AVISTA CORP Form 4 January 09, 2008

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to Section 16. Form 4 or

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

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OMB APPROVAL

3235-0287

January 31,

OMB

5. Relationship of Reporting Person(s) to

Issuer

Number:

Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

2. Issuer Name and Ticker or Trading

Symbol

(Print or Type Responses)

MALQUIST MALYN K

1. Name and Address of Reporting Person *

		AVISTA	AVISTA CORP [AVA]					(Check all applicable)			
(Last) 1411 E MISS	(First) (Mic	(Month/Day	3. Date of Earliest Transaction (Month/Day/Year) 01/07/2008				Director 10% Owner X Officer (give title Other (specify below) Executive VP & CFO				
SPOKANE, V	(Street)		4. If Amendment, Date Original Filed(Month/Day/Year)			Ap	6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting				
SPORANE, V	VA 99202					Pe	rson				
(City)	(State) (Z	Table 1	I - Non-Dei	rivative Se	curitie	s Acquir	ed, Disposed of,	or Beneficiall	y Owned		
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)		3. Transactic Code (Instr. 8)	4. Securit on(A) or Di (Instr. 3,	sposed	of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
Common Stock - Performance Shares	01/07/2008		M	10,075	, ,	(1)	38,330	D			
Common Stock - Performance Shares	01/07/2008		F	2,362 (2)	D	\$ 20.75	35,968	D			
Common Stock - Restricted Share Award	01/07/2008		F	265 (3)	D	\$ 20.75	35,703	D			

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Common Stock held in Executive Deferral Plan	9,711	I	by Trustee
Common Stock held in 401(k) Investment Plan	2,771	I	by Trustee
Common Stock held in Family Trust (4)	9,500	I	by Family Trust

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	Expiration Date (Month/Day/Year) (A) ed of		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Conversion of 2005 Performance Shares	(1)	01/07/2008		M	15,500	<u>(1)</u>	<u>(1)</u>	Common Stock	15,500

Reporting Owners

Reporting Owner Name / Address	Relationships						
FB	Director	10% Owner	Officer	Other			
MALQUIST MALYN K							
1411 E MISSION AVENUE			Executive VP & CFO				
SPOKANE, WA 99202							

Reporting Owners 2 Edgar Filing: AVISTA CORP - Form 4

Signatures

/s/ Malyn K. 01/09/2008 Malquist

**Signature of Date
Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Each performance share represented a contingent right to receive a share of Avista Common Stock upon Avista achieving a specified performance measure.
- (2) Shares sold to pay income tax on Performance Shares acquired on 1/7/2008.
- (3) Shares sold to pay income tax on restricted shares that vested on 1/7/2008.
- (4) Stock held in The Malquist Family Trust, dated February 5, 1999, with Malyn K. Malquist and Georgia G. Malquist, Trustees.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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