Edgar Filing: Ussery Robert Michael - Form 4

Ussery Robert I Form 4	Michael						
March 02, 2011	1						
FORM	Δ				OMB AF	PPROVAL	
	UNITED ST		FIES AND EXCHANGE C ington, D.C. 20549	COMMISSION	OMB Number:	3235-0287	
Check this b if no longer subject to Section 16. Form 4 or	STATEME	STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES					
Form 5 obligations may continu <i>See</i> Instructi 1(b).	e. Section 17(a) of the section	of the Public Utili	a) of the Securities Exchang ty Holding Company Act of stment Company Act of 194	f 1935 or Section	1		
(Print or Type Res	ponses)						
1. Name and Add Ussery Robert	ress of Reporting Pers Michael	Symbol	ame and Ticker or Trading	5. Relationship of Reporting Person(s) to Issuer			
		NATION [NHC]	AL HEALTHCARE CORP	(Check all applicable)			
(Last) 2508 BELFAS	(First) (Mide		3. Date of Earliest Transaction (Month/Day/Year)		Director 10% Owner X Officer (give title Other (specify below) below)		
2500 DELI AG					perating Offic		
MURFREESB	(Street) 30RO, TN 37129	4. If Amend Filed(Month/	ment, Date Original Day/Year)	6. Individual or Joi Applicable Line) _X_ Form filed by O Form filed by M	ne Reporting Pe	rson	
(City)	(State) (Zip	⁾⁾ Table I	- Non-Derivative Securities Acq	Person uired, Disposed of	or Beneficial	ly Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)		3.4. SecuritiesTransactionAcquired (A) orCodeDisposed of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect	
Shares of Common Stock owned by myself & spouse			Code V Amount (D) Price	(Instr. 3 and 4) 84,453	D		
Shares of Common Stock in name of child				35	D		
Shares of Series A Convertible				37,257	D		

Preferred Stock

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	TransactiorDerivative Expiration Dat Code Securities (Month/Day/Y		e	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Option to purchase Common Stock	\$ 46.69	03/01/2011		А	60,000 (1)	01/31/2016	02/29/2016	Common Stock	60,000

Reporting Owners

Reporting Owner Name / Address	Relationships					
i o	Director	10% Owner	Officer	Other		
Ussery Robert Michael 2508 BELFAST COURT MURFREESBORO, TN 37129			Chief Operating Officer			
Signatures						

R. Michael Ussery 03/02/2011

**Signature of Reporting Person Date

Explanation of Responses:

- If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- These stock options were granted pursuant to the Company's 2010 Omnibus Equity Incentive Plan on March 1, 2011. The grant and (1) exercise of these stock options are exempt from Section 16(b) pursuant to Rule 16b-3(d).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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