code) (Telephone Numbe	~_
(Nalle)	(Area Code) (rerephone Numbe	上)

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(2)	Have all other periodic	reports r	equired under	Section 13 or	15(d) of	the
	Securities Exchange Act	of 1934 or	Section 30 of	the Investmen	t Company	Act
	of 1940 during the preced	ding 12 mon	ths or for suc	ch shorter pe	riod that	the
	registrant was required t	to file suc	h report(s) be	een filed? If	the answer	is
	no, identify report(s).					

[X] Yes [_] No

(3) Is it anticipated that any significant change in results of operations from the corresponding period for the last fiscal year will be reflected by the earnings statements to be included in the subject report or portion thereof?

[] Yes [X] No

If so: attach an explanation of the anticipated change, both narratively and quantitatively, and, if appropriate, state the reasons why a reasonable estimate of the results cannot be made.

Health & Nutrition Systems International, Inc.

(Name of Registrant as Specified in Charter)

has caused this notification to be signed on its behalf by the undersigned thereunto duly authorized.

Date May 15, 2002

By /s/ Christopher Tisi

Christopher Tisi

President, Chief Executive Officer and Interim Chairman of the Board

ATTENTION

Intentional misstatements or omissions of fact constitute Federal Criminal Violations (see 18 U.S.C. 1001).