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LAROCHE RICHARD F JR

Form 5

January 10, 2013

OMB APPROVAL FORM 5 **OMB** UNITED STATES SECURITIES AND EXCHANGE COMMISSION 3235-0362 Number: Washington, D.C. 20549 Check this box if January 31, Expires: no longer subject 2005 to Section 16. Estimated average ANNUAL STATEMENT OF CHANGES IN BENEFICIAL Form 4 or Form burden hours per 5 obligations OWNERSHIP OF SECURITIES response... 1.0 may continue. See Instruction Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, 1(b). Form 3 Holdings Section 17(a) of the Public Utility Holding Company Act of 1935 or Section Reported 30(h) of the Investment Company Act of 1940 Form 4 Transactions Reported 1. Name and Address of Reporting Person * 2. Issuer Name and Ticker or Trading 5. Relationship of Reporting Person(s) to Issuer LAROCHE RICHARD F JR Symbol NATIONAL HEALTHCARE CORP (Check all applicable) [NHC] (Middle) 3. Statement for Issuer's Fiscal Year Ended (Last) (First) _X_ Director 10% Owner Officer (give title Other (specify (Month/Day/Year) below) below) 12/31/2012 2103 SHANNON DRIVE (Street) 4. If Amendment, Date Original 6. Individual or Joint/Group Reporting Filed(Month/Day/Year) (check applicable line) MURFREESBORO, TNÂ 37129 _X_ Form Filed by One Reporting Person Form Filed by More than One Reporting (City) (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned 1. Title of Security 2. Transaction Date 2A. Deemed 3. 4. Securities 5. Amount of 6. 7. Nature of Execution Date, if Transaction Indirect (Instr. 3) (Month/Day/Year) Acquired (A) or Securities Ownership Code Disposed of (D) Beneficially Form: Beneficial (Month/Day/Year) (Instr. 8) (Instr. 3, 4 and 5) Owned at end Direct (D) Ownership of Issuer's or Indirect (Instr. 4) Fiscal Year (I) (A) (Instr. 3 and (Instr. 4) or (D) Price Amount Common General Â Â Â Â Â Â 29,523 Stock, Family I Partner LP (BFLP) Common Stock - Fam. Â Â Â Â Â Â D 31.698 Partnership (LR Ent.)

Â

G

1,669

D

\$0

 $0^{(1)}$

I

06/12/2012

Common

Stock - Fam.

General

Partner

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securities beneficially owned directly or indirectly. contained in this						respond to the collection of information his form are not required to respond unless					
	Shares of Series A Conv. Preferred Stock-Family Foundation	Â	Â	Â	Â	Â	Â	8,500	I	Trustee	
	Shares of Series A Conv. Preferred Stock - (LFLP)	Â	Â	Â	Â	Â	Â	425	I	Gen. Partner	
	Shares of Series A Conv. Preferred Stock - (LR Ent.)	Â	Â	Â	Â	Â	Â	375,602	D	Â	
	Shares of Series A Conv. Preferred Stock (BFLP)	Â	Â	Â	Â	Â	Â	96,534	I	Gen. Partner	
	Common Stock - Held in my name or my wife's name	06/12/2012	Â	G	4,473	D	\$0	164,220	D	Â	
	Partnership (LFLP) Common Stock - Fam. Partnership (LFLP)	10/10/2012	Â	G	2,331	D	\$ 0	96,000	I	General Partners	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

								ı
1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5.	6. Date Exercisable and	7. Title and Amount of	8
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transaction	Number	Expiration Date	Underlying Securities	ı
Security	or Exercise		any	Code	of	(Month/Day/Year)	(Instr. 3 and 4)	2
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Derivative			(
	Derivative				Securities			
	Security				Acquired			ĺ

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(A) or

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					Disp of (I (Inst 4, an	r. 3,				
					(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Option to Purchase Common Stock	\$ 51.5	Â	Â	Â	Â	Â	05/01/2008	05/01/2013	Common Stock	15,000
Option to Purchase Common Stock	\$ 37.7	Â	Â	Â	Â	Â	05/05/2009	05/04/2014	Common Stock	8,000
Option to Purchase Common Stock	\$ 45.8	Â	Â	Â	Â	Â	05/09/2011	05/08/2016	Common Stock	7,500
Option to Purchase Common Stock	\$ 44.8	Â	Â	Â	Â	Â	05/03/2012	05/02/2017	Common Stock	7,500

Reporting Owners

Reporting Owner Name / Address	Relationships							
	Director	10% Owner	Officer	Other				
LAROCHE RICHARD F JR 2103 SHANNON DRIVE MURFREESBORO, TN 37129	ÂX	Â	Â	Â				

Signatures

Richard F.
LaRoche, Jr.

**Signature of Reporting Person

O1/10/2013

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Transactions totaled on the line below.

Note: File three copies of this Form, one of which must be manually signed. If space provided is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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