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Form 4 July 06, 201												
FORM	Λ4 _{UNITED}	STATES	SECU	RITIF	ES A	AND EX	СНА	NGE CO	OMMISSION	OMB AF	PROVAL	
						, D.C. 20				Number:	3235-0287	
Check t if no lor subject Section Form 4 Form 5 obligati may con <i>See</i> Inst 1(b).	F CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES Section 16(a) of the Securities Exchange Act of 1934, Public Utility Holding Company Act of 1935 or Section of the Investment Company Act of 1940							Expires: January 31 2005 Estimated average burden hours per response 0.5				
(Print or Type	Responses)											
				21 Issuer Flame und Flemer of Flaming					5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Mon				. Date of Earliest Transaction Month/Day/Year) 6/30/2011					Director 10% Owner X Officer (give title Other (specify below) below) Sr VP & General Manager			
SAN DIEC	(Street) GO, CA 92121-19	75	4. If Am Filed(Mo			Date Origina ar)	1	- -	5. Individual or Joi Applicable Line) X_ Form filed by O Form filed by Mo Person	ne Reporting Per	son	
(City)	(State)	(Zip)	Tab	ole I - N	on-	Derivative	Secu	rities Acqui	red, Disposed of,	or Beneficiall	y Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deem Execution any (Month/D	ed Date, if	3.	actic 8)		es Ac ed of (quired (A) (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common Stock	06/30/2011			M	v	20,000 (1)	A	\$ 32.74	36,960	D		
Common Stock	06/30/2011			S		20,000 (1)	D	\$ 75.3182 (2)	16,960	D		
Common Stock	07/05/2011			М		20,000 (1)	A	\$ 32.74	36,960	D		
Common Stock	07/05/2011			S		20,000 (1)	D	\$ 78	16,960	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)			6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amou Underlying Secur (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Am or Nu of S
Non-Qualified Stock Option (right to buy)	\$ 32.74	06/30/2011		М	2	20,000 (1)	03/17/2009	03/17/2018	Common Stock	20
Non-Qualified Stock Option (right to buy)	\$ 32.74	07/05/2011		М	2	20,000 (1)	03/17/2009	03/17/2018	Common Stock	20

Reporting Owners

Reporting Owner Name / Address	Relationships							
	Director	10% Owner	Officer	Other				
Heath Gregory 9885 TOWNE CENTRE DRIVE SAN DIEGO, CA 92121-1975			Sr VP & General Manager					
Signatures								

By: Scott M. Davies For: Gregory F. 07/06/2011 Heath

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The sale was made pursuant to a 10b5-1 plan.
- (2) Weighted average sale price representing 20,000 shares sold ranging from \$75.20 to \$75.50 per share. Number of shares sold at each separate price will be made available to the SEC staff, the issuer, or a security holder of the issuer upon request.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.