AVISTA CORP Form 4 January 09, 2008

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB

Check this box STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

3235-0287 Number: January 31, Expires: 2005

0.5

OMB APPROVAL

if no longer subject to Section 16. Form 4 or Form 5 obligations

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section See Instruction

30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

Restricted Share Award

1. Name and Address of Reporting Person * Kopczynski Don F				2. Issuer Name and Ticker or Trading Symbol AVISTA CORP [AVA]						5. Relationship of Reporting Person(s) to Issuer			
(Last) (First) (Middle) 1411 E. MISSION AVENUE (MSC-10)			3. Date of Earliest Transaction (Month/Day/Year) 01/07/2008						(Check all applicable) Director 10% Owner X_ Officer (give title Other (specify below) Vice President				
(Street) SPOKANE, WA 99202				4. If Amendment, Date Original Filed(Month/Day/Year)				A 	6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person				
(City) (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Own										lly Owned			
	1.Title of Security (Instr. 3)	eurity (Month/Day/Year) Exec str. 3) any		eemed ation Date, if ath/Day/Year)	Code (Instr. 8	8)	4. Securion(A) or Di (Instr. 3,	ispose	d of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	Ownership Indire Form: Benef Direct (D) Owne	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
	Common Stock - Performance Shares	01/07/2008			M		3,445	A	(1)	11,630	D		
	Common Stock - Performance Shares	01/07/2008			F		952 (2)	D	\$ 20.75	10,678	D		
	Common Stock -	01/07/2008			F		91 (3)	D	\$ 20.75	10,587	D		

20.75

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Shares held in 401(k) Investment Plan	5,131	I	by Trustee
Shares held in Executive Deferral Plan	384	I	by Trustee
Shares held as Custodian for Child	16	I	held as Custodian for Child

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	5. Number on Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Conversion of 2005 Performance Shares	(1)	01/07/2008		M	5,300	<u>(1)</u>	<u>(1)</u>	Common Stock	5,300

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
Kopczynski Don F 1411 E. MISSION AVENUE (MSC-10) SPOKANE, WA 99202			Vice President				

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Signatures

/s/ Don F.

Kopczynski 01/09/2008

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Each performance share represented a contingent right to receive a share of Avista Common Stock upon Avista achieving a specified performance measure.
- (2) Shares sold to pay income tax on Performance Shares acquired on 1/7/2008.
- (3) Shares sold to pay income tax on restricted shares that vested on 1/7/2008.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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