AVISTA CORP Form 4 February 19, 2008

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL

OMB 3235-0287 Number:

January 31, Expires: 2005

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5. Relationship of Reporting Person(s) to

Check this box if no longer subject to Section 16. Form 4 or Form 5

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

2. Issuer Name and Ticker or Trading

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, obligations Section 17(a) of the Public Utility Holding Company Act of 1935 or Section may continue. 30(h) of the Investment Company Act of 1940 See Instruction

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person *

WOODWORTH ROGER D (Last) (First) (Middle) 1411 E MISSION AVE			Symbol	Symbol AVISTA CORP [AVA] 3. Date of Earliest Transaction (Month/Day/Year) 02/15/2008				Issuer (Check all applicable) Director 10% OwnerX_ Officer (give title Other (specify below) Vice President			
			3. Date of Ea (Month/Day/								
SPOKANE, W		4. If Amendment, Date Original Filed(Month/Day/Year)				6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City)	(City) (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned										
1.Title of Security (Instr. 3)	2. Transactic (Month/Day.	/Year) E	A. Deemed execution Date, if ny Month/Day/Year)	Code (Instr. 8)	4. SecurionAcquired Disposed (Instr. 3,	l (A) o l of (D))	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common Stock - Restricted Shares	02/15/200	8		A	1,300	A	(1)	11,880	D		
Common Stock held in 401(k) Investment Plan								17,565	I	by Trustee	
Common Stock held in Executive								4,804	I	by Trustee	

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Deferral Plan			
Common Stock held in IRA	400	I	by Trustee
Common Stock held by Spouse in IRA	1,000	I	by Trustee
Common Stock held by Child Partick Woodworth	112	I	by Child
Common Stock held by Child Bryce Woodworth	148	I	by Child
Common Stock held by Child Brianna Woodworth	109	I	by Child

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of 2. Derivative Conversion Security or Exercise (Instr. 3) Price of Derivative Security		3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		8 S (1
				Code V	(Instr. 3, 4, and 5) (A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Performance Shares	(2)	02/15/2008		A	5,100	(3)	(3)	Common Stock	5,100	

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Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

WOODWORTH ROGER D 1411 E MISSION AVE SPOKANE, WA 99202

Vice President

Signatures

/s/ Roger D. 02/19/2008 Woodworth

**Signature of Reporting Date
Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Restricted shares vest one-third each year over a three-year period and are payable in Avista Corp. Common stock at the end of each year in the three-year period.
- (2) No conversion price. Shares awarded if performance measure is met.
- (3) Each performance cycle is three years in length. Shares will be issued at the end of each three-year cycle if performance measure is met.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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