TELEPHONE & DATA SYSTEMS INC /DE/ Form 8-K

September 30, 2010

FORM 8-K

SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

CURRENT REPORT

Pursuant to Section 13 or 15(d) of

The Securities Exchange Act of 1934

Date of Report (Date of earliest event reported): September 30, 2010

TELEPHONE AND DATA SYSTEMS, INC.

(Exact name of registrant as specified in their charter)

Delaware 001-14157 36-2669023

(State or other jurisdiction (Commission File Number) (I.R.S. Employer Identification No.)

of incorporation)

30 North LaSalle Street, Suite 4000, Chicago, Illinois 60602

(Address of principal executive offices) (Zip Code)

Registrant s telephone number, including area code: (312) 630-1900

Not Applicable

(Former name or former address, if changed since last report)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions (see General Instruction A.2. below):

- " Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
- Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
- " Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
- " Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

Item 7.01. Regulation FD Disclosure.

On September 30, 2010, U.S. Cellular, a subsidiary of Telephone and Data Systems, Inc., issued a news release announcing The Belief ProjectSM. A copy of the news release is included herein as Exhibit 99.1 and is incorporated by reference herein.

The information in this Item 7.01 of Form 8-K is being furnished and shall not be deemed filed for the purposes of Section 18 of the Securities Exchange Act of 1934, as amended, or otherwise subject to the liabilities of that Section.

Item 9.01. Financial Statements and Exhibits

(d) Exhibits:

In accordance with the provisions of Item 601 of Regulation S-K, any Exhibits filed or furnished herewith are set forth on the Exhibit Index attached hereto.

Attached as Exhibit 99.2 is a safe harbor cautionary statement under the Private Securities Litigation Reform Act of 1995.

SIGNATURES

Pursuant to the requirements of the signed on their behalf by the unders	Securities Exchange Act of 1934, the registrant has duly caused this report to gned, thereto duly authorized.	o be
Telephone and Data Systems, Inc. (Registrant)		
Date:	September 30, 2010	
Ву:	/s/ Douglas D. Shuma Douglas D. Shuma	

Senior Vice President and Corporate Controller

EXHIBIT INDEX

The following exhibits are filed or furnished herewith as noted below.

Exhibit

No. 99.1	Description U.S. Cellular News Release dated September 30, 2010, is hereby incorporated by reference from Exhibit 99.1 to U.S. Cellular s Current Report on Form 8-K dated September 30, 2010
99.2	Private Securities Litigation Reform Act of 1995 Safe Harbor Cautionary Statement