ALVEDNES INC

Form 4										
June 18, 2003 FORM	ГЛ) STATES					NGE C	OMMISSION	OMB AF OMB Number:	PROVAL 3235-0287
Washington, D.C. 20549Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).STATEMENT OF CHANGES IN BENEFICIAL OWNER SECURITIESFiled pursuant to Section 16(a) of the Securities Exchange A Section 17(a) of the Public Utility Holding Company Act of 19 30(h) of the Investment Company Act of 1940					e Act of 1934, 1935 or Section	Expires: Estimated a burden hou response				
(Print or Type R	Responses)									
	ddress of Reportin MICHAEL J	g Person <u>*</u>	Symbol		d Ticker or		ng	5. Relationship of Issuer		
(Last) 88 SIDNEY	(First)	(Middle)	3. Date of (Month/E 06/16/2	ay/Year)	ransaction			Director X Officer (give below)		Owner er (specify
CAMBRID	(Street) GE, MA 02139			ndment, D nth/Day/Yea	ate Origina r)	1		6. Individual or Jo Applicable Line) _X_ Form filed by 0 Form filed by M	One Reporting Pe	rson
(City)	(State)	(Zip)				~		Person		
1.Title of Security (Instr. 3)	2. Transaction Da (Month/Day/Yea	ate 2A. Deer r) Execution any	ned	3. Transacti Code (Instr. 8)	4. Securi 4. Securi (or(A) or D (Instr. 3,	ties Ad isposed 4 and (A) or	cquired d of (D) 5) Price	uired, Disposed of 5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of
Common Stock	06/16/2008			F	1,429	D	\$ 12.73	130,786	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	5. orNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		ate	Amou Under Secur	le and unt of rlying ities . 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secu Bene Owna Follo Repo Trans (Instr
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

Reporting Owners

Reporting Owner Name / Address	Relationships					
	Director	10% Owner	Officer	Other		
LANDINE MICHAEL J 88 SIDNEY STREET CAMBRIDGE, MA 02139			SVP, Corporate Development			
Signatures						
Jennifer Baptiste, Attorney-in- Landine	Fact for M	Iichael J.	06/18/2008			
<u>**</u> Signature of Reportin	ng Person		Date			
Evelopetion of De						

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number. EFF;padding:Oin Oin Oin;width:12.0%;">

53,523

Verizon Communications Inc

Common Stock, shares: 1,011

53,519

Alphabet Inc

Common Stock, shares: 50

Forest City Realty Trust Inc

Common Stock, shares: 2,000

Alexander s Inc

Common Stock, shares: 120

CenturyLink Inc

Common Stock, shares: 2,851

New Residential Investment Corp

Common Stock, shares: 2,158

52,320

48,200

47,747

47,547

5 5	
	38,587
PepsiCo Inc	
Common Stock, shares: 306	
	36,732
Intel Corp	
Common Stock, shares: 702	
Common Stock, shares. 702	
	32,412
Fannie Mae	
Common Stock, shares: 12,000	
	31,800
The Home Depot Inc	
The Home Depot me	
Common Stock, shares: 122	
	23,188

The Walt Disney Co

Common Stock, shares: 201

	21,659
DowDuPont Inc	
Common Stock, shares: 280	
	19,942
New York Community Bancorp Inc	
Common Stock, shares: 1,500	
	19,530
AG Mortgage Investment Trust I	
Common Stock, shares: 1,000	
	19,010
Liberty Global PLC Class A	
Common Stock, shares: 500	
	17,920

Barclays Bank PLC

Common Stock, shares: 2,700

Liberty Global PLC Class C

Common Stock, shares: 500

Arcam AB

Common Stock, shares: 400

Deere & Co

Common Stock, shares: 101

Union Pacific Corp

Common Stock, shares: 102

17,658

16,855

16,920

15,879

	13,623
Ellington Residential Mortgage	
Common Stock, shares: 1,000	
	12,040
iRobot Corp	
Common Stock, shares: 150	
	11,505
PennyMac Mortgage Investment	
Common Stock, shares: 700	
	11,249
Apollo Commercial Real Estate	
Common Stock, shares: 500	
	9,225

Microsoft Corp

Common Stock, shares: 102

Apache Corp

Common Stock, shares: 201

8,687

8,495

MFA FINANCIAL, INC. 401(k) SAVINGS PLAN

Schedule of Assets Held For Investment Purposes

December 31, 2017

(Unaudited)

Identity of Issue, Borrower, Lessor or Similar Party	Description of Investment Including Maturity Date, Rate of Interest, Collateral, Par or Maturity Value	Current Value
Exxon Mobil Corp	Common Stock, shares: 101	8,442
Colony NorthStar Inc	Common Stock, shares: 725	8,272
Under Armour Inc	Common Stock, shares: 500	7,215
Michael Kors Holdings Ltd	Common Stock, shares: 100	6,295
Twitter Inc	Common Stock, shares: 200	4,802
Transocean Ltd	Common Stock, shares: 392	4,187
The ExOne Co	Common Stock, shares: 400	3,360
Activision Blizzard Inc	Common Stock, shares: 50	3,166
Panasonic Corp	Common Stock, shares: 200	2,929
KKR Real Estate Finance Trust	Common Stock, shares: 110	2,201
Sirius XM Holdings Inc	Common Stock, shares: 400	2,144
Cherry Hill Mortgage Investment	Common Stock, shares: 115	2,069
Liberty Global Plc LiLAC Class A	Common Stock, shares: 87	1,753
Arlington Asset Investment Corp	Common Stock, shares: 125	1,473
MTGE Investment Corp	Common Stock, shares: 75	1,388
Chimera Investment Corp	Common Stock, shares: 75	1,386
Annaly Capital Management Inc	Common Stock, shares: 75	892
CYS Investments Inc	Common Stock, shares: 100	802
360 Blockchain Inc	Common Stock, shares: 3,100	631
New York Mortgage Trust Inc	Common Stock, shares: 100	616
Seadrill Ltd	Common Stock, shares: 1,000	230
Impac Mortgage Holdings Inc	Common Stock, shares: 10	102
Frontier Communications Corp	Common Stock, shares: 7	46
WMIH Corp	Common Stock, shares: 1	1
	Sub-Total	\$ 2,828,048
* MFA Financial, Inc.	Preferred Stock, shares: 6,757	171,966
AGNC Investment Corp	Preferred Stock, shares: 6,000	155,040
Annaly Capital Management Series E	Preferred Stock, shares: 5,895	148,849
AG Mortgage Investment Trust	Preferred Stock, shares: 5,000	126,650
CYS Investments Inc Series B	Preferred Stock, shares: 4,625	114,608
Chimera Investment Corp Series B	Preferred Stock, shares: 4,400	113,520
Invesco Mortgage Capital	Preferred Stock, shares: 4,500	112,574
PennyMac Mortgage Investment	Preferred Stock, shares: 4,000	100,920
Dynex Capital Inc	Preferred Stock, shares: 3,500	86,695
Two Harbors Investment Corp	Preferred Stock, shares: 3,000	81,780
Chimera Investment Corp Series A	Preferred Stock, shares: 1,900	49,058
CYS Investments Inc Series A	Preferred Stock, shares: 1,891	47,313
Kinder Morgan Inc	Preferred Stock, shares: 1,000	37,960
remoter more and mo	referred brook, shares. 1,000	51,500

MFA FINANCIAL, INC. 401(k) SAVINGS PLAN

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December 31, 2017

(Unaudited)

Annaly Capital Management Series CPreferred Stock, shares: 1,00025,490Annaly Capital Management Series DPreferred Stock, shares: 1,00025,360Capstead MortgagePreferred Stock, shares: 1,00025,350New York Mortgage Trust Series DPreferred Stock, shares: 1,00024,690New York Mortgage Trust Series CPreferred Stock, shares: 1,00024,497Colony Nortstar IncPreferred Stock, shares: 50020,448Apollo Commercial Real EstatePreferred Stock, shares: 50012,905Sub-Total\$ 1,505,673* Fidelity Freedom 2030 FundMutual funds417,997* Fidelity Freedom 2045 FundMutual funds293,987* Fidelity Blue Chip Growth FundMutual funds293,987
Capstead MortgagePreferred Stock, shares: 1,00025,350New York Mortgage Trust Series DPreferred Stock, shares: 1,00024,690New York Mortgage Trust Series CPreferred Stock, shares: 1,00024,497Colony Nortstar IncPreferred Stock, shares: 1,00020,448Apollo Commercial Real EstatePreferred Stock, shares: 50012,905Sub-Total\$ 1,505,673* Fidelity Freedom 2030 FundMutual funds417,997* Fidelity Freedom 2045 FundMutual funds311,565* Fidelity Freedom 2040 FundMutual funds293,987
New York Mortgage Trust Series DPreferred Stock, shares: 1,00024,690New York Mortgage Trust Series CPreferred Stock, shares: 1,00024,497Colony Nortstar IncPreferred Stock, shares: 80020,448Apollo Commercial Real EstatePreferred Stock, shares: 50012,905Sub-Total\$ 1,505,673* Fidelity Freedom 2030 FundMutual funds417,997* Fidelity Freedom 2045 FundMutual funds311,565* Fidelity Freedom 2040 FundMutual funds293,987
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Apollo Commercial Real EstatePreferred Stock, shares: 50012,905Sub-Total\$1,505,673* Fidelity Freedom 2030 FundMutual funds417,997* Fidelity Freedom 2045 FundMutual funds311,565* Fidelity Freedom 2040 FundMutual funds293,987
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* Fidelity Freedom 2045 FundMutual funds311,565* Fidelity Freedom 2040 FundMutual funds293,987
* Fidelity Freedom 2040 Fund Mutual funds 293,987
* Fidelity Blue Chip Growth Fund
Fluency blue cinp or win Fund Windia funds 221,392
* Fidelity Freedom 2050 Fund Mutual funds 207,632
American - The Growth Fund of America Class FMutual funds207,403
American Funds EuroPacific Growth Class FMutual funds206,552
American New Perspective Fund Class FMutual funds203,190
* Fidelity Government Money Market Fund Mutual funds 180,721
* Fidelity 500 Index Fund Mutual funds 175,380
* Fidelity Contrafund Mutual funds 143,289
* Fidelity Freedom 2020 Fund Mutual funds 126,420
* Fidelity Freedom 2055 Fund Mutual funds 90,801
* Fidelity Freedom 2035 Fund Mutual funds 70,089
* Fidelity Emerging Markets Fund Mutual funds 57,727
* Fidelity Total Bond Fund Mutual funds 46,619
* Fidelity OTC Portfolio Mutual funds 43,370
* Fidelity Large Cap Growth Enhanced Index Mutual funds 40,262
* Fidelity Freedom 2025 Fund Mutual funds 40,125
Invesco Equally-Weighted S&P 500 Mutual funds 36,501
* Fidelity Small Cap Growth Fund Mutual funds 35,847
* Fidelity Growth Discovery Fund Mutual funds 34,222
* Fidelity US Bond Index Mutual funds 27,290
* Fidelity Total Market Index Fund Mutual funds 26,710
* Janus Henderson Enterprise Fund Mutual funds 25,384
* Fidelity Freedom 2060 Fund Mutual funds 25,223
PIMCO Income Fund Mutual funds 21,149
American - The Growth Fund of America Class AMutual funds17,140
American New Perspective Fund Class AMutual funds15,710
American Funds EuroPacific Growth Class AMutual funds14,007

MFA FINANCIAL, INC. 401(k) SAVINGS PLAN

Schedule of Assets Held For Investment Purposes

December 31, 2017

(Unaudited)

Identity of Issue, Borrower, Lessor or Similar Party	Description of Investment Including Maturity Date, Rate of Interest, Collateral, Par or Maturity Value	Current Value
Eventide Gilead Fund	Mutual funds	13,946
Hodges Fund - Professionally Managed Portfolio	Mutual funds	13,212
Champlain Mid Cap Fund	Mutual funds	12,955
Pin Oak Equity Fund	Mutual funds	12,621
* Fidelity Mid Cap Value Fund	Mutual funds	11,203
* Fidelity Puritan Fund	Mutual funds	10,652
* Fidelity Japan Fund	Mutual funds	9,932
* Fidelity China Region Fund	Mutual funds	9,906
* Fidelity Freedom 2015 Fund	Mutual funds	8,496
* Fidelity Global ex US Index Fund	Mutual funds	7,409
JPMorgan Income Builder Fund	Mutual funds	6,968
* Fidelity Overseas Fund	Mutual funds	6,831
AIG Focused Dividend Strategy	Mutual funds	6,664
* Wells Fargo Special Small Cap	Mutual funds	6,218
* Fidelity Extended Market Index	Mutual funds	5,788
* Fidelity Freedom Income Fund	Mutual funds	3,330
* Invesco Diversified Dividend F	Mutual funds	3,157
* MassMutual Premier Small/Mid	Mutual funds	2,996
* Fidelity Value Fund	Mutual funds	2,482
	Sub-Total	\$ 3,518,670
SPDR Portfolio Total Stock Market	Other investments	114,775
SPDR S&P 500 ETF Trust	Other investments	98,738
WisdomTree India Earnings Fund	Other investments	64,032
iShares Russell 1000 ETF	Other investments	52,014
Vanguard Extended Market ETF	Other investments	50,279
Vanguard S&P 500 ETF	Other investments	49,058
SPDR Dow Jones Industrial Average ETF	Other investments	37,107
iShares Core S&P 500 ETF	Other investments	33,419
Financial Select Sector SPDR Fund	Other investments	22,607
Energy Select Sector SPDR Fund	Other investments	22,254
iShares MSCI India ETF	Other investments	18,241
iShares MSCI Japan ETF	Other investments	12,144
iShares MSCI Mexico ETF	Other investments	10,069
Vanguard Energy ETF	Other investments	9,895
	Sub-Total	\$ 594,632
		(07.000
* Fidelity Cash Reserves	Cash	697,832
* Fidelity Non-interest Bearing Cash	Non-interest bearing cash	2,184

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MFA FINANCIAL, INC. 401(k) SAVINGS PLAN

Schedule of Assets Held For Investment Purposes

December 31, 2017

(Unaudited)

Identity of Issue, Borrower, Lessor or Similar Party	Description of Investment Including Maturity Date, Rate of Interest, Collateral, Par or Maturity Value	Current Value
	Sub-Total	\$ 700,016
* Participant Loans	Interest Rate 4.25% - 5.25% Maturity Dates through November, 2022	\$ 73,690
	Grand Total	\$ 9,220,729

* Indicates party-in-interest to the Plan.

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SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the trustees (or other persons who administer the MFA Financial, Inc. 401(k) Savings Plan) have duly caused this annual report to be signed on its behalf by the undersigned, hereunto duly authorized.

Date: June 20, 2018

MFA FINANCIAL, INC. 401(k) SAVINGS PLAN

By:

/s/ Stephen D. Yarad Stephen D. Yarad Member MFA Financial, Inc. 401(k) Plan Administration Committee