Guzzi Antho Form 4 March 06, 2 FORM Check th if no lon subject t Section Form 4 Form 5 obligatio may con <i>See</i> Instr 1(b).	008 A 4 UNITED S ⁷ his box ger o 16. or Filed pursu Section 17(a)	TATES SECUI Wa ENT OF CHAN Lant to Section 1) of the Public U 30(h) of the In	shington NGES IN SECUF (6(a) of th (tility Hol	, D.C. 20 BENEFI RITIES ne Securit ding Com	549 ICIA ies E	L OWN xchange 7 Act of	ERSHIP OF Act of 1934, 1935 or Section	OMB Number: Expires: Estimated a burden hour response	•
(Print or Type	-								
1. Name and A Guzzi Anth	Symbol	2. Issuer Name and Ticker or Trading Symbol EMCOR GROUP INC [EME]				5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Last)	(First) (Mi	ddle) 3. Date o	f Earliest T	ransaction			(Checi	k all applicable)
301 MERR		(Month/Day/Year) 03/05/2008				Director 10% Owner X Officer (give title Other (specify below) President and COO			
			ff Amendment, Date Original ed(Month/Day/Year)				6. Individual or Joint/Group Filing(CheckApplicable Line)_X_ Form filed by One Reporting Person		
NORWAL	K, CT 06851						Form filed by M Person	lore than One Rep	porting
(City)	(State) (Z	Zip) Tab	le I - Non-I	Derivative	Securi	ities Acqu	uired, Disposed of	, or Beneficiall	y Owned
1.Title of Security (Instr. 3)		2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transactio Code (Instr. 8)	4. Securit or(A) or Dis (Instr. 3, 4	sposed	l of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
G			Code V	Amount	(D)	Price	(Instr. 3 and 4)		
Common Stock	03/05/2008		М	12,166	А	\$0	158,919	D	
Common Stock	03/05/2008		D	12,166	D	\$ 23.68	146,753	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. Number orDerivative Securities (A) or Dis (D) (Instr. 3, 4	Acquired sposed of	6. Date Exercisab Expiration Date (Month/Day/Year		7. Title and A Underlying S (Instr. 3 and	Seci
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	A or N of
Phantom Stock	<u>(1)</u>	03/05/2008		М		12,166	03/05/2008(2)	03/05/2008	Common Stock	1
Phantom Stock	<u>(1)</u>	03/05/2008		А	13,091		03/05/2010(2)	03/05/2010	Common Stock	1

Reporting Owners

Reporting Owner Name / Address	Relationships					
	Director	10% Owner	Officer	Other		
Guzzi Anthony 301 MERRITT SEVEN NORWALK, CT 06851			President and COO			
Signatures						

Anthony Guzzi	03/06/2008		
<u>**</u> Signature of Reporting Person	Date		

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) One-for-one.
- (2) Earlier if employment is terminated or if there is a change of control.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.