COGGIN D GERALD

Form 4

January 03, 2005

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB Number:

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January 31, Expires:

OMB APPROVAL

2005

response...

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if no longer subject to Section 16. Form 4 or Form 5

Check this box

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, obligations Section 17(a) of the Public Utility Holding Company Act of 1935 or Section may continue. 30(h) of the Investment Company Act of 1940

See Instruction

1(b).

Stock

(Print or Type Responses)

1. Name and Address of Reporting Person * COGGIN D GERALD				2. Issue Symbol	r Name and	l Ticker or Trading	5. Relationship of Reporting Person(s) to Issuer			
			NATIO [NHC]	NAL HE	ALTHCARE CORP	(Check all applicable)				
(Last) (First) (Middle)			3. Date of	f Earliest T	ransaction	Director		0% Owner		
1942 DILTON-MANKIN ROAD			(Month/D	Day/Year)		_X_ Officer (give title Other (specification) below)				
			12/29/2	004		Sr. V.P., Corp Relations				
							, ,			
(Street)				4. If Ame	endment, Da	ate Original	6. Individual or Joint/Group Filing(Check			
				Filed(Mon	nth/Day/Year	r)	Applicable Line)			
							X Form filed by One Reporting Person			
	MURFREES	SBORO, TN 3712	27				Form filed by More than One Reporting Person			
	(City)	(State)	(Zip)	Tabl	le I - Non-I	Derivative Securities Acq	quired, Disposed	of, or Benefic	ially Owned	
	1.Title of	2. Transaction Date	2A. Deen	ned	3.	4. Securities Acquired	5. Amount of	6.	7. Nature of	
	Security	(Month/Day/Year)	Execution	n Date, if	Transactio	-	Securities	Ownership	Indirect	
	(Instr. 3)		any		Code	(D)	Beneficially	Form: Direct	Beneficial	
			(Month/Γ)av/Vear)	(Instr 8)	(Instr. 3. 4 and 5)	Owned	(D) or	Ownership	

	•						Person		
(City)	(State)	(Zip) Tabl	e I - Non-D	erivative S	Securi	ties Ac	quired, Disposed	of, or Benefici	ally Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transactio Code (Instr. 8)	4. Securiti r(A) or Dis (D) (Instr. 3, 4	posed	of	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Shares of Common Stock in my name and my spouse's name	12/29/2004		M	24,000	A	\$ 3	322,263	D	
Shares of Common							7,136	I	Family Partnership

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Partnership

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. 5. Number of TransactionDerivative Code Securities (Instr. 8) Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amou Underlying Secur (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Am or Nur of S
Employee Stock Option-"Right to Buy"	\$ 3	12/29/2004		M	24,000	12/29/2004	10/25/2006	Common Stock	24
Employee Stock Option - "Right to Buy"	\$ 20.9					02/22/2010	03/23/2010	Common Stock	50

Reporting Owners

Reporting Owner Name / Address	Relationships							
	Director	10% Owner	Officer	Other				
COGGIN D GERALD			Sr. V.P.,					
1942 DILTON-MANKIN ROAD			Corp					
MURFREESBORO, TN 37127			Relations					

Signatures

D. Gerald
Coggin

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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